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Close Quarter Combat

September/October 2000

MAGAZINE

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Fighting**

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SEPTEMBER / OCTOBER 2000

FEATURES

- The True Four Horsemen**4
By Publisher W. Hock Hochheim
- Dispatches**5
- ACCESS!**6
By Sharon Adams
- Ground Zero!**9
By W. Hock Hochheim
- Pistol Strikes**15
By Steve Krystek
- Cane Power**19
By Stephen Barker
- Hypoglycemia and Criminal Behavior**20
By Jane Eden

THE SQUAD ROOM

- Police Blotter**21
By Police Chief Mike Gillette
- Edged Weapon**23
By Mike Gillette
- True Cop Stories**25

MILITARY BRIEFING

- Battlefield Diary**27
- Scuttlebutt**29
- Buffalo Nickels**30
- World Watch**31

THE ARENA

- BackCut**32
By Dwight McLemore
- Easy as Riding a Bike**33
By Ron Goin
- Street Fighter's Training Notebook**34
By Major Leland Belding
- The VanCook View**36
By Jerry VanCook
- The Bouncer**38
By Joe Reyes

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The True Four Horsemen

By Publisher W. Hock Hochheim

Four evils, much like the biblical legend of the Four Horsemen of the Apocalypse, are the true causes of violence and war.

- Horseman 1: *Xenophobia*
- Horseman 2: *Ethnocentricity*
- Horseman 3: *Theory of Territorial Imperativity*
- Horseman 4: *Geo-Catastrophe*

XENOPHOBIA is the irrational persistent fear, dread and hatred of strangers or foreigners or of what is strange. How many wars have been fought over race or religion?

ETHNOCENTRICITY is characterized by or based on the attitude that one's own group is superior. In Mark Crocker's book, *Rivers of Blood, Rivers of Gold*, he researches for us the Mexican demise by the Spanish, the Indian demise by Americans, the Aboriginal and Zulu demise by the English, and more, with many honorable mentions of historical genocides much under the umbrella of soul-saving, do-gooder ethnocentricity. And this is not always a race-only issue. Africa for example, is afire with black-on-black conflicts. Crocker diagrams the tribal elite's justification that it is easier to kill, torture, enslave, abuse and prostitute creatures considered of "lesser value." Hitler rules as the poster boy of ethnocentricity at its worst.

Fear of foreign religion, and the idea that one's own worship system is superior to another's, often beats at the heart of both xenophobia and ethnocentricity. Religion is largely a geographic phenomena – that is to say – your religion is most likely that of the region's you grew up in. It is largely a birthright crapshoot. Certainly apocalyptic religions have been at the root cause of many a bloodbath. Need I list them here? The Pope recently apologized for just a few.

TERRITORY. Decades ago Sir Robert Ardrey put forth *The Theory of Territorial Imperativity* with as much care and research as Charles Darwin and his Theory of Evolution. In hundreds of pages from thousands of hours of study, Ardrey endeavors to state the simple fact that "everybody needs space." Lack thereof, causes psychological disorders and violence. His study provides a small-scale connection, explaining the drives of individual man and beast and their pecking orders. The mere possession of base, personal territory whether for mating, residing, or raising food and resources has been a primary cause for violence. But, what of group territory, say, that of nations and countries?

GEO-CATASTROPHE! My fourth chosen horseman? Sure, territorial imperativity may share the guilt in big wars, but in the year 2000, archaeologist David Keys stepped into the debate with an eloquent argument that there was another primary source for war – geographic catastrophe. Science tells us there was a "nuclear winter-like phenomena that generated darkness in the years 535-536 AD, generated from an asteroid impact, a comet impact or a significant volcanic eruption. Crops failed in Asia and the Middle East. As weather patterns drastically changed, animals migrated and the Bubonic Plague exploded

out of Africa, wiping out entire populations. Tribes, clans and armies invaded for resources, and in the matter of a century, new religions were invented, and the old-world order died. A new world emerged. Keyes explains that international things may at times, indeed...settle down...then some nasty volcano disrupts the world order, and war is a result, not the root cause.

What are we to learn from these gruesome riders? By dissecting the horsemen, we see there must be just cause for any violence. How should we, for example, handle the possible geographic catastrophes that learned scientists report could change the structure of our current world? For example, brooding an estimated six miles beneath the scenic wonderland of America's Yellowstone Park is a vast time bomb of molten rock and ultra-hot magma the size of Lake Michigan that will certainly at some point burst forth. It appears to erupt roughly once every 600,000 to 700,000 years, and the last eruption was...some 630,000 years ago. Under the suburbs of Naples, Italy there is a similar lake. Geologists warn there are more such time bombs, all ticking on their own schedules.

We can't do much to prevent natural disasters. However, we can prepare for the human consequences that inevitably follow. Before we raise a gun barrel, pick up a knife or clinch a fist, we must decide, is this enemy a real threat beyond the façades of these Four Horsemen?

How do we find peace? We predict, we educate, we prepare and we stock up. Educate, educate, educate...a clean and clear education for all about the causes of violence, and I do not mean an education based upon group propaganda of nations and religions. The real misguiding enemies are these four blind riders. And we must kill off these bloody bastards, one by one. ☛



Dispatches

Land-mail Message:

I found your recent editorial about the inevitability of war to be nothing but ignorant, manipulative rhetoric designed to incite fear and violence. Your words about future generations having to, "kill a commie on the steps of the courthouse" are a cheap, outdated scare tactic. The Cold War is over!" – DA-Texas

Reply:

The Cold War with the Soviets you mention may or may not have anything to do with the world's remaining communists. You are right that the genocidal lunatic called Stalin and his immediate disciples are dead. However many dictators like Saddam Hussein, to name only one, still worship his name and totalitarian methods. But on the subject of Communism, can anyone say "China"? You know that quaint little place that killed 35 million of its own people over the last few decades; the country that still suppresses religion and free speech with violence and murder, kills baby girls for population control, yet backslapped Clinton and Gore with enough money to acquire a few "technological advances" along the way to dominating all of its hemisphere. I speak of the country that when Tibet folded under threat, Chinese soldiers made Tibetan children hold guns on their parents and pull the triggers. Yes, those guys!

Land-mail Message:

Will CQCMag appear on newsstands?
– William R.

Reply:

It will probably not appear on all newsstands because of the subject matter. For example it may not appear in some supermarkets. We are currently negotiating for AFEEES distribution (military stores all over the world) and some bookstores that carry similar titles. Some bookstores and distributors from California to Australia purchase the magazines direct for resale, however the cost is higher to the consumer than subscription. For now, subscription remains the primary and least expensive way to purchase the magazine. We current-

ly have subscribers in 19 countries. At some point, we hope to have a version of the magazine available for purchase and download via the Internet. But, it's still in the development stage.

Email Message:

I have a question regarding the use of a Tanto knife for knife fighting. Is it wise to use a Tanto-type knife for self-defense? The Tanto has a reputation as, "The knife that can cut through a car door," and has a tip on the end designed to crush a human skull. It would appear that these two well-publicized features would prove damaging to any defendant in a self-defense trial situation. They make the knife seem more dangerous, and to an uneducated jury, that could look pretty bad. Since in almost every self-defense situation there are two fights you must win – first on the street, then in court. Could a crafty lawyer make a case against the user of a Tanto, as "criminal intent" based on its non-politically correct features?

– Ken B.

Reply:

This is a "triple canopy" reply. First, being in a fight, any fight, is a negative experience. You may be the good guy, and it may take you \$6,000 in lawyer's fees to prove it a year later. Let's hope you made bond! Then we consider the weapons used. Second, there is a continuum in the legal and perceived view of knives. Lawyers will indeed make an issue about the type of knife used. If you used a Navy SEAL Death Star 6, instead of a butter knife, they will attempt to escalate that against you.

After I retired as a cop, and became a private investigator, I was hired to work a homicide in northern Arkansas. Two men were in the cab of a big truck, and, while doing about 50 miles an hour, they got into a knife fight in the cab. (This is the reality of knife fighting folks. Few are the movie duels so often over-practiced.) The driver won, with a Marine Kabar he had always used as a work tool. But the case hinged largely upon the "war/killing" knife. In the theatrics of court, the stigma of the knife,

its history and perceived use may either work for you, or against you. An attorney may present the Tanto in this manner. As we did in the truck driver case, you must explain to the court's satisfaction why you chose the knife you carried.

Thirdly, a continuum of Tanto designs exists. Some are quite curved. Few know that Japanese practitioners will often flip the blade (or even the curved edge of the katanta) upside down in their grip to obtain the best entry for thrusting stabs. This is an acquired skill that many people do not like. Then there are less curved weapons, still called Tantos, which offer a straighter design, so much so, they wouldn't appear to qualify as one to the trained eye. The irony is, you may possess a non-Tanto knife – called a Tanto for marketing purposes – that can get you into more trouble that carrying the real thing.

Fighting is a negative experience. We fight only because we must in self-defense. Designers would be smart to at least title their works with less violent names and attached histories. Juries are easily manipulated and sometimes just plain stupid, like O.J.'s.

Land-mail Message:

Do you plan to sell the half-hour audiotape of your visit on the G.Gordon Liddy Show? – Sam L.

Reply:

It doesn't look like it. Even the G-man doesn't own the words of the show. CBS is in the driver's seat, and such projects are difficult to pull off. But the segment was declared a "Best Of" and will be replayed from time-to-time. Unfortunately some of our best moments occurred off the air during commercials when the G-Man told me old FBI counter techniques and a few of his cop and prison stories.

Send your email questions to Hockhoch@aol.com or land-mail to Close Quarter Combat Mag, P.O. Box 5372, Ft Oglethorpe, GA 30742.

ACCESS! *Drills for De-escalation*

By Sharon Adams



Neil (left) raises his baton with his right hand in response to a cue from his attacker. His partner holds a can of spray.

***According to Neil,
it is imperative
that officers smoothly
transition from each
Tactical Option
instinctively
(subconsciously) so
they may concentrate on the offender's
actions and their own movements.***



The baton switches to Neil's left hand as the right draws...

The suspect confronts you, adopts a fighting stance and threatens to "kick your arse." He means business. What tactical option (T.O.) do you use? You choose baton, and whip your expandable open, commanding him to get down on his stomach. He gets even angrier, and you see him reach across his chest....Gun?...Knife?...What is he reaching for? It's a knife! What tactical option do you want now? How exactly do you escalate to a higher level? How long will it take you to bring your next chosen tactical option to bear and discard the old one? Can you transition from baton to firearm in less than two seconds? You switch hands, pull your gun and command the offender to drop the knife. He does.



...and the baton hand supports. Note the same movement with the spray. The partner switches hands and supports the pistol with that hand.



Here two constables approach an actor playing a drunk on the street. Officers never know what the scenario might be when they arrive, from a passive drunk to attempted gun snatch.

Escalation and ation During Violent Assaults

But he is not done yet! With a menacing face he steps toward you, fists raised. What now? You can't shoot an unarmed man! You re-holster your pistol and transition to spray, hosing the attacker's face. He backs up. You re-holster all your equipment and move in to control and handcuff. This all happens in a matter of seconds!

"Get down on the Ground! Now!"

"Put your hands up! Now!"

"Drop the gun! Now!"

Gun Spray. Baton. Handcuffs. Tools of the police trade from the streets of Walla Walla, Washington, New York City, Barcelona, Spain to Melbourne, Australia – where Victoria Police Senior Constable Neil King

barks these orders while drawing his baton, transitioning to gun, then to spray and back, all in greased lightening action, while teaching this course he invented called ACCESS. It is a most impressive, common sense drill few officers think to practice.

"It occurred to me years ago from my own personal street experiences that a constable must often re-holster his gun when an armed perpetrator drops his weapon, all the while knowing the suspect will still try to attack with his empty hands. Unable to use deadly force, one must then re-holster to access spray, or an expandable baton. The same thing may occur while you are brandishing your spray or baton and the criminal pulls a pistol or suddenly picks up the pistol he previously dropped. One must have the reflexes to clear one's weapon hand for a handgun quick draw. So, I created this ACCESS program."

ACCESS drills were developed for

changing situations like this. And yes, using these drills you can transition from one tactical option to another in less than two seconds. Neil King can transition from baton to firearm in 1.4 seconds.

Neil developed the ACCESS drills in early 1999 and since then has taught the



Constable King and Hock exchange Australian and American police tactics on the Academy catwalk.



Viewed from the catwalk, staff officers enact a disturbance scenario. Connies respond with a simulated pepper spray to overcome the enraged person.

***The key to
Neil's ACCESS package
is repetitive drilling of
each series of movements
and then combining
the movements so you
may perform all drills
both statically
and dynamically.***



The "Business Side" of the OSTT Ave. concealed inside an airport hanger. The street contains banks, video stores, bars and offices. Note the catwalk stairs and railings at the far end, allowing for observation.

drills to more than 4,000 police officers. The ACCESS drills withstand the test – time and time again on the streets – and more than one police officer reports he or she now sleeps better because they practice the drills.

What is the ACCESS package of drills? ACCESS drills enable the officer to go from any T.O., to any T.O., up and down the use of force continuum. While at all times he or she maintains control of the weapon systems.

The key to Neil's ACCESS package is repetitive drilling of each series of movements and then combining the movements so you may perform all drills both statically and dynamically. Neil then teaches his students how to perform the drills with a partner and with another pair of officers.

ACCESS drills take into account the type of equipment carried and how it is carried. Neil believes it is important that officers become familiar with equipment placement and that they carry their weapons so both the master and non-master hands may find them accessible.

The ACCESS package contains some of the following basic drills.

- Open hand access to baton, OC spray or firearm.
- Baton or OC spray to firearm.
- Firearm to baton or OC spray.
- Any T.O. to another T.O. to another T.O. to open-hand to control and secure.

Each drill is practiced statically, dynamically, one up (solo), with a partner and with another pair of officers. The eye-to-action concept is invaluable. Neil next teaches the course with a "bad guy" standing in front of the trainee at varying distances. The actor pulls a gun, causing the officer to do the same, then quickly drops the gun, and with empty hands, lunges for-

ward. The officer sees this and must re-holster to draw his spray or baton. The actor picks up the gun and the Connie [Australian for constable] responds in the same manner. This game of quick draw and weapon manipulation continues in a flurry of seconds until it all becomes second nature. All the while, Neil coaches his students to bark the proper commands appropriate to the problem. According to Neil, it is imperative that officers smoothly transition from each T.O. instinctively (subconsciously) so they may concentrate on the offender's actions

and their own movements.

Neil is also an Australian Army Reserve Commando, and part of Neil's ACCESS course includes drills he developed for military and special tactics officers combining automatic weapons, rifles, shotguns, pistols transitions and transitions to baton and/or OC spray to empty hand. "Special weapons personnel carry far more equipment than your average Connie and, like the military, they need extra training."

Neil teaches his ACCESS concept as well as other advanced tactics to hundreds of Australian police officers at the Victoria's OSTT (Operational Safety Tactics Training) Center for advanced policing. The Academy is housed inside a plane hanger in a city airport, but once inside, constables train in a makeshift city street with furnished buildings and homes, along with a nearby huge padded room for hardcore fighting tactics. "This location has been very successful for us" says Neil. "We place our officers in realistic surroundings and scenarios and our staff – all veteran constables – act as witnesses, suspects, complainants, whatever. None of the buildings have roofs, and the height of the hanger allows us to view and critique the scenarios from the catwalks above."

Neil teaches his ACCESS course to selected military and police groups. "Several Constables have written to tell me that my course saved their lives," Neil reports proudly, "as well as the lives of others. I hope to teach every officer in Australia these tactics." ☛

Sharon Adams is a freelance writer based in Dallas, Texas.

Neil King may be reached at P.O. Box 2001, Werribee, 3030 Victoria, Australia, or e-mail him at patrolgear@hotmail.com

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Writer wants to hear from martial artists who have defended themselves and/or others from violent criminal attack (especially against weapons or multiple opponents).

Sorry, not interested in bar fights, challenge fights, etc. We seek courageous acts that portray martial arts in a positive and inspiring light.

Preference given to accounts verifiable through police reports, newspaper clippings, etc. If you've been a hero, here's your chance to tell the world!

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Ground Zero!

Knife Ground Combat

By W. Hock Hochheim

The all-too-common “fight-in-progress” call came over our squad radios sometime back; and we responded once again to the most troublesome and violent nightclub in our city. Bad omen, I thought as I noticed people fleeing the street corner, rather than watching and cheering the fighters on as they often do while watching the typical fight. When they ran past me wide-eyed, it often meant death lay ahead. Pulling up, I bailed out of the squad car to see a man crawling off the top of another man—who lay very still. The lifeless form had a small knife sticking out of his eye. I drew my service revolver and pointed it on the retracting suspect. He was hypnotized at the sight of death on the sidewalk before him, a landscape he himself had created. I ordered the killer down on his knees with his hands in the air as another officer ran up behind him. We handcuffed this killer, and I closed in to examine the victim while a third officer called an ambulance. The instrument of death, an innocuous pocketknife, had pierced through his left eye and up into his brain.

Gathering what witnesses we could, we determined the two men were fighting, at first empty-handed, over the company of a woman, and they had tripped and fallen to the ground. While on the concrete, it was the victim first who pulled the knife from his own pocket. The suspect disarmed the knife and turned it upon the eye of the owner. The “knife fighting” part of this struggle started and ended on ground zero, as does much crime and military edged-weapon combat. This was not the first, nor would it be the last, knife attacker I either arrested on the scene or arrested later as a result of an investigation, where the knife fight either started or carried over to ground fighting.

Both classical and modern knife trainers all too often spend a disproportionate amount of time practicing in ranges least likely or somewhat improbable to occur. “Dueling” often becomes the over-preoccupation of study, while real world military and criminal combat often involves extremely close quarter fighting in the clutches of each other, one or both knee-high, and on the ground.

Both classical and modern knife trainers all too often spend a disproportionate amount of time practicing in ranges least likely or somewhat improbable to occur.

Ground Zero

Real world combat and survival prioritizes mobility. Only the brain-washed and foolhardy believe that always and ever tackling your enemy to the ground, regardless of his size, strength, endurance, pain tolerance, ignoring his commitment to savageries like biting you and blinding you; disregarding any guns, knives, and shivs he might unleash, and then regardless of the terrain...is their one mission in a fight. It is bad enough that one can accidentally fall and find themselves on ground zero. If you must worship something, worship mobility, not ground fighting. Ground fighting is just an unfortunate reality in a spectrum of realities.

To establish some overall real world hand, stick, knife and gun ground zero survival tactics, commit yourself to train.

COMMANDMENTS FOR GROUND ZERO SURVIVAL

- 1) Biting and tearing
- 2) Attacking the eyes
 - a) gouging
 - b) raking, throwing or rubbing objects into
- 3) Attacking the groin and throat-ripping impacts
- 4) to prioritize striking, kicking and kneeing
- 5) to carry right and left side accessible weapons and use them
- 6) to exercise properly to improve endurance, strength, reasonable flexibility
- 7) to learn to deal with your adrenaline
- 8) to learn the unique characteristics of the weapon you are using
- 9) to learn submission and "shoot" fighting, not to mindlessly replicate them, but to learn how to cheat and defeat them. That is the true purpose of the modern warrior. Take special care in this case that your training does not produce the muscle memory of a college wrestler. Cheat first, cheat last, cheat in the middle.
- 10) develop problem-solving savvy for the evident chaos

With these 10 commandments etched in stone as I instruct any ground fighting course, I always start new students with "Knife Ground Zero." Once you initiate your ground fighting practice with knives, it forever changes your whole outlook and approach to the arena. You will look at all ground techniques with a superior discerning eye. Two key points: 1) where you carry your knife and/or knives matters, and 2) the great variety of ground positions and situations.



Carry a knife on each side.

►
**Right side
tied up?
Left side
knife
access.**



►
**Left side
tied up?
Right side
knife
access.**



A Weapon on Each Side

Wearing at least two folding knives might seem extreme to many ill informed. But, given man's propensity to trip and fall in combat, plus the percentage of sport fighters with their blind propensity to tackle you, you should have a knife accessible to both hands. Should an enemy capture you from the top, right side, while your knife is carried on your right, you are in trouble. But if you also carry on your left side, you may acquire easy access to a fight-ending tool. Vice versa! This is a combat truth not only in ground grappling but also stand-up grappling, where opponents will seize an arm. What if a dog attacks and locks his teeth onto your right forearm. Your right side carry becomes difficult to access, but a free left hand may have an unobstructed left side knife. These are but a few strategic reasons to carry at least two knives.

Positions "On the Deck"

Sport fighters are often fooled into thinking there are only two major fighting positions, the wrestler's guard and the mount. They spend entirely too much precious training time battling to get into these positions. Yet real world predicaments offer some eight additional positional options, both prone and knee-high. When the knife fight height goes down below standing position, criminal and military history tells us there are several positions or predicaments.

Side-by-side

You topside

You bottom-side

Knee vs. knee-high

One knee-high vs. standing attacker

One prone vs. standing attacker

Knee high or prone vs. several attackers

First, establish this list, next you must interject hardcore tactics into the positions.

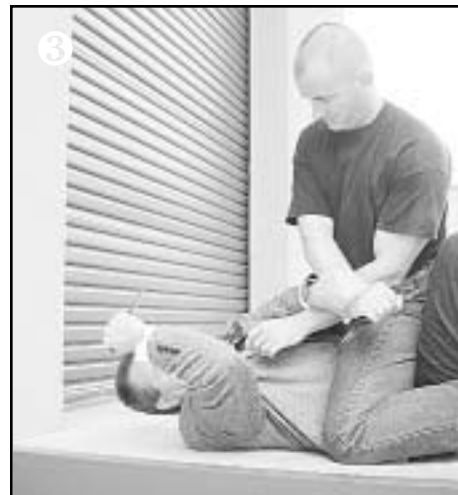
In-the-Clutches-Of Basic Releases



▲ Clockwise and Counter Clockwise Circular Releases



◀ Stabs - opposite Arm and Same Arm



▲ Ram/Slam Releases ►

The Side-by-Side, Kick-the-Face Series



Your knife is on the top side.



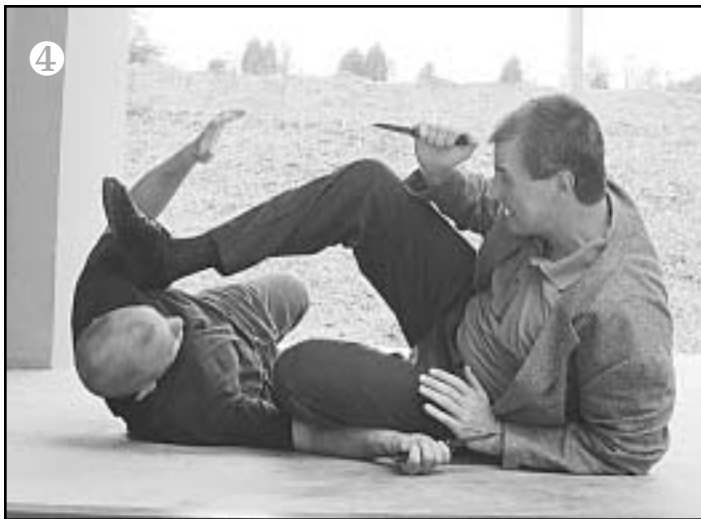
◀
There are many
"kick-the-face"
series scenarios.
This is one
of them.
▼



You "mule" kick the face, creating a stunned, if not unconscious opponent.



A back kick-like motion further frees the grip on your weapon limb.



With that hand free, use it to raise up while controlling the opponent's other arm.



Raise up and win the fight.



Pin the weapon-bearing limb with your shin.

After the Stab Combat Scenario

In all ranges, it is important to develop the "Win Mentality" that trains you to fight on after the gunshot, the break, the punch and...the stab. In this series, you are stabbed, and on the way down, you fight back...





Summary

These photos barely scratch the surface of the many combat scenarios you must practice and the skills to support them. First, you cannot knife fight on Ground Zero without studying the tactics and strategies of stand-up knife combat because so many relate to knee-high and prone fighting. Attend the classes and seminars of skilled instructors with obvious real-world experience and connections.

I have an important homework test for you. Go through all your martial arts magazines and books and look at the ground fighter's and submission fighter's action photos. Look at all the step-by-step breakdowns as they practice their fundamental moves in books and videos. Now, in each single frame think about where there is an opportunity for a serious eye, groin or throat attack, or where a quick draw and knife attack might work. You will quickly learn what NOT to do as well as where to carry your knives and what to do with them. This non-sport, life-saving education will help prepare you for criminal and battlefield knife combat at ground zero. ☒



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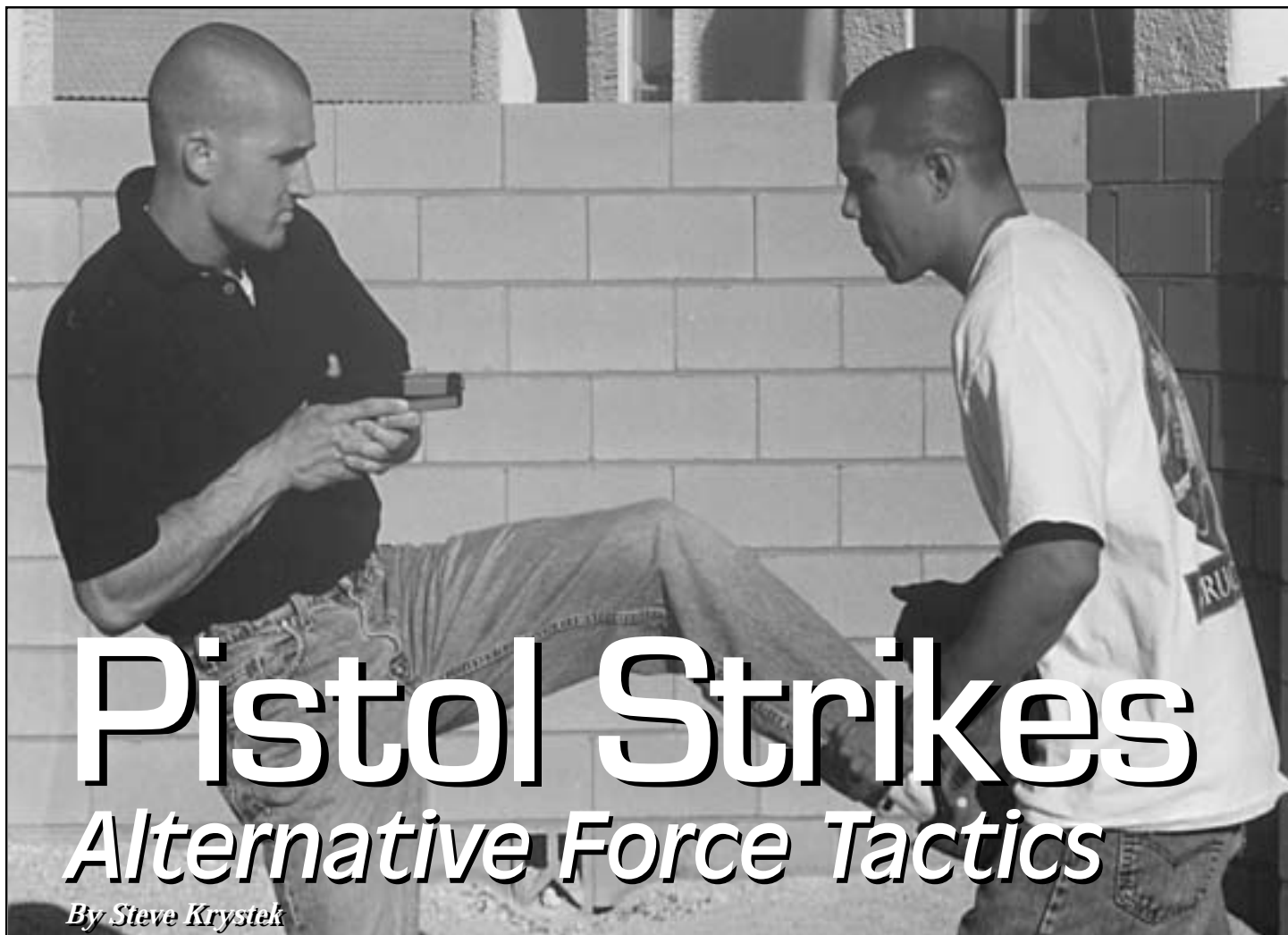
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Pistol Strikes

Alternative Force Tactics

By Steve Krystek

A front thrust kick delivered in combination with the two-handed center retention position. This technique allows the shooter to control the attacker's advance, assess the threat and establish readiness for a lethal or non-lethal response.

KNIFE! You draw your sidearm and fire three shots at a charging attacker armed with a six-inch Tanto fixed blade. You're the one with the gun. Surely you will prevail in this encounter, right? Not necessarily. Your pistol rounds had little effect against his adrenaline-hyped nervous system, his momentum still carries a knife-wielding threat in your direction, and of all times, your \$1,200.00 custom 1911 .45 has a Class-III Malfunction. What do you do? The only thing you can do – use what is in your hand to deflect, destroy, disable and distance the attacker.

For a long time, experts only considered a firearm as an effective projectile weapon. They did not consider a gun an ideal contact weapon. Many knew a gun could injure an adversary from a safe distance; therefore they never really explored its close-quarter applications. However, over the years statistics show a frightening amount of lethal confrontations occur at ranges of less than five feet. As a result,

progressive combatants and trainers now realize the benefits of using a firearm as an impact weapon in close-quarter combat.

Most notably, programs such as W. Hock Hochheim's Dos Manos System have organized comprehensive bodies of knowledge pertaining to the use of shotguns and rifles as striking, blocking, controlling and grappling instruments. Now it's time to address the impact weapon applications of the handgun. Handgun Striking Techniques can be



You may perform hammer strikes with a downward motion to the back of the head and neck area or the spinal column. Here the technique is used in response to a tackle attempt.



Mark closes the distance displaying signs of aggression....



(2) Mark counters his opponent's punch with a circle strike to the forearm.

D.O.E. Police Officer Mark Bradford demonstrates a striking series vs. an empty-hand aggressor throwing a left punch.

used if (a) we suddenly run out of ammunition during a close-quarter gunfight; (b) our gun malfunctions while an adversary is closing on us; (c) we need to buy time in order to positively assess and/or identify a threat; or (d) deadly force is not justified, but we still need to protect ourselves from harm. No, it is not your ideal tool for bludgeoning an assailant in mortal combat. However, the pistol may provide some practical and immediate alternative force options for use in special situations, primarily against unarmed adversaries. Depending on where and with how much force you strike, these techniques may provide intermediate, or less-than-lethal force.

Muzzle Strike

The first strike examined is the Muzzle Strike. To perform this technique, you must first slightly modify your support-hand positioning on the weapon. Your fingers should grip the bottom of the trigger guard, as well as the forward portion of the frame. Your thumb should clamp over the top of the slide. This grip provides better weapon retention once you make contact with the target.



(3) Mark's striking arm is cleared out of the "window of combat" in preparation for a follow-up strike...

After acquiring the proper grip, simply execute a muzzle first, stabbing and/or thrusting motion at the opponent's torso, groin or face. If you're out of ammunition and within arm's reach, jam the gun right through their teeth if necessary. Since the weapon impact area is the diameter of the muzzle, the blow transfers a greater amount of energy and force to a more precise area. This results in greater pain for the opponent concentrated in one spot. The intent of this strike is to cause immediate pain, diminish an assailant's fighting capabilities, and/or possibly provide a momentary distraction. It is important to practice retracting the strike with the same speed you deliver it. Do not leave your handgun in his personal space for too long. Typically this strike serves as a lead technique in a series of weapon strikes because it requires little modification to the normal firing grip.

Slide Strike

In many situations, especially when you carry a firearm, your strategy to survive a close-quarter encounter is to gain as much distance as possible. The Slide Strike Technique (A.K.A. "The Power Shove")



(4) Mark finishes with a support-side power strike to the face.



(5) Dominant-side power strike during full-impact training.

serves to both inflict pain upon your opponent and create a reactionary gap between you and the threat. This Offensive Distancing Technique is very similar to the DM System application using a stick or a long-gun. Angle five in the DMS Striking Series is also called the "Power Shove" and it produces the same results. One strategic advantage this strike provides is time. You may only gain split seconds, but we all know distance equals time. If you enter a room in search of an adversary and suddenly confront an individual within arm's reach, instantly performing this less-than-

lethal technique with your handgun will provide precious time necessary to assess the threat. If the subject's actions warrant the use of deadly force, the capability is in-hand. (If the subject is a non-combatant, you can apologize later for their bruise.)

To perform this striking technique, start by holding the pistol in the dominant hand with a normal firing grip. Bend the dominant-hand wrist inward, pointing the muzzle of the gun 90-degrees to the support side. Rotate the slide forward about 45-degrees and place the open palm of the support hand on the weapon, making contact with the slide and frame just forward of the trigger guard. Once you acquire this grip, strike with a forward pushing motion and impact the target with the top edge of the slide. Use the dominant hand to primarily hold the gun and the support hand to generate striking force. The real power behind this movement comes from the lower-body in a forward driving manner. The weapon should contact the upper-chest area of your opponent and your momentum behind the strike should help to off-balance and distance them. Unlike the Muzzle Strike, energy upon this impact is transferred over a slightly larger area; the full length of the slide as opposed to the diameter of the muzzle. This may dissipate or lessen the painful effects, but it will increase the overall force felt by the recipient. It is important to discern your ability to retain the handgun during such an impact due to the altered grip required for the technique. Also, note the weapon's condition (i.e. properly functioning) after striking the target.

Circle Strike

The Circle Strike movement intercepts, redirects, and/or counters offensive blows. It is a parrying-type strike with both hands gripping the pistol intended to deflect an attack and ideally inflict pain upon the opponent's striking limbs. It diminishes their fighting ability and clears a path for us to engage other vital targets. The grip on the pistol requires only a slight modification by sliding the support hand up onto the gun to acquire a firm grasp around the bottom of the trigger guard and the top of the slide. This grip, once again, allows maximum retention during high-impact striking. The most practical direction of motion is from outside-in and the specific target(s), intentionally or incidentally, should be the striking hands or forearms of the aggressor. This particular strike usually precedes a Dominant or Support-Side Power Strike follow-up and may be used in combination with all other handgun striking techniques. As with the empty-hand versions of this

Krystek demonstrates a striking series using both handgun techniques and empty-hand skills.

movement, you may apply the technique defensively in reaction to an opponent's strike or aggressively to assault and overcome a confirmed threat. The great benefit of this technique is it is an effective movement as long as you make contact; whether you impact the target with the butt of the handgun or your forearm makes little difference. This proves you don't need to put down the pistol in order to perform certain hand-to-hand-type skills. All these techniques provide the best of both worlds: less-lethal counter measures and immediate deadly force capabilities.

Dominant and Support-Side Power Strikes

The Dominant and Support-Side Handgun Power Strikes are considered the most destructive in the arsenal. Their purpose is not to distance, distract, or deflect but to cause damage. These techniques are generally used as natural and economical follow-ups to a Circle Strike and are employed during a dedicated close-quarter physical confrontation not warranting the use of deadly force. Contact with the target is made with the top of the slide and the required grip is the same as the Circle Strike. Targeting is flexible and dependent upon each person's positioning. You could strike on a high-line to the face, head, neck or throat area. Or, strike on a mid-line to the stomach, bladder or groin areas. These more vital targets tend to provide the best results to meet the objectives of this devastating strike. The movement is performed by positioning one side toward an opponent and generating force for the strike from the rear, or opposite side with a hooking motion. For example, during a Dominant-Side Strike, we would face our support side toward the



High-line muzzle strike to the face.



Midline muzzle strike to the stomach.

adversary and strike our target using a two-handed grip on the pistol, leading with the support hand, and providing striking power with the trailing dominant hand. The process would unfold just the opposite for a Support-Side Strike. When practicing this technique, make an effort to quickly snatch the gun back into a retention position after the impact. This helps prevent the adversary from gaining control of the weapon by trapping or intercepting it in the event of an ineffective strike attempt.

Hammer Strike

Special problems call for special solutions. The Hammer Strike is a special purpose handgun/impact weapon technique used in specific situations. Reserve it primarily for strikes to the back of the head or neck area, when the adversary is bent over, or when grabbed around the waist and/or wrapped up by an opponent either standing or on the ground. They may be preparing to take you down, or, in the process of a full-blown low tackle. Whatever the case, there is a target of opportunity available, and you just hap-



Knee strike while hooking and controlling the back of the neck. Gun is still in a muzzle strike grip.



Followed by an elbow strike.



Finished with a hammer strike from the support-side to the opponents face.

pen to have a solid, blunt object in hand. Modify your grip the same way as for a Muzzle Strike, maximizing control over the gun. The base-plate of the magazine in your pistol, or “butt” of the gun should contact the target from a high-angle with a downward striking motion.

Another application for this technique occurs during a ground fight where you found yourself in the Guard or a Bottom-Side Position while your opponent attempts to apply a choke or strangle hold. With gun in hand, you may strike to the same areas (albeit with less range of motion) as before in an effort to diminish their fighting strength and effectiveness. Why wouldn't you just shoot them? If you select this option, you will need to aim point-blank at vital targets, and in the chaos

of a street wrestling match, you may not want to risk being shot by your own over-penetrating bullet. One word of caution: It is possible to induce a Class III/failure to feed malfunction of your weapon with this technique. In some cases, the impact on the magazine may be great enough to damage components necessary for reliable feeding of ammunition into the chamber of low quality pistols. If and when the trigger is pressed, one shot fires and subsequent rounds in the magazine feed improperly causing a stoppage in the action. This creates a whole other problem, however, this possible consequence to a strike will probably be the last thing on your mind in the middle of a life or death struggle. If you're learning and practicing advanced weapon skills such as Handgun Striking Techniques, you should have already mastered such basics as malfunction clearance procedures.

Flow Drill

As with edged weapons and other conventional or improvised impact weapons like the stick or long-gun, we have a flow drill to help program our muscle memory for handgun striking techniques. It is important to understand that these drills are not so much about striking specific targets, but developing and refining a natural “flow” of perfectly executed, reflexive movements. These drills can either be performed with a live training partner, in the air, or against a training bag. This series consists of seven angles utilizing six different strikes. The following drill is for a right-hand dominant person:

- Begin from a normal, two-handed contact shooting position
- Perform a clockwise Circle Strike while side-stepping to the left
- Follow-up with a Dominant-Side Strike to the head
- Perform a Counter-Clockwise Circle Strike while side-stepping to the right
- Follow-up with a Support-Side Strike to the head
- Perform a Muzzle Strike to the torso/sternum area
- Hammer Strike to the back of the head
- Slide Strike/Power Shove to the chest

One skill set that should be developed

There is obviously a need for firearm/impact weapon combat skills when you study the dynamics of close-quarter conflicts.

during practice is strike-specific grip acquisition and/or the transitioning from one grip to another. The effectiveness of your technique and the security of your firearm are largely dependent upon how well you hold the weapon while delivering strikes. Another aspect associated with this type of training that **MUST** be addressed is **SAFETY**. At all times, the trigger finger must remain outside the trigger guard, straight along the frame while striking with the handgun. Keeping your finger off the trigger until your sights are on target is the “Golden Rule” of firearms safety for many reasons, and I cannot emphasize it enough. It is also strongly recommended that only inert weapons incapable of chambering live ammunition be used when practicing with a training partner. Furthermore, appropriate eye, head, chest, groin and arm protection should be worn when performing these strikes at full force.

There is obviously a need for firearm/impact weapon combat skills

when you study the dynamics of close-quarter conflicts. The alternative force tactics, combat strategies, and training methods with the handgun described above can help you survive an up-close violent confrontation if you happen to find yourself in one of those “special situations.” Rather than remain stuck in the mind-set that one tool can only accomplish one mission, we should attempt to learn as much as we can about maximizing the potential of our personal weaponry, especially with weapons once limited to delivering lethal force from a comfortable distance. ☛

Steve Krystek previously served as the senior team leader and team trainer of a military special weapons and tactics team. He conducted close-quarter combat and tactical firearms training for various military, law enforcement, and civilian groups throughout the United States and Overseas. Steve currently serves as a Sensitive Assignment Specialist and is a Certified S.R.T. Officer with a U.S. Department of Energy contractor specializing in nuclear counter-terrorism and protective force operations. For information about training dates in the Las Vegas or Southern California areas, contact: steve.krystek@cs.com

Cane Power

By Stephen Barker



Coming out of his doctor's office on a busy metropolitan street recently, Steve Hardy noticed someone loitering by his car. As he limped closer on his recently injured foot, he realized the guy was trying to break into his

vehicle. Moments later, it was the perpetrator who limped down the street as fast as he could. "I must say, when you find someone breaking into your car and you whop them across the back of the knees, it really gets their attention. It's amazing how fast the guy forgot all about trying to steal my car. And to think, I had never even considered my cane as an anti-theft device."

This is one of many true stories, as related to the "Cane Master," Mark Shuey, Sr. Although Mark has black belts in all of the major martial arts, he is completely sold on the merits of the cane. "It's the most practical weapon anyone can learn," says Shuey. "What other weapon can you carry on a plane or in a casino? Try getting nunchaku past airport security! And if you think about it, what good is it learning to fight with a weapon if you can't take it anywhere?" For more than a thousand years, the cane has been used as a weapon. Over the years, hundreds of techniques have been passed down through the generations. It became clear to me that the cane is not only a weapon of the past, but also the weapon of the future."

Many cane techniques may seem famil-

iar, since they originate in various martial arts, or sports that involve moving a tool through the air similar to single stick practice in Filipino Martial Arts.

The cane may serve to thrust or stab the opponent. These stabs may go:

- a) horizontal from right to left
- b) horizontal from left to right
- c) vertical from low to high

They may involve striking either upper or lower body, the head, neck, shoulders or feet.

The cane is not only a weapon of the past, but also the weapon of the future

You may also use the cane to divert blows or to block and quickly strike an opponent. When combined with joint locks, take-downs, foot traps or stick leverage, the cane becomes an extremely dangerous and versatile weapon. The fact that it's legal and acceptable to carry a cane in nearly every social situation makes it unique.

"Add a sharpened point to the horn, or the end of the crook, apply some carving to the shaft of the cane for gripping and applying to pressure points, and what you have is a perfectly legal self-defense tool that anyone can learn to use," says Shuey. ☺

Stephen Barker is a freelance writer based in Nevada.

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Hypoglycemia and Criminal Behavior

By Jane Eden

Are many criminals wacked out on sugar? According to A.G. Schauss, "Nutritional and Behavior: Complex Interdisciplinary Research," and D. Benton, "Hypoglycemia and Aggression: A Review," You bet!

There is a strong, link between hypoglycemia and aggressive criminal behavior. Several controlled studies of psychiatric patients and habitually violent and impulsive criminals commonly show reactive hypoglycemia (as determined by an oral glucose tolerance test). Further, during the GTT, abnormal and emotionally explosive behavior may occur in individuals sensitive to low blood sugar. In one "Hypoglycemic Tendency among Arsonists," reactive hypoglycemia

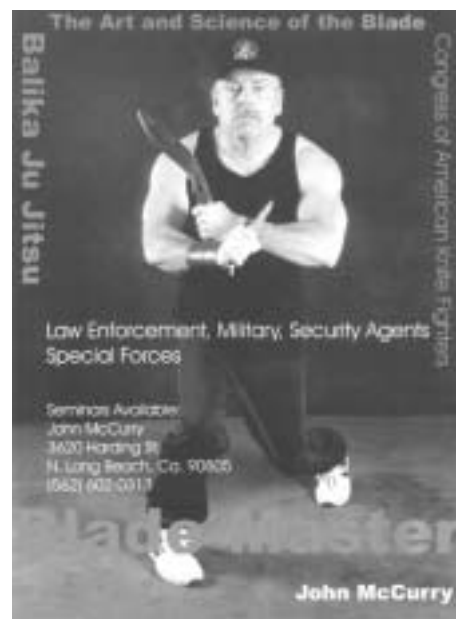
induced fire-setting behavior in arsonists.

Several large studies conducted by S. J. Schoenthaler, "Diet and Crime: An Empirical Examination of the Value of Nutrition in the Control and Treatment of Incarcerated Juvenile Offenders," involved more than six thousand inmates in 10 penal institutions across three states to evaluate the effect of dietary intervention – specifically, the elimination of refined sugar – on antisocial or aggressive behavior.

In the study, 174 incarcerated juvenile delinquents were placed on sugar-restricted diets, while another 102 juvenile offenders were placed on a control diet. Over a two-year period, the number of incidents of antisocial

behavior dropped 45 percent in the treatment group. The most significant changes occurred in the reduction of assaults (83 percent), theft (77 percent), "horseplay" (65 percent), and refusal to obey an order (55 percent.) Antisocial behavior changed the most in those charged with assault, robbery, rape aggravated assault, auto theft, vandalism, child molestation, arson, and possession of a deadly weapon.

Such reports put a whole new spin on kids who shoplift candy bars. ☺



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Police Blotter

By Police Chief Mike Gillette

Officer Deaths

The number of law enforcement officers killed in the line of duty dropped by more than 15 percent during 1999, making the last 10 years appear the safest decade for police since the 1960's and providing further proof to convince citizens that crime is on a steep decline. Better training, better equipment (like bullet-proof vests) and the overall drop in crime receive credit for the decline in deaths. Of the 130 officers who died "in the line" in 1999, 45 were shot to death, 47 were killed in auto accidents, 15 succumbed to job related illnesses, eight were hit by vehicles, seven died in motorcycle accidents, four in aircraft accidents, two were stabbed, one died in a fall and one was killed by a train.

But wait! Wipe that cozy smile from your face. Always conspicuously absent from these cheery figures are the thousands of officers who sustained severe injuries and could have died from all of the above confrontations but were either lucky, or survived thanks to quick and superior medical attention. Start factoring in those survivor numbers, and it will scare the heck out of you.

One example, consider *Law and Order Magazine for Police Management* reported approximately 62,000 officers are assaulted each year. Officers beware! Friday is statistically the most dangerous day of the week, and while I don't want you to let your guard down – Sunday is the least dangerous.

Goin' Postal

Officials report that robbing mailboxes may soon become, and in some jurisdictions already is, the number one white-collar crime. The US Justice Department states criminals going postal range from druggies driving around a 4 a.m. to organized pros stealing pounds of mail on welfare and social security check mailing days. Also, insiders in post offices frequently score credit cards and bank information for further scams.

Cambodia Condoms

The government orders all police officers to use condoms when they visit brothels, fearing HIV virus.

China

Chairman Li Peng admits widespread corruption among the country's 1.5 million police officers. "Social evils erode the force", says Peng. Six hundred and sixty officers died in the line of duty last year and 10,000 sustained wounds in the first six months of 2000. The Chairman believes a lack of respect contributes to these high statistics.

The Squad Room, a place for briefings, training, coffee, war stories, station-house gossip, and ass-chewings...

Got a Match?

The FBI has adorned thousands of foreign matchbooks with a picture of Osama bin Laden, advertising the \$5 million reward for his capture.

Teams still track Olympic bomber Steven McCraw in the hills and mountains of North Carolina. Some are hired bounty hunters.

Tragedy Strikes All Ranks

Last June 2000, the Los Angeles Police Chief Bernard Parks lost his granddaughter – who fell victim to a gang bullet. The intended victim ducked, and the round hit Lorri Gonzalez as she left a Popeye's drive-thru.

Punishments around the Capitals

In Afghanistan – Afghans devise a variety of unusual death penalties. Five felons were executed by having a wall of bricks and mud pushed on them.

In Kazakhstan – one prison official decided to starve the inmates to death, but they failed to die until after they killed and ate a fellow felon. (Now that would make for a good Survivor TV show.)

In Libya – hangings are public events that air on television. As the fellow on the end of the rope dies, the executioner grabs his legs and thrashes and bobs about.

In Pakistan – a convicted killer was strangled to death in a public park, then cut into exactly 100 pieces, after which his executioner dropped each segment into a vat of acid.

In Singapore – it's quite quick with the hangman's rope.

In Zimbabwe – Crucifixion is the order of the day, but when one hangee pitched too much of a fit upon the cross, the hanger beat him to death with a hammer.

Victimless Crime

Britt Davidson was charged with lewd behavior after officer Brenda Taylor spotting him in a pumpkin patch, himself inserted in a...pumpkin. Officer Taylor approached the preoccupied 27-year-old and said, "Excuse me sir, what are you doing out here with that pumpkin?" His quick thinking reply? "A pumpkin? Damn...is it midnight already?"

The Heroin War

The DEA reports between 1989 and 1999, the U.S. seized more than 31,000 pounds of heroin. In 1996 there were an estimated 500,000 heroin users in the U.S.; in 1999 that figure rose to 980,000.

U.S. Drug agents predict Mexican gangs will soon start making the party drug Ecstasy and ship it into the U.S. via already established and successful marijuana and cocaine routes.



Mike Gillette is Chief of Police for a city in Iowa. His experience spans more than 10 years in law enforcement with an extensive military operations background. Gillette worked various assignments as a Tactical Team Commander, Rangemaster, Patrol Supervisor and Field Training Officer. As a Use-of-Force Trainer, he has taught officers and agents across the country. In the military he served in the 82nd Airborne and the 194th Long Range Surveillance Det. (Airborne). 515-795-2149.



This is what 21 feet looks like. The average adult can cover this distance in 1.5 seconds. Having this much reaction space in the field is very unlikely.

Edged Weapon

Training: Theory vs. Reality

By Mike Gillette

It's late at night. Zero-dark thirty. You're heading down the sidewalk to your car. You mentally note that the downtown area you walk through looks quite different in the stillness of the night. Out of the corner of your eye you notice what looks like human movement and a shiny object. Within milliseconds your brain overwhelms you with urgent messages. "Knife! Bad guy! Run away! Blood! Fight!" Now while all of that goes on, contemplate this question: how much time do you have to decide what to do and take action against this surprise attack? Recent research in this area provides some interesting facts.

The birth of modern edged-weapons training came about in 1983 when the results of field studies conducted by Dennis Tueller of the Salt Lake City Police Department in 1982 were published in *SWAT* magazine under the title of "How Close is Too Close"? Gun Gurus John Farnam and Massad Ayoob began using the report for training, with Massad coining the name (Tueller Drill.) Prior to that time, law enforcement as a whole was not trained to recognize the lethality posed by bladed or sharpened weapons with any sense of strategy.

Police reports nationwide documented numerous incidents where officers willingly placed themselves in the "kill-zone" of a

knife-wielding assailant during such encounters. Some were killed or wounded while struggling to pull their guns instead of using alternative skills to fend off the attack. To change this dangerous mind-set, Tueller devised a simple sequence of exercises that illustrated the vital relationship between distance and time. These field exercises surprised many veteran officers who had come to think of their firearm as the best tactical option available to them against a knife under any circumstances.

The Tueller Drills, use the example of an attacker armed with a knife, rushing in on an officer with a holstered firearm at various distances. It is scene that has played out in countless police training sessions since 1983. The drills broke down the following distances and outcomes:

Twenty-one feet may sound like a significant distance, but it is only 7 yards! Try to picture seven yardsticks on the

ground end to end, or the 10-yard markers on a football field. Keeping several factors in mind. The results are all built around averages. Individual results may vary. They also do not factor in weather, terrain, heavy

clothing, shots that miss, or shots that hit but do not produce an immediate effect. It is essential to remember that someone who is hit and/or dying from a gunshot wound may still charge, close distance, swing their arms and still deliver lethal force. These results were derived from an officer who held his or her ground and did not back step or sidestep, just quick draw and try to shoot.

Much attention has come to

bear on the 21-foot example. Almost TOO much! What is important about 21 feet is not the distance so much as how the distance relates to time.

DISTANCE FROM KNIFE ATTACKER	DEFENDER RESPONSE
1 foot away	Not enough time to even touch the bolstered weapon.
5 feet away	Not enough time to pull the weapon from holster.
10 feet away from	Can pull the weapon free holster, but not enough time to shoot.
15 feet away fire	Can draw the weapon and it, however the attacker will have already made contact.
21 feet away	This is the minimum average distance needed to draw, point and shoot a firearm at an attacker closing with a knife.



If you decide to move to create space, try to move at an angle and force the attacker to readjust. Depending on your environment, try to put an object between you and your attacker. In this illustration I use the attacker's truck as a barrier.



If you are suddenly presented with a threat, anything unnecessary in your hands must cease to exist. In this example I have to get rid of the clipboard to respond to the attack. If the attacker stood closer, I might throw the clipboard instead.

After gathering data from thousands of test runs in a controlled flat environment, we know the average adult can cover 21 feet in 1.5 seconds. The conclusions that should be drawn from this knowledge are two-fold. First, if you stand within 21 feet of an individual and an edged weapon is presented, you must recognize the significant danger posed should the person charge you. Secondly, if an edged weapon is presented from within this 21 foot reference point, your best option will likely be empty-hand control tactics and not trying to pull a holstered firearm.

Another subtle point uncovered by the T-Drill, was the common officer's inability to quick draw in a smooth efficient manner under a madman's rush, unlike the smooth draws one might execute at a firing range. Stress quick draws had officers double-grabbing (grasping the holster with one hand and the pistol with the other) where they would ordinarily pull with one hand. This sudden "Barney Fife" quick draw changes the draw angle, "shakes up the holster," and actually slows the draw.

The results of Tueller's work have contributed significantly to the larger body of combat survival research. Unfortunately, during training the "21 feet" reference point is repeatedly taken out of its original context and passed on to impressionable minds. An example of this is an incident where a Midwest police officer responded to a domestic disturbance call. A female stood outside on a porch while the officer attempted to talk to her. The woman appeared despondent and talked about suicide. She also held a knife to her own throat. Based on his Tueller drill training, and because the woman stood less than 21 feet away from the officer, he shot her! She



In a close quarter assault, your best response will not be a firearm. At this distance you should employ empty-hand control tactics.

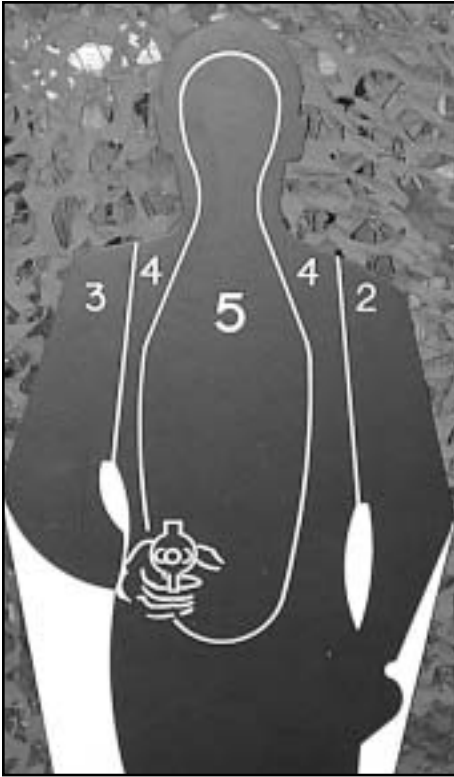
never gave any indication she wanted to harm this officer. She made no threatening movements, and a physical barrier – a porch railing – stood between her and the officer making any attack difficult, but the officer thought he performed as trained!

Many times the 21 feet example is passed on to recruits as the desired safety

margin to deal with subjects in the field. Trainers frequently tell new officers, if they see someone with a blade, they better get at least 21 – feet away. While this may sound good, the 21 feet that trainers speak of seldom exists outside a gymnasium. In a bar-room, living room, stairway or jail cell there is no place to find this 21 feet. If you engage a knife attacker with a firearm it is paramount to seek cover or create additional distance. In the case of a straight rushing attack, moving backward at an angle provides the best distancing tactic. It forces the attacker to readjust in mid-flight and buys you more time, more precious seconds. Here is an example where football style running drills, with fast side-to-side cuts make for wise practice, all still tough in a living room, or the countless arrangements of real world obstacles that seem to haunt your life in combat. Try to use these things to your advantage.

In the next issue of Squad Room we'll discuss the components of effective empty-hand control tactics against edged-weapons assaults-counter knife strategies. Be there! It is mandatory! ☛

Mike Gillette is Chief of Police for a city in Iowa. His experience spans more than 10 years in law enforcement with an extensive military operations background. Gillette worked various assignments as a Tactical Team Commander, Rangemaster, Patrol Supervisor and Field Training Officer. As a Use-of-Force Trainer, he taught officers and agents across the country. In the military he served in the 82nd Airborne and the 194th Long Range Surveillance Det. (Airborne). 515-795-2149.



Editor's Note: It's nearly impossible to live in the military and police world without growing familiar with the work of Charles Sasser, a former Green Beret medic, Miami cop and Tulsa, Oklahoma detective, and the author and/or co-author of 12 books and some 2,000 articles. Some of Charle's more famous works includes *First Seal* with Roy Boehm, and *One Shot, One Kill*. Sasser always offers an insider's look and a hands-on, you-are-there feel to his work, as with this selection from his memorable, *Shoot to Kill* – Cops Who have Used Deadly Force, published by Pocket Books of New York. Here, reprinted with Pocket's permission, is a short excerpt of a police officer in mortal combat, one of many in a must read book list of many similar stories...

Even as a Marine in Vietnam, Miles had never faced an enemy in hand-to-hand contact. He realized deep in his being, a realization that shot through his veins in iced adrenaline that he was fighting for his life. Like an animal, he gouged and clawed and struck out with every weapon his body provided. He tried to knee the guy in the balls; he dug his fingers into every available piece of enemy flesh, into every orifice. Few men ever know the full definition of savage. Somehow, the two uniformed men – the policeman and the bandit disguised as a security guard – remained on their feet. They careened off the hood of Miles's patrol car, bounced back from the trunk of Doc's. Miles locked both hands around the guard's gun wrist and violently whipped the

True Cop Stories

Shoot to Kill

arm back and forth to dislodge the pistol.

The gun received his full concentration.

A second bandit ran out of the bank and clubbed the officer on the head with the butt of another gun. Miles blacked out, dropped hard, dragging the security guard down on top of him. He felt loose chat on the concrete grinding into his back as his senses quickly returned. The bandit's gun was lodged between their struggling bodies. It went off with a muffled explosion. The muzzle scorched cloth and seared skin. The bullet striking Miles's bulletproof vest felt like a giant fist rammed into his gut. Dizzy from the fierce blow to his skull, gasping and out of breath from the fight and the gunshot, Miles clawed his Smith & Wesson 9mm semi-automatic from its holster. He shoved the muzzle into flesh and desperately jerked the trigger. The gun went off.

His enemy grunted, but held on.

Miles pulled the trigger again.

The goddamned thing jammed.

He kept pulling the trigger. Nothing. Just the two original gunshots still ringing in his ears.

The goddamned thing was jammed!

And the guy in the green uniform was about to get his gun free for a second shot.

That wasn't his most immediate problem. Miles became aware of a second man bending over him. He felt something tapping him on the forehead. His eyes filled with a black, deep hole the size of a railroad tunnel. The second bandit was attempting to press his gun muzzle against the policeman's forehead to administer the *coup de grace*.

Killed in the line of duty.

Screaming silently, his brain filled with the sound of his own shrieking, Miles thrashed his head from side to side.

The bandit's gun discharged. For the policeman, it was like a giant M-80 firecracker had gone off between his lips. For a moment he lost sight of the bandits, his vision filled with lights and colors he didn't know existed. He heard nothing for the ringing in his ears.

The side of his face was black with

powder burns and blood-sparkled from concrete chips kicked up by the bullet, which had jetted into the pavement an inch from his face. The security guard pinned the policeman to the parking lot while his partner tried again. Miles felt the cold steel muzzle pressed to his forehead between his eyes, felt the pushing as the gunman started his trigger squeeze.

Oh, God ... Do not go gentle into that good night ...

He propelled his head off the concrete as high as he could against the gun. At the last instant he flung his head to the side.

Another M-80 exploded between his lips. The .38-caliber bullet entered an inch below his left eye. It shattered bone and teeth and splattered the bandits with blood. Miles moaned and went limp.

Both bandits jumped up and ran, thinking they had killed the policeman.

Miles struggled back from blackness. He wasn't done in yet. The left side of his face was numb. On his belly now, and in spite of the pain, he looked underneath his police car at the fleeing bandits. His vision was blurred, red-filmed, and the two gunmen became about sixteen. The eight on the left wore green security uniforms, while the eight on the right wore nylon stocking masks pulled down over their heads.

The lieutenant aimed his pistol at the crowd and squeezed the trigger. Still jammed. He worked the slide free just as the gang disappeared around the corner of the bank heading toward the wide parking lot in front – and just as a third bandit exited the door of the bank. The third bandit snapped a shot at the prone policeman, trying his luck at killing a cop who just wouldn't stay down and die. Missing, this bandit fled in a direction opposite his partners. He caught a metro bus on the boulevard and escaped.

Miles never even saw this suspect, did not hear the gunshot. He had tunnel vision focused on the two who had held him down and tried to execute him. He scrambled from the pavement and gave chase, staggering a little from shock and loss of blood.

Carotid artery.

He knew he was dying, that he had about three minutes before he bled out and

collapsed. He would not go alone into that good night.

At the drive-in teller, the bandits attempted to commandeer the Lincoln Continental, but the people locked their doors and rolled up their windows. Just before the bandits could blast their way in, a terrible bloody apparition in blue with a gun in its fist lurched around the corner of the bank. Without hesitation it charged straight at the startled criminals gun blazing.

The bandits screamed. They returned fire, then bolted as the wounded policeman attacked directly into their muzzle flashes, stumbling and popping of rounds.

He would not be stopped.

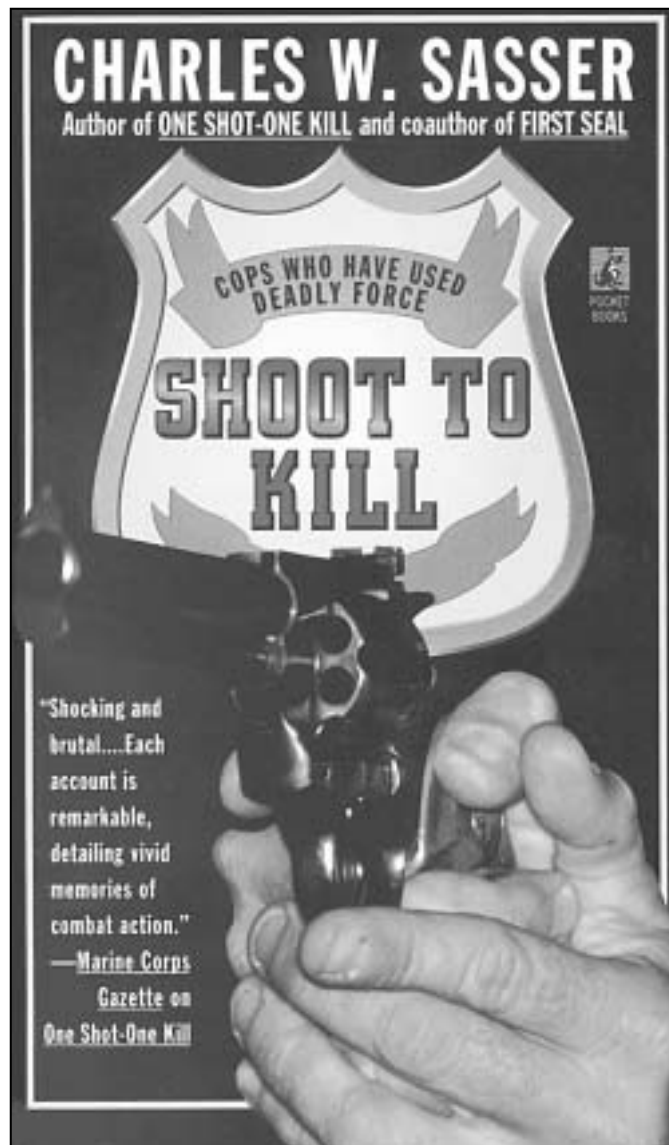
Lieutenant Miles had one objective in mind: *kill*. He was going to die, but he'd be damned if his killers ever received the chance for 40 legal appeals and eventual release on some legal technicality. The goddamned lawyers weren't going to settle this one. Miles could settle it himself in hot lead and blood, Right now. On this parking lot.

He lumbered and staggered after the bandits, shooting at them with his semiautomatic.

They returned his fire shot for shot over their shoulders as they fled toward a blue Mazda sedan parked on the lot near the boulevard. Their getaway car. The security guard had a .38 revolver cracking off rounds from each hand.

Functioning on instinct and training, the lieutenant ran over to a spindly little palm and knelt behind it for cover. He quickly slapped a fresh magazine of ammo into the butt of his 9mm. The tree trunk wasn't three inches in diameter, but it was the nearest thing available.

In the meantime, Doc, who the bandits had earlier taken by surprise and tied up inside the bank, slipped his bonds. The bandit left to guard him had gotten cold feet and abandoned his accomplices when the shooting started outside. That was the third suspect who took a shot at Miles before fleeing to catch a bus.



Doc still had his service pistol. Apparently, the bandits – Nicaraguan immigrants – had never seen a security holster before. They had tugged and jerked at the holstered weapon until Doc could have laughed at their efforts, but they finally gave up and left the pistol where it was.

Hearing the firefight proceed from the back of the bank to the front, O'Connell ran out the front into the bright morning sunlight that bathed the nearly empty parking lot. The first thing he saw was the two robbers running and throwing lead back over their shoulders. In hot pursuit was Lieutenant Miles, drenched in his own blood.

Fear for his friend's life lent speed and accuracy to Doc's shooting. Crouched on the bank steps, he fired his semiautomatic, weak hand supporting strong hand. The policeman pumped rounds methodically at

the two-gunned security guard and his stocking masked accomplice. Loaded with a fresh magazine, Miles's big 9mm rejoined the deadly symphony of death.

The bandits reached the Mazda, but that was as far as they got. Back against the car, the security guard made his last stand, both .38s popping. His partner threw himself into the car and onto the floorboard.

The superiority of police firepower in the crossfire shattered every window in the car sending shards of glass sparkling through the sun laced Florida air. Bullets punctured doors and hood with sharp metallic clangings. Sparks exploded from bullets striking metal. The policemen emptied their weapons. It was a "mad minute," like the times of free fire in Vietnam when Miles was with the Marines.

The security guard's body jerked and danced as lead ripped into his body. He dropped dead to the pavement with nine bullet wounds.

The shooting ceased. An abrupt silence. The second bandit, unscathed but frightened to near shock, had to be pried off the floorboard of the Mazda, like removing a cat from a screen door. Doc had him out on the parking lot face-

down and handcuffed by the time backup units began arriving.

Lieutenant Miles staggered up to the dead man and stood over him, looking down. It had almost been him dead on the pavement in the morning sun. He started trembling. Less than 10 minutes ago he stood watching the sunrise over the Atlantic. How quickly a life changed, how quickly and brutally it could end.

Doc encircled the wounded policeman with his arm to support him.

"It's over, partner," he said. "Dave, we need to get you to a hospital."

Miles blinked. He looked around. The bullet must not have severed his carotid after all.

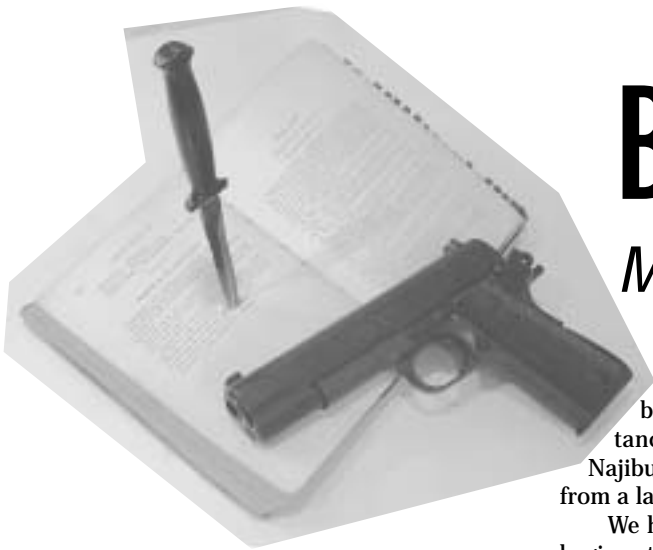
"I'm going to live," he said."

"Yes."

"I'm really going to live!" ☼

Battlefield Diary

Midnight Run Thru Khyber Pass



Editor's Note: The following excerpt comes from *War at the Top of the World - The Clash for Mastery of Asia* by Eric S. Margolis. According to Margolis, the remote province of Kashmir could be the next flash point for nuclear war. The book provides excellent insight into the geopolitical issues between India and Pakistan, and China and India and how they clash for dominance, all with a war correspondent's on the scene first hand accounts. Shells and bullets splash into the snows around Margolis as he lends a hand loading the Muslim guns. The excerpt picks up the author as he undertakes a dangerous midnight-run across the legendary, bandit-ridden, Khyber Pass on his way to Peshawar. (Reprinted courtesy of Key Porter Books of Canada.)

The bodyguards had been arranged through the long arm of my friend, Lt. Gen. Javid Nasser, director general of Pakistani intelligence. Two jeeps are necessary to protect one vehicle in between: an ambush often knocks out the lead or tailing jeep. The minute firing begins, the men in the second jeep can cover those in the first and the center vehicles with their fire.

Some miles outside of Torkham, I stopped to pay my respects to Abdul Haqu, the senior mujahedin leader of the region. We sat, Afghanstyle, on delicate carpets in a long room without any furniture save bolster cushions placed along the wall, where the commander and his lieutenants reclined. The mujahedin sipped sweet tea and discussed the day's fighting, which had gone well.

Abdul Haqu told me his forces were steadily outflanking the thick Communist defense lines around Jalalabad, which had for so long resisted their assaults. This heavily fortified city was the gateway to Kabul. Once it fell, the road to the Afghan capital would be open. The hated Afghan Communists were on their last legs. Now that their godless Soviet masters had fled Afghanistan, it was only a matter of time

before the holy warriors would break the last enemy lines of resistance, march on Kabul, and hang Najibullah, the Afghan Marxist leader, from a lamppost, Allah willing.

We headed off for Khyber Pass, which begins at Torkham. From there, I had to go on without my mujahedin bodyguards; they were banned from all Pathan tribal territory, including the Khyber Pass. So, too, were all Pakistani troops, except for the Khyber Rifles and the South Waziristan Scouts, who policed the turbulent Northwest Frontier from their high-walled medieval forts. An agent of Pakistani intelligence had warned me that Najibullah's Communist regime in Kabul had put a price on my head and had alerted tribal relatives among the Afridi to watch for my coming.

The Khyber Pass is a very narrow, twisting defile between 3,300-foot (1,006-m) peaks that begins, at its southern terminus, outside Peshawar, Pakistan. The pass then snakes north for 28 tortuous miles (45 km) over countless switchbacks and sharp curves to its northern end at Torkham, the first town one reaches in Afghanistan. Khyber is barren and bleak; its steep brown, gray, and black walls of broken rock and shale are devoid of vegetation or human habitation. The only sign of life on the pass is the large, rectangular fort of the Khyber Rifles, which high, brown crenelated walls and flag-surmounted towers lend it a wonderfully medieval flavor.

Though the pass seems uninhabited, Afridi tribesmen live atop the flat plateau on either side of the defile, and have made life miserable since the beginning of recorded history for merchants and armies seeking to transit

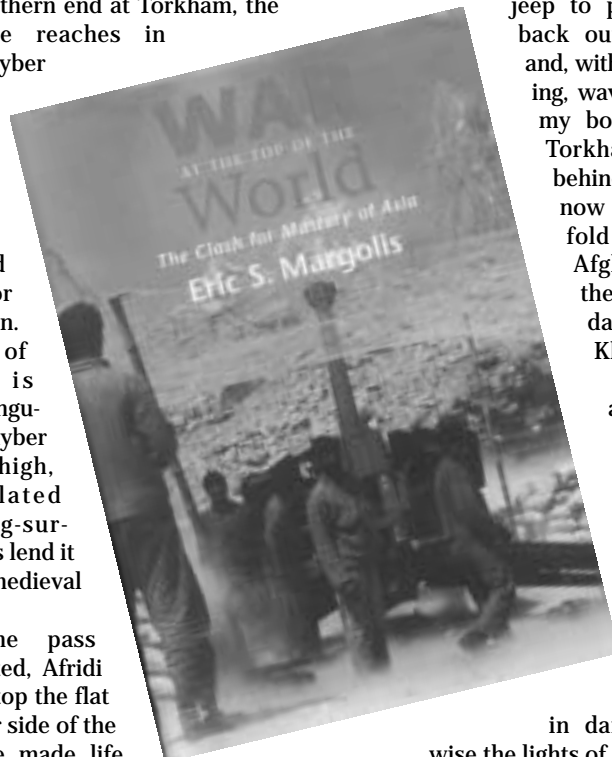
Khyber. Alexander the Great and his Macedonian hoplites battled the Afridi when crossing Khyber in 324 BC, on their way to invading the rich plains of Punjab. Every invading army since then has pushed south through the fabled pass, from the early Aryan invaders of India; the Turkic-Afghan army of Mahmud of Gazni; the Mongol "Tumans" of Timbur the Lame; to the horse armies of Babur, the Mongol conqueror.

The armies of India's last invader, Britain, marched north through Khyber on their way to seize Afghanistan, battling the Afridi every bloodstained foot of the way. During the ferocious Afghan Wars of 1838-42 and 1878-80, battles between British forces and Pathans—mainly Afridis—raged the length of the pass, as well as at its southern and northern entrances. Afridis became rightly known by their British foes as among the bravest, and certainly the cruelest, of the notoriously cruel Pathan tribes.

The steel barrier gate at Torkham swung open to allow our jeep to pass. I looked back out the window and, with a sinking feeling, waved farewell to my bodyguards. The Torkham gate shut behind us; we had now left the manifold dangers of Afghanistan for the even greater danger of the Khyber Pass.

My driver, a young Afghan named Ahmed, extinguished the Toyota's headlamps. It was necessary to make the run by Khyber

in darkness: otherwise the lights of our jeep would be visible for miles as we twisted and turned down the serpentine pass. Pakistani regulations did not allow us to carry



automatic weapons, or, for the matter, even rifles—certainly a curious prohibition in a region where even 12-year-old boys went heavily armed and Afghans treasured their guns, placing a higher value on them than on their wives. Our protection consisted of one revolver and two automatic pistols. I cocked my 9mm, made sure I had a second clip handy, and wished mightily for an AK-47 and some grenades. We felt naked, and terribly vulnerable.

Ahmed accelerated to 70 miles per hour (113 km/h). Speed would have to be our main protection. The jeep roared around the treacherous hairpin turns of the grim Khyber Pass, illuminated only by the weak moonlight, which was often obscured by thick, low-lying clouds. We swerved with neck-breaking force to avoid rocks that had fallen onto the road. The steep black walls of the pass seemed to be closing around us. One turn taken too quickly and the jeep would go into a fatal skid, plunging off the cliff into the dark abyss below.

After what seemed hours of death-defying driving, which was probably only about fifteen minutes, we heard bursts of automatic gunfire. We kept up our headlong descent of the pass. Once at a particular sharp turn, we came within inches of driving off the road. Falling rocks crashed into the top of the hurtling jeep. We paid them no attention.

As we rounded a curve, we saw a cluster of shadowy figures standing on the

blacktopped road and along its shoulders. They were holding rifles and AK-47s and were very likely preparing to ambush us, but our speed was such that the jeep was on them before they could even aim their weapons. The surprised ambushers scattered out of our way; we may have hit one or two, for I felt a strong jolt as we passed them, accompanied by cries. Shots rang out behind us, as the angry tribesmen opened fire at our jeep, but by then we were rounding another bend in the road, and soon lost sight of the Afridis – if that is what they were. It was impossible to know whether these were the tribesmen Najibullah had sent to kidnap me or simply ordinary bandits—local tribesmen attempting to collect an impromptu road tax from whatever passing vehicle they might manage to stop.

I told Ahmed to slow down somewhat; better to shoot our way through another roadblock than go off the road into oblivion. If only we had our bodyguards, I mused, and a few RPG-7 antitank rockets—they are so handy for blasting one's way through roadblocks.

We hurtled through the night. The jeep jolted violently, throwing us around the inside. I kept one hand on the dashboard and the other braced against the roof. I was afraid the shaking might make the pistol tucked into my belt accidentally go off. The Toyota skidded over a wet section of the road, lost traction, nearly rolled over, and then righted itself.

Only the thought of falling into the hands of the vicious Afridis kept me from agonizing over the multiple dangers of our wild plunge down the winding pass. A relatively quick death caused by flying off the road or hitting a fallen boulder seemed much preferable to ending up an involuntary guest of the Afridis and then the Afghan secret police, both of whom had an unrivaled reputation for cruelty and sadism. My companions clearly shared my views. We hung on grimly, flying down the curves of the pass, tires smoking and squealing, pistols cocked, ready at each new corner for another ambushade.

About an hour later we saw a bare light bulb ahead of us in the darkness then a wooden barrier across the road, then a uniformed turbaned sentry. We had reached the first checkpoint of the renowned Khyber Rifles. The guard saluted smartly as we drove through.

A little while later we rounded a corner and saw, spread gloriously below us, the twinkling lights of the frontier city of Peshawar – and safety. Armies since the beginning of time had marched down the Khyber Pass, but we may well have been the first to race through the pass in the dark of night. Ahmed looked at the city lights of Peshawar, gazed back at the dark mouth of the sinister pass, and spoke for all of us: "Allah be praised. Truly, it was His hand that guided us this night." ☼

Feed the Machine

The old saying, "you are what you eat" is inaccurate, according to Dr. Stephen Cheriske, a biochemist and nutritional expert. He tells us we are actually what we digest and absorb! Conditions that interfere with nutrient absorption include pancreatic, gallbladder and liver disorders, food allergies, intestinal irritations or inflammations, lack of exercise, inadequate stomach enzymes, medicines, even stress.

Cheriske also advises that the age-old solution of a "well balanced diet" is no solution. Not only might these physical maladies thwart the consumption and absorption of healthy food, the food itself can vary in quality. Random lab tests of foods across the country revealed that one orange contained 116 mg. of vitamin C, while another in a different state contained barely a trace. One carrot provided 1850 mgs. of vitamin A another only 70.

The answer? Shopping more frequently can help. In most cases, the longer a food has been picked, plucked, uprooted or simply sitting on the shelf, the fewer nutrients it will have. Purchase only the freshest produce. Read expiration dates on cans, boxes and bottles. Better yet, check out your local farmer's market or plant a garden. Consider planting a few tomato and squash plants in your flowerbed. And always take a good quality supplement. A healthy well-nourished body is always the most valuable asset in a life or death situation.



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Scuttlebutt

Oops!

The Defense Department says, for almost 50 years, as a result of a clerk's error, it over reported the number of Korean War deaths by nearly 50 percent. As a result, it revised the number of US troops who died in the 1950-1953 war from 54,246 to 36,000. The higher number resulted when a worker accidentally added all non-combat deaths worldwide to the number of combat deaths in Korea.

Amin Still Keeps a Cool Head

British Intelligence recently released information on Uganda's former dictator, Idi Amin. The overseer of some 500,000 killings during his reign from 1971 to 1979, Amin now resides in Saudi Arabia. Brit Intell reports Amin is "bone stupid from the neck up," but a splendid rugby player. Amin rests calmly in a nation that has beheaded 52 citizens from January to May for rape, robbery, murder and drug manufacturing.

Indo Ramifications

Australian Army soldiers tell *CQCMag* that many recent troops dispatched to East Timor have returned suffering from malaria. The Aussie Army promises \$10,000 to each person who contracts the disease plus a medical card for lifetime future treatment.

"I Feel Your Pain! I'll Give You Pain... But, I Feel Your Pain!"

In an effort to increase army recruitment, DOD plans to send drill sergeants to serve in regional recruiter offices throughout the US. "Kids are not as afraid of coming into the army as they are afraid of...basic training," reports Lt. Col. Mark Bounds.

Berets Tighten their Web Belts

The US Army Special Operations Command reduced the number of Green Berets it throws into a fight to only five operational detachment A-teams due to manpower

shortages. A-teams operate behind enemy lines conducting guerilla warfare missions and organizing and training civilian armies. "Lack of bodies is not the real problem," a Ft. Bragg, Green Beret told *CQCMag*, "The Qualification Course is long and extremely difficult. We will get back up to strength."

Who Knew What, When?

Shocking news about the WW II Holocaust! Scholastic researchers discovered the British OSS and US counterparts knew of Jewish genocide in the fall of 1943. Specifically, they had time to warn 8,000 Jews in Rome that Germany had ordered their round-up and execution.

More Going...

An estimated 1,200 Georgia Army National Guard prepared to deploy to Bosnia in June 2000.

Colt Shot Down

Colt learned last week it lost its crucial role in making M-16 rifles for US soldiers. Instead, the Belgium company FN Herstal earned the 50 million/five year contract. Reason - Colt didn't offer the best value.

US Air Force jets bombed air defense systems in northern Iraq for a third consecutive day May 31, after coming under Iraqi artillery fire 31 May 2000. The US has enforced no-fly zones in the country since 1991.

Who Ya Gonna Call?

The Finance Ministry in Indonesia suddenly moved their offices to another building. Officials say apparitions appearing in hallways and rooms and haunting the building brought about the relocation.

Semi-Mercenaries Wanted!

The Canadian government, in an effort to relieve the strain of peacekeeping commitments around the world in places such as in Bosnia, began using civilian contractors to staff cooks, electricians, electrical engineers, firefighter and other non-combative

positions. Salaries are high and often include housing. The US and Great Britain have done this for years. Several quasi-military U.S. business corporations hire veterans to go overseas and teach foreign soldiers a variety of combat skills, anything from marksmanship, logistics, intelligence gathering, to tank repair.

Support Bras

Speaking of Canadian support issues, their women soldiers don't want Army issue bras, but they do want reimbursement for bras they buy. "There's such a range of size and shape to woman," reports Major Linda Bossi, ergonomist officer in charge of bra research to the Canadian media. The Army will pay for four bras a year, plus four more if the female soldiers go overseas.

This Deck is Cleaner

The US Navy hopes to shorten labor with new paints and floor coverings. Sailors can forgo buffing and waxing once ship surfaces are treated with this new protectorates.

Surviving

Officials warn Marines who consider taking that one million dollar shot at CBS's *Survivor II*, scheduled to be shot in Borneo that a lengthy appearance would require special permission and leave from active duty, and any approval would be based on current duty assignments.

Famous Quotes

"It's not that I am afraid to die. I just don't want to be there when it happens."

– Woody Allen

"Everyone imposes his own system as far as his army can reach."

– Joseph Stalin

"I tell you Wellington is a bad general, the English are bad soldiers. We will settle the matter by lunchtime."

– Napoleon Bonaparte

Buffalo Nickels *Ask Buff!*

Editor's Note: The always shocking, frequently bizarre Buff is out of control and CQCMAG takes absolutely no responsibility for what he says and may God help us all...what he might do. Since the days of the old Congressional Edge – the precursor for CQCMAG – Buffalo received more mail and comments than any other feature. This mail includes questions and comments. We thought it appropriate from time-to-time to let Buff respond to these enquires and allegations.

Question & Comment:

Buffalo Nickels, or whatever your real name is, you are an unholy and disgusting representative of the US military. What you say and how you think are far from a positive role model. I think your disrespect for life and society and your constant gutter vulgarity is an utter disgrace!

Buffalo Nickels:

Fuck you. Next question.

Question & Comment:

Hello, Mr. Nickels. You recently wrote that the US Army has trained you in mountain and cold weather survival. We always hear a lot about jungle survival and hot weather. What are some of the problems high up in the mountains?

Buffalo Nickels:

The US Army has sent me to cold weather training and cold mountain climbing schools in the Rockies, England and the Alps. Not that, "Tom Cruise, MI-2, no-ropes, tight biker shorts-hanging off a cliff with one hand, bullshit. The other day, I saw the video cover of the movie "Cliffhanger" with Sly Stallone. Wanna-be is wearing a cute little ballet, stretch pant/tank top suit, hang-

ing off some cable, damn near in outer space? Anything to show a deltoid, huh? Pretty boy bullshit. It's really tough up there. Not only is it cold, it's tough on your body and your mind in other ways.

The thin air can cause balance problems, not a good thing when you're traipsing around on a jagged edge. Look up, look down and the white world is a blur. Your eyes have to get use to it all. Snow blind is a term that means blowing snow and just the sun reflecting off the snow that makes your eyes ache straight to the brain. Foster Grants anyone?

I use to have a feeling of the water in my eyes freezing. Scary shit! You are also closer to the sun, so it seems brighter and at times *it be* hot in a funny, confusing way.

The lack of oxygen can give you a throbbing pain in your head and make your lungs ache. I heard stories that these thin air problems can crack a man's rib! This affects your sleep. Makes you restless. Causes you to puke. Then there is constipation. Who wants to take a shit in 20 degree below zero wind? The family jewels become mere little trinkets that nobody will trade with back in the village. Condensation freezes on the inside of your tent. A cup of coffee quickly becomes some cold, yuppie, ice mocha java drink.

Body piercing and high-altitude climbing is out, by the way. The decorative metals become cold, and this travels into your skin, especially if you are like those real hip dudes that have their livers pierced, or their kidneys studded. I'd love to help out a body pierced, mountain climber dangling for his life on the edge of a precipice... I'd reach out with a clip and say, "Here, can you grab

this?...oh, no? Can't let go? Well let me hook the ring in your nose, hardware-mutant boy..." Just kidding. I think body piercing is just fine, my fucking bayonet in your skin, hippy freak tattoo boy! Anybody that puts a stud in their tongue,



nostril, dick, ball or otherwise needs to be deported to a place where they just invented fire. Someplace where they can play catch-up with evolution!

Helicopters can have trouble flying and lifting heavy loads in high altitudes. Being high up can jack up ALL your equipment. Imagine my disappointment at 30,000 feet when my Merle Haggard tapes wouldn't play in my Walkman. My one piece of entertainment! Merle was singing you see...then he startled slowing down, like he was drunk, like he was dizzy on the heights too, like I was! Then there came the garbled scratching sounds, like the talent less boob rap singers who spin their records in the reverse direction, to create those worthless screeching noises that entertain mindless, uneducated idiots – I cried out "Merle!" into the windy night. In my high altitude stupor, I saw Merle being ambushed by Snoop, Doggy Style! I reached for my gun...then got control of myself. Well, the cold can do that too, but the altitude alone can shut things down.

Glass and mirrors can break under the slightest pressure. If the glass in the hot sun, like a window...if under the sun, glass can be hot even in the coldest weather.

I never did sleep in one of those cliff bags that you hang in. Just can't get warm and cozy in a swinging sack. I need at least one cheek hooked on something that is connected to something at sea level. Swaying in the air without a parachute does not turn me on. ☺



"Buffalo Nickels is a retired US Army special forces operator who does occasional consultant work and wishes to remain anonymous so he may put in his 5 cents worth on life, liberty and the pursuit of whatever he sees fit."



World Watch

Kenya, Africa Watch: Trouble in Paradise

THE NEW YORK TIMES reports big trouble in Kenya. Roads stand in ruin, telephones barely work, and the school system teeters on the verge of collapse. Foreign investment has fallen 500 percent in the '90s. Major donors like the US have all but ended aid to the country. The International Monetary Fund has suspended its 220 million-aid program complaining about corruption. Unemployment stands at 45 percent and 84,000 of that figure consists of tourist-related jobs. The infant mortality rate soars higher than ever, and life expectancy is the lowest in decades. Kenyan newspapers complain women suffer rape in broad daylight, muggings go unnoticed and murders take place with relative impunity. As in many African nations, violent carjackings occur daily.

Disputes over land between violent tribes often involve automatic weapons. The coffee and tea industries, which along with tourism were national economic stabilizers, declined sharply due to corrupt and inept management. The root cause? Many international experts target the same old fascist problem—a corrupt one-man regime. As President for more than 22 years, some say Daniel Moi has run his country into the ground, fermenting ethnic black on black violence and tribal bloodshed. Hired thugs beat up opposition lawmakers. Then police move in to arrest the victim lawmakers. Politicians are murdered. Canadian business/sales rep Pierre Long—who tries to do coffee business with Kenya, told *CQCMag*, “Don’t send your grandparents over there to look at the pretty tigers. It’s not Disneyland!”

CQCMAG stands watch where conflicts may begin and explain why we must train to prepare for them.

Ethiopia, Africa

The two-year borderline war between Ethiopia and Eritrea is often described as the most deadly in the world,

fought on terrain of little consequence while millions of people in both very poor countries face starvation. “It’s a very old fashioned war,” said Ian Fisher of Nairobi News Service, “Armies line up in trenches and do battle in close quarters, in contrast to the remote control technological wars we favor these days. Military analysts in Addis Ababa reported to the Associated Press recently that the Eritreans barely hold their own. They were once successful guerrilla fighters during their 30-year struggle against the past emperors and regimes, but now they are forced to fight a conventional war and ‘they didn’t have a clue.’ So far the body count totals 20,000 soldiers with few reports of civilian losses. A frustrated UN Security Council mission left the region with no new agreements to end the fighting.

Disease Watch, Africa

US Agency for International Development and the United Nations reports AIDS is fast becoming the most efficient killer of young adults, surpassing the Black Plague, world war and famine. In four African countries, including Botswana and Zimbabwe, at least HALF of all their 15-year-olds will die of the disease.

Moluccas, Indonesia Watch

Once known as the famous “Spice Islands” an archipelago just northeast of Jakarta, and just north of Australia is suffering from religious violence between its evenly divided population of Christians and Muslims. Few outside the country know of the 18-month attacks and counter attacks featuring every type of weapon from rifles to swords and knives in close quarter combat. June 19th, Muslim fighters attacked the Christian village of Duma in a wave of military and civilian vehicles and foot assault, leaving 158 dead and 300 buildings aflame. To make matters worse, 67 refugees fleeing Duma drown on an overcrowded ferry in rough seas.

The emasculated Indonesian military units stationed there, armed with light infantry equipment, were outnumbered and did little to repel the attack. Investigations

of prior East Timor military atrocities have allegedly made the Indo Army timid to act. US Marine Embassy personnel report to *CQCMag* that protesters often fill the streets in front of the embassy asking for US and UN intervention.

Colombia Watch

The cost of Colombia’s internal drug war staggers the imagination. In the last 15 years, the drug cartels and their financed rebel army associates used some 200 bombs (half of them as large as the one used in Oklahoma City) to blow up cities and citizens. An entire democratic party, some 3,500 members of the Union Patriótica, have been eliminated along with four presidential candidates, 200 judges and investigators, half of the Supreme Court justices, 1,200 police officers, 151 journalists and more than 300,000 Colombians murdered. Hundreds of foreign citizens are taken hostage annually. Hit men receive \$2,000 per cop they kill. Drug lords even financed the passage of a constitutional amendment by their Congress prohibiting extradition. Talk continues about tactics to combat the problem and many look to the United States for money, but insiders feel no end in sight as long as a market for cocaine exists.

Great Britain

Vera Atkins of Great Britain recently died at age 92. Reportedly, Ian Fleming used her as a role model when he invented Ms Moneypenny for the James Bond series. In real life, Atkins played a more active role than her literary and screen MI counterpart. She trained and coordinated a network of nearly 500 British spies—39 of those spies were women who parachuted into Nazi-occupied France during WW II to sabotage the Germans. Near the war’s end, when 118 of her spies did not return, she ventured into Germany herself to find them. At the end of the war she amassed evidence to help charge many of their killers with war crimes.

Concerned Rogues

US Secretary of State Madeleine Albright announced we will no longer refer to the phrase “rogue states” when talking about North Korea, Iran, Iraq, Pakistan and others. The politically correct term “states of concern” will take its place.

BackCut

Duel to the Death

By Dwight McLemore

NOTE: I spend some of my time researching old newspapers for stories on edged weapon fights, crimes and duels. I found the story of this duel between Pedro Tastra and Julian Pages described in detail in the Sabine & New Orleans Delta Press of 1852.

The parties assembled in late afternoon on the banks of Lake Pontchartrain. Pedro Tastra and Julian Pages had decided to settle a business dispute with cold steel. The arrangements for this duel generally followed with the protocol of the time except the parties had chosen knives as weapons. The year was 1852 and this was one of the last duels in the long bloody history of New Orleans where any excuse for a fight was good enough.

As the "seconds" (a term used to describe assistants, referees, witnesses or in some cases-replacements) took their places, the opponents approached each

***Openings
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other. Tastra removed a large Spanish, folding-clasp knife from his belt. He took pride in the ominous clicking sound it made as he locked the Navaja big blade into place. Pages, a Creole from New Orleans, observed the light fast weapon of his opponent as he slowly withdrew a big Bowie knife from its sheath. Tastra's reaction was immediate; turning to the seconds he complained that the size of his antagonist's knife gave him more advantage than he had with the smaller folding weapon. To everyone's astonishment, Pages smiled, stepped up and handed the Bowie over to Tastra and reached for the Navaja. Tastra relinquished his folder, balanced it in his hand, looked up and stated that he was prepared to fight.



In medieval Europe duels provided a legal method of settling disputes. By the 16th century the practice had largely ceased, but dueling with swords or pistols, often with elaborate ritual, continued unofficially in aristocratic and military circles in Europe and the US until the 20th century. In some German universities exclusive dueling clubs to settle quarrels continue to this day.

The duel began with the usual cautious circling, both appeared evenly matched in terms of physical ability and speed, followed by a series of fast engagements of combat that left both men with mangled arms and slashed ribs, but as the fight continued the sheer weight of the heavier Bowie began to affect Tastra's timing. Openings for attack were few among the motions of these skilled fighters. Pages adjusted quickly to the lightweight Navaja and found his cuts just as effective as those from his massive Bowie. But, for a split second Tastra adjusted the weight of the

Bowie in his hand and dropped his guard. Pages slashed into Tastra's neck severing the carotid artery. Pumping blood, Tastra staggered backward and fell, struggling on the ground. He attempted to draw a pistol, but the sudden blood loss was too much. Tastra died where he fell in well less than a minute. Pages recovered his Bowie. If there is a lesson to be learned from this foolish encounter it is to fight with the weapon you're accustomed to! Also, try to train with a weapon or simulator that is a bit heavier. It will improve your grip and your speed. ⚔

Easy as Riding a Bike

By Ron Goin

As a combative arts instructor, my primary goal is to teach my clients necessary personal protection skills and how to apply these skills in an emergency situation. In modern combative arts training, the concept of muscle memory is a key ingredient to reach this goal. Simply stated, muscle memory means in a crisis, an individual does what he is trained or conditioned to do. Muscle memory, or what many call refined reflexes, involves physical responses based on repetition that seems to bypass thoughtful, cerebral activity. As individuals learn new skills and practice these skills until they become second nature, they begin to integrate them into their muscle memory.

I explain to my clients that danger, real or perceived, triggers a powerful natural response or what I refer to as PAR, the Protective Action Response. The PAR is the fight, flight or freeze reaction one experiences when faced with a sudden, powerful stimulus. It is highly influenced by training. Take the sound of a gun, for instance: A runner may associate the sound with the start of a race. A soldier or cop may associate the sound with danger and may drop and head for cover. But an untrained individual might simply flinch or freeze at the same sound. These initial, split-second reactions are perhaps the ones most influenced by training. With wit and determination, humans can survive amazing catastrophes, but what they do in the first few seconds of an emergency situation may be the most critical. If the person practices the proper skills until deeply ingrained into the muscle memory, he or she greatly increases the odds of survival because it is the last, best defense against the sudden ambush of criminals and enemy soldiers.

I frequently use the analogy of learning to ride a bicycle as a teaching tool to explain the concept of muscle memory. When we first try to ride a bike, it may feel

awkward and uncoordinated, but we eventually learn the balance and fluid motion required of this rather unnatural activity. In fact, once learned, the skills become part of our muscle memory. We usually don't read a book, attend a seminar, or watch a video in fact, we really don't spend much time with theory, mechanics or physics. We simply hop on. There is no muscle memory at first. We're a blank slate. To learn to ride a bike, or to learn any new physical skill, we tend to naturally follow the ABC's of learning:

A for Anticipation – Most kids can't wait to get a bike, and when they finally get one they itch to take it out for a test spin. They tell themselves that they've just GOT to ride that bike. Without the proper motivation, they're probably not going to succeed.

B for Belief and Visualization – Before they actually try to ride their bike for the first time, they usually visualize themselves riding it. It may sound cliché, but if they don't believe it, they won't achieve it.

C for Commitment – This is the moment of truth - the anticipation is over - it's time to take the leap of faith.

D for Determination – No matter WHAT, they keep trying until they've got it right.

E for Experience – Through small, successful attempts, they begin to build the event into their minds and bodies.

F for Failure and for Fine Tuning – Minor failures result in corrections and compensation, or fine tuning until the movements become smooth and precise.

G for Growth – Taking chances and calculated risks, following a natural progression from easy to more difficult, helps to slowly and surely expand their comfort zone.

Learning to stick fight, throw a kick or defend against a knife are far more natural than bike riding, in that generations of humans found it necessary to defend themselves and train others to do the same. Also these motions can be very simple and familiar. In my classes I like to see what an untrained individual does when faced with a sudden, unexpected attack. I'm frequently impressed when new students, with little

or no formalized training, do some very sound things. They move to a balanced position, they cover, they duck their heads by bringing their chin down and shoulders up, and they turn to an oblique angle to make themselves smaller targets.

When teaching new skills, I try to build on these natural reactions. I emphasize the ABC's etc. of learning, motivating the student to improve skills until the movements become instinctive. I help them to move closer and closer to the edge of chaos by increasing the intensity and by inserting elements of surprise and confusion. I enjoy guiding them in refining their experiences and enabling them to build correct muscle memory. ☸

Ron Goin is a combative arts training instructor, and a certified Scientific Fighting Congress Instructor.



Here Ron (left) practices repetitions of CQC invading hands.



Street Fighter's Training Notebook

Punching: Forearm Positioning

By Major Leland Belding

When throwing a punch, your forearm will end up in one of two positions; elbow up or elbow down. Each position has certain inherent strengths and weaknesses, which we will discuss. The elbow up position occurs when throwing your typical boxing-style punch. The corkscrew or overhand punch is a perfect example. When this punch is delivered, the trajectory and rotation of the fist will cause the alignment of the elbow to rotate out, away from the body. This is a powerful punch because of the momentum generated as the arm travels to its fully extended position. It also has the ability to arc around the opponent's guard to connect with the head. The weakness of this punch is that it leaves the center of your body open for attacks, such as a straight counter-punch to the head or a bob and weave hook to the body. If the opponent has a knife in their lead hand, the elbow up position leaves the opponent's arm unencumbered and it can maneuver freely for any attacks to the body or limbs.

A vertical style punch will maintain the elbow in the downward position as the punch is executed. This elbow down position creates a barrier between your torso and the opponent's limbs. As you throw the punch over the top of the opponent's lead arm, your forearm functions as a wedge, driving the opposing arm down and even momentarily trapping it against the chest. The forearm-to-forearm contact also provides you with tactile feedback on the opponent's position and counter movements.

The elbow down, vertical punch is best thrown from a close or medium punching range where a bend is maintained in the elbow and contact is maintained with the opponent's limb. This technique has increased effectiveness when thrown against a taller individual because of the more acute angle relative to the person's body. Although this punch may not be as powerful or have the same reach as the overhand punch, you may generate a surprising amount of force by driving upward and forward with the legs. You may also get



Counter Punches



Hook Counter Punches



Overhand Punches

the same reach by sacrificing the cover provided by the elbow down position and fully extending the arm.

Another common punch utilizing the elbow down format is the uppercut. With

this punch, the attack is delivered from underneath the opponent's guard. Although it does not necessarily provide you with any cover, it does provide a means of attack that is hard to detect or block.



Uppercut Punches

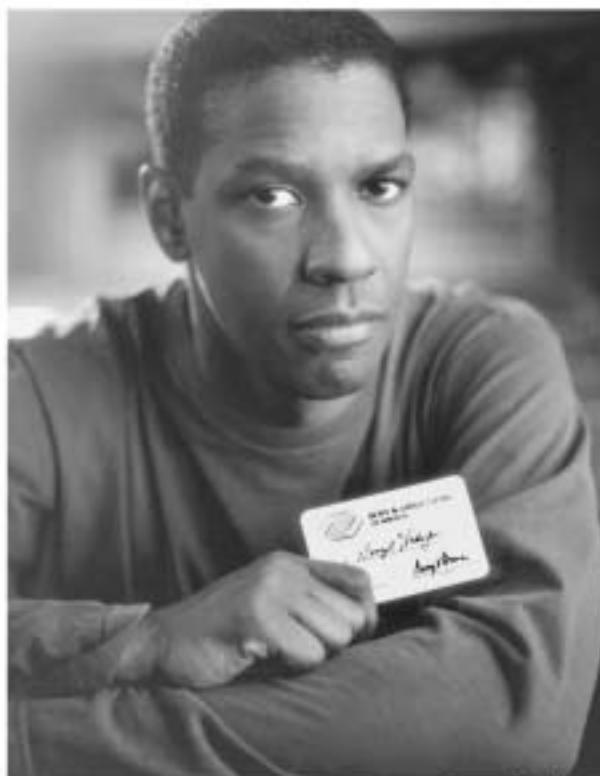


Vertical Fist Punches

This punch is also a close range technique like the previously discussed vertical punch.

Both forearm positions have their uses, but for the close quarters battle, the elbow down position provides the best combination of attacking the enemy while simultaneously interfering with their ability to counter attack. ☸

Leland Belding earned Black Belts in several SFC divisions. He teaches in Cedar Rapids, Iowa. 319-351-6628.



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The VanCook View

How to Choose a Defensive Knife

By Jerry VanCook

Several *CQC*Mag readers have written in to ask the question, “How do I choose a daily carry knife or knives?” Okay, that’s a lie. NOBODY has really written in and asked that question. But I do get quizzed on this subject fairly frequently, so I thought I’d give you the “VanCook View” on choosing steel, and then you can do one of two things: 1) Say to yourself, “You know, the old man just might be onto something there,” or 2) Rip this column out, flush it down the toilet, and read the rest of the magazine.

It’s up to you, and as we continue in the months and years ahead, you’ll find that not only do I not expect everyone to agree with me on everything, I’d be a little disappointed in anyone who did. If you take ANYONE’S word as unquestioned gospel in a field as complex and abstract as close quarters combat, you aren’t thinking for yourself. And people who do not think for themselves are not people I want backing me up in tight situations.

There are several important criteria I use in choosing carry knives, and the first is to determine exactly what role I see the knife playing. Far more often than not, I carry a gun as well as a knife. This means the knife is relegated to the role of backup. (There are exceptions to this rule like all

others. Like maybe a crowded room of innocent people, etc. . .) But while I have a gun most of the time, I don’t have one ALL the time. I don’t have one on airplanes, or traveling outside the U.S., or sometimes even in strange cities within this country where I decided to fly fast and didn’t have time to go through all the bureaucratic red

***So I never carry
a big knife that is
slow to present
without also
carrying a small
fixed blade on
my belt.***

tape of checking them through at the luggage counter. At times like these, a knife becomes my primary means of self-defense. And that’s the point I want to make here — no matter who you are, what you do for a living, and how many licenses, permits,

commissions, and “get out of jail free” cards you may think you have, you aren’t likely to have a gun with you all of the time. Think about that.

The second important thing to consider when choosing defense knives is accessibility and speed. Can you get it out fast? I mean, **REAL** fast? You see, the wolves of the world don’t stop a hundred feet away from you and howl their intentions at the moon. They weasel their way well inside that proverbial 21-feet we talk about all the time and when an attack comes, it’s almost always unexpected, aggressive, and dirty. In fact you’d better have a few pretty good empty hand techniques up your sleeve — you may have to ward off the attack with feet and fists in order to create a window of opportunity to bring your blade into play. I once heard my good friend, knife-designer Laci Szabo, tell a group of students, “I’d rather have a dull butcher knife I could get to quickly than the most expensive custom fighting knife that was slow.” (And this from a guy who designs some of the very best fighting knives in the world!) I agree with that statement 110 percent. For practical self-defense on today’s streets, speed of draw may very well be the single most important aspect to consider. So don’t just choose a knife — choose a knife/carry sys-



Large knives provide psychological intimidation as well as excellent striking power and penetration. However, they are hard to conceal, sometimes awkward to draw and almost impossible to explain to a judge.



Folders are easier to conceal and draw quickly, but it takes a moment to extend the blade. In the interim, they function well as blunt weapons to execute a variety of strikes.

tem that puts the blade into your hand fast. With Kydex and Concealex and other form-fitting space-age plastics readily available today, there's simply no reason in the world not to have your defensive tool where you can get to it quickly.

The whole "speed issue" is also something to consider when trying to decide between folders and fixed blades. Folders are extremely convenient to carry, and some open very fast. But they still have to be opened, and this is an additional step that takes time. It is also the step most likely to be fumbled under stress because it employs small motor skills, which tend to go south as the heartbeat rises. That said, there are times when a folder is indeed my primary knife. When this is the case, I change my mindset slightly and think of the thing clipped to my pocket as a yawara stick [palm stick], which I may, or may not, have time to turn into a knife. A good hard strike with the closed folder can be awfully effective in and of itself, and should at least create that window of opportunity we spoke of earlier.

In relation to small versus large fixed blades, assuming you are carrying concealed (and unless you're in some kind of rural area this is pretty much a given) the rule of thumb is that the bigger the knife, the harder it is to hide, and the slower it then becomes to draw. Don't get me wrong. If I knew I was going to have to defend my life with a knife, and could have it in my hand, I'd choose a full-sized Bowie. But when I do carry a knife of this size, I find the only practical way to conceal it is across my back and this does not provide for a very fast draw. So I never carry a big knife that is slow to present without also carrying a small fixed blade on my belt. The small-to-medium blade comes out quickly in the reverse grip, and while it doesn't have the length or power of the longer weapon, at least it's THERE. And once again, I'm creating another window of opportunity — after the little knife has done what it does so well, if there's still a need to do so, I can reach for the Bowie.

Which brings up another important aspect of choosing carry knives. Legality. Don't worry; I'm not about to start preaching that you should always obey all of the asinine weapons laws on the books. I don't give advice one way or another when it comes to things like that — it's a personal

decision and it's up to you to decide what's right and wrong. But what I would advise you to do is ask yourself this: Does the illegal knife I'm considering carrying possess enough added benefits over one that would be legal to be worth the risk of getting caught with it? Laws differ tremendously from one jurisdiction to another, and you should acquaint yourself with those that govern the areas where you live and work, as well as any place you plan to visit. Then weigh the chances of getting caught carrying an illegal weapon (which are pretty slim if you show some common sense, discre-

tion, and don't break any laws) against the consequences and potential penalties if you do. Figure into this equation what the realistic odds of an attack are likely to be. Then make your decision in regard to this legal/moral issue. But also keep in mind how it may look in court later if you actually are forced to injure someone in your own defense. Like I said, if I have to defend myself with a knife, there's nothing I'd rather have in hand than a great big Bowie. On the other hand, if I have to go to

court, it would be awfully nice if my defense attorney could hold up this little tiny thing with the plastic handle and say, "Ladies and gentlemen of the jury, this is what my client was forced to use to save his life — this itty bitty pocket knife with a picture of a cartoon spider on it called a 'Delica'." Of course wanting the Bowie during the incident and the Spyderco Delica in court is a perfect example of "wanting to have your cake and eat it too." But it's the kind of dilemma that makes life interesting, I guess.

So long until next time — Be nice, but be tough too, and we'll see what I'm on about next time. ☺

A well known author of more than 40 books, **Jerry VanCook** also is an instructor in Okinawan karate. He has studied Aikido, Thai Boxing, Kung Fu, Kali, and is a Rokudan (6th Degree Black Belt) in Bel-Koku Aibujutsu. In 1998 he was inducted into the World Head of Family Sokeship International Martial Arts Hall of Fame, and received their "Writer of the Year" award. His titles include **Real World Self-Defense** and **Going Undercover**. VanCook spent 14 years in law enforcement with the Garfield County Oklahoma Sheriff's Department, a federally funded undercover task force.

The whole "speed issue" is also something to consider when trying to decide between folders and fixed blades.



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The Bouncer

The Inside's Where It's At!

By Joe Reyes

About eight years ago, I worked a small local pub called The Side Door a.k.a. The Side Dump. They should have had a revolving door because I had to wing people out all night long. The clientele was so poor there were more stolen 10-speed bicycles outside than cars. One night in particular I was working the door checking ID's when I saw a few people gathering by the window saying, "Fight! Fight!" I went to the window and saw a tall individual kicking a rather short fellow in the face on the ground. Nothing too unusual for the infamous Side Dump. The only thing different about this fight was it happened outside on the street instead of inside.

Now keep in mind The Dump usually generated 3 to 5 police calls per night. Against my better judgment, I went outside to break it up just to keep the cops away. When I got outside the tall guy had the kid down polishing his boots on the side of his face. I stepped over the kid and shoved the kicker guy away with just a palm kind of push. He never saw me coming. The kicker lost his balance and fell backward, and as he toppled he turned around to see who shoved him and slammed his forehead right into a parking meter. It split wide open.

I barely touched him, and now he stood there bleeding all over the cement. I picked up the kid off the ground. The kicker started yelling, "look what you did to my head!"

Someone called an ambulance, and the cops showed up anyway. Turned out the guy on the ground deserved the beating, which is a very common problem for police and bouncers. We arrive in the middle of the fight and sometimes it's the part where the good guy is winning! The guy I shoved wound up

getting 38 stitches in his head and consequently sued the bar for his medical bills. He stopped short of filing charges against me.

When you provide security for an establishment you must remember the physical boundaries of the business and ensure the safety of the patrons inside those boundaries. Define what a court or a judge would decide as the "immediate area" of the business, such as the main doorway, or even underneath a canopy on the sidewalk like so many clubs have. Lets say that your club is right on a city street, as so many of them are. That's a public sidewalk and street, and problems out there like the one I described

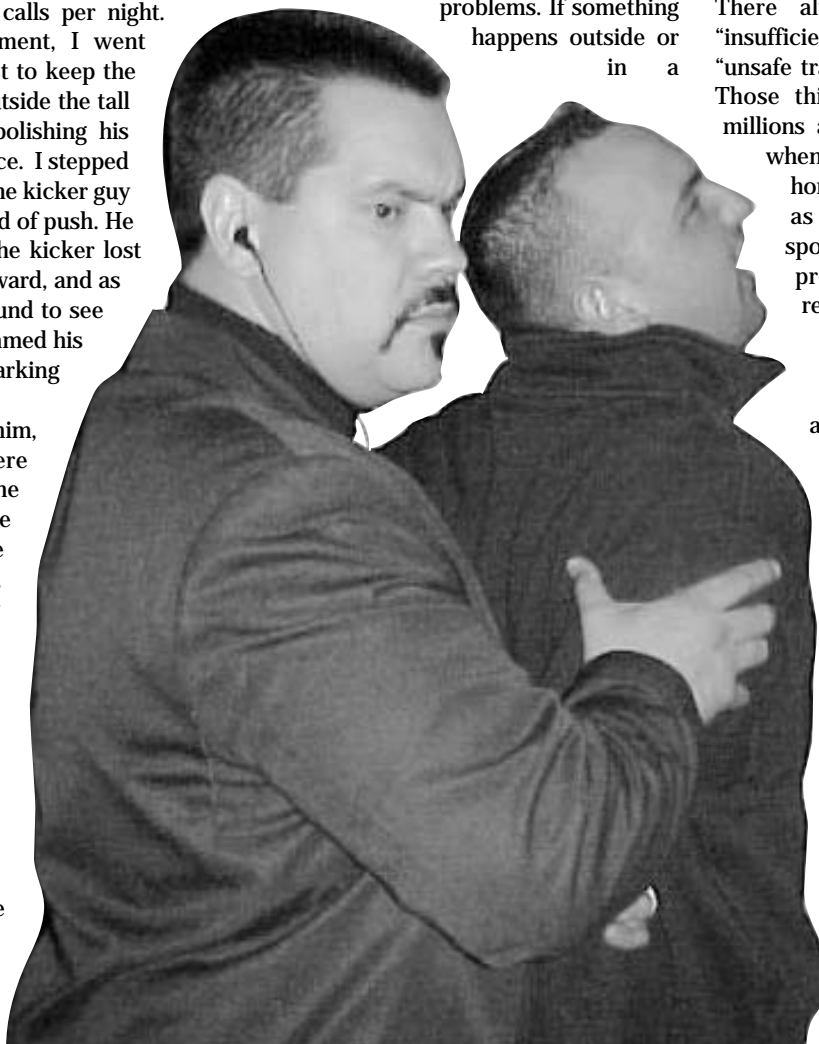
are really local police problems. If something happens outside or in a

communal parking lot – say like a shopping center parking lot or a hotel parking lot that houses a bar, in most cases you really should just alert the local police. If you have a small staff or work alone, it's especially important to stay focused on what's happening inside. If you leave, it opens you up to mass attack outside and also leaves the inside of the bar understaffed and unprotected.

Today, people bring lawsuits and file charges at the drop of a hat. If your club is big enough, as so many restaurants and bars are today, and it is in its own separate building, or has it's own parking lot, your owner could be faced with a lawsuit if something happens anywhere on his grounds inside or outside the parking lot. There always looms the lawsuit for "insufficient lighting on a parking lot," or "unsafe traffic control for patron vehicles." Those things could cost your company millions and therefore cost you your job when the owner becomes a shirtless, homeless person! When you hire on as a professional security agent spotting and second-guessing these problems can also become your responsibility.

You don't need the headache of a surprise lawsuit or police investigation! Check with the appropriate regulatory agencies in your area and know both civil and criminal law, your responsibilities and your options. Stay focused. Watch your back. Define the club's legal boundaries and remember – The inside's where it's at! ☼

Joseph Reyes, Jr. serves as a bodyguard and security supervisor for one of the largest nightclubs in northern New Jersey. A 10-year-veteran bouncer and a veteran martial artist, Reyes is an Advanced Instructor in the SFC System. You may contact him at 973-694-4348.





State of the Union

Scientific Fighting Congress Member News



Archipelago Combatives

W. Hock Hochheim announced the creation of a new "Archipelago Combatives" course earlier this month. Archipelago means an expanse of water that contains many islands and in this case, that expanse of water is the entire Pacific Ocean! Think of all the great systems!" Hock says. "Karate and Aiki-Jitsu from Okinawa and Japan, Silat from Indonesia, Arnis/Kali/ Escrima from the Philippines, Hawaii's conversion of Kenpo/Kempo, military combatives from WW II, and so many other tactics and techniques from other islands. I finally realized that THIS has always been what fascinated me, the combative aspects of this collective of hand, stick and knife material."

The course will capture only the combative essence of these systems and teach them in a hard-core, no-nonsense manner. No forms, katas, anyos, blowguns, whips, dips and other historic and exotic weaponry taught, just what applies in today's world. "I think everyone will really like this superior collective I have put together," says Hock. "Therefore, I will no longer teach just Filipino Martial Arts per say. FMA will instead appear inside this much broader perspective. My old Filipino students will simply cross-rank over to the new course when we met and train during the next 16 months." More on the course as it develops.

SF Congress Instructor **Bill Pavlik** moved from Atlantic City to Westchester County, New York, where he will soon begin teaching. Tentative class title? "New York Fight Club." You may reach him at 914-271-3058.

In the works... a TRS "Tactical Flashlight" video series by **CQCMag's** Squad Room Commander Chief **Mike Gillette**, due out later this year.

SFC member, photographer and video editor **Mark Caswell** is back from Bosnia from assignment photographing high-tech military aircraft.

One of Hock's knife articles appeared recently in *Martial Arts Legend's, Masters*



SFC Photographer and Video Editor Mark Caswell on assignment in Bosnia where he photographed high-tech military aircraft.

of *Combat* magazine. Australia's *Blitz* (their version of Black Belt) features Hock's DMS course this month.

Check www.HocksCQC.com for ever-changing video and equipment deals. We run a SFC special every week.

Jerry VanCook made it back alive from a South American jungle adventure. He will tell some of the details in the next issue.

The website SubmissionFighting.com shut down permanently last month and moved to it's newer, faster and more stable site at MixedMartialArts.com. Check it out!

Back-Up

Professor Lloyd Fitzpatrick and Elizabeth Fitzpatrick of Denton, Texas join the editorial team of **CQCMag**. Aside from Lloyd's duties teaching Biology at the University of North Texas, and his government sponsored research, Lloyd heads the Denton County, Texas Sheriff's Reserve Unit.

Elizabeth works as a highly skilled speech pathologist. Both have extensive martial arts experience and the lesser distinction of being Hock Hochheim's first two martial students when he started formally teaching in 1990. In addition to their already busy schedules, they will provide editorial guidance to the **CQCMag** staff as we battle the bitter foes of publishing deadlines, computer evils, spell check gremlins in an effort to avoid turning Bubonic Plague into Bubonic Plaque. (Is that a treatable dental issue?)

Deadlines

Speaking of deadlines, for the next two issues of **CQCMag** you will notice the dates on the cover of the magazine will creep up. Instead of this issue being the Aug/Sept issue, it will be the Sept/Oct issue. Next issue will be the Dec/Jan issue. The reason for this is that we are currently working toward placing the magazine on newsstands at the beginning of year 2001. You probably already notice that magazines hit newsstands in far in advance of the date on the cover to allow for maximum shelf life. This is where we are headed. We want to assure our readers that: a) the magazine you hold in your hand is indeed Volume 3, you haven't missed any issues. AND, b) regardless of when you subscribed, you will receive your full 6 issues to satisfy the bi-monthly subscription agreement.

J. Ortega Wins

California H2H Black Belt Julian Ortega recently won several No-Holds-Barred championships on the U.S. west coast.

Jay Moore

Last summer's annual H2H Black belt testing in Marc Halleck's Northshore Academy in Libertyville, Illinois had a special achievement. Candidate Jay Moore took and passed his test in between his chemotherapy session to battle back cancer! Marc and NSA's Errol Deppe keep Jay revved up and inspired and Jay told **CQCMag** he needed their push and their classes to help him overcome the side effects of treatment and the overall depression that goes with the situation. Jay won all 200 plus combat scenarios of the test. He is also winning his battle with cancer.☺

Rank Training

OVERALL RANK LEVELS

Hock is a recognized 10th Dan Grandmaster/Founder by one of the largest martial arts Grandmaster groups in the world – The World Global Alliance, as well as other national and international organizations. All rank achieved through the Scientific Fighting Congress is respected and recognized. If you are interested in rank and instructorships, each course exists in a separate progression some material overlaps and cross training is an option. You may work in one area or all areas.

Hand to Hand – Level 1-10

Archipelago Combat – Level 1-10

Knife Counter-Knife – Level 1-10

Dos Manos System – Level 1, 2, 3 (plus instructorships)

(Additional Dan Black Belt and Master Levels available)

(Theme videos that focus on individual skills available in the Knife Counter-Knife System).

American Combat Kempo (ACK). Hock also empowers you with an American Combat Kempo rank. ACK is a secondary, “support” rank and alternative option/title to the Hand-to-Hand Combat program. The material is the same, but you may choose to teach it in the framework of a Karate-type class, to enhance your business success. Convert appropriate material into a lucrative kid’s class. An ACK rank comes free with each H-to-H rank.

SFC Instructor Levels

- 1) Class Organizer - leads official workout groups to develop skill
- 2) Basic Instructor
- 3) Advanced Instructor
- 4) Black Belt Degree Instructors

Basic and advanced instructors are not Black Belts but may teach and promote their students up to one rank under their rank. Black Belts may become instructors upon request. A one-time \$50 fee for Basic; and \$50 for Advanced Instructorships. Basic Instructorships start at Level 5.

Must Instructors Teach only Congress Material?

NO! You are free to do as you wish. Some Congress instructors...

- 1) Exclusively teach Congress material.
- 2) Run Congress courses in their school or other schools.
- 3) Mix Congress material into their existing program.
- 4) Lease time in schools, gyms, rec centers, etc.
- 5) Use their backyards and garages.
- 6) Travel and develop their own seminar circuit.
- 7) Are instructors involved in other famous courses.

HOW DO I TRAIN?

The SF Congress has members in 20 different countries that train and/or network thru *Close Quarter Combat Magazine*; with over 75 instructors and even more class organizers with whom you may train. Hock travels to more than 30 states and overseas several times each year. Train...

- 1) With Congress area instructors and organizers.
- 2) With Hock in seminars, camps, privates and semi-privates.
- 3) To acquire the rank and theme videos, the books and manuals.
- 4) And test for the first 3 levels by home/video testing.

Hock offers two full day private training sessions in your area before or after the seminars. This includes any rank and instructorship fees you achieve. You need a workout partner. Weekdays are best!

- 1) \$1,200 for one person (you need a “stuntman” to work with)
- 2) \$850 for two more interested people (per person)
- 3) \$2,000 for a group of 10 or more (plus expenses)

Host a seminar? There are several programs available. Base your plan on a minimum of 25 or more people and it can happen anywhere! Call Hock for details.

HOW DO I GET STARTED?

It's simple. Just order the first level of any of the four courses.

- Hand to Hand
- Knife/Counter Knife
- Archipelago Combatives
- Dos Manos System (DMS)

or start with The Foundation – *The Knife Fighting Encyclopedia*

The CLOSE QUARTER COMBATIVE GROUP

You may progress in separate programs or cross-train in all. Remember, courses are based upon the essence of combat, and some material overlaps. If you rank in all three courses, you begin to amass certification in the CQC-Group, an elite insider group with special expertise in the Congress.

JOIN THE SFC THROUGH MEMBERSHIP PROGRAMS.

Program 1: U.S. residents \$30. Canadian residents \$50. Outside the U.S. and Canada residents \$70. This one-year membership connects you with a special group of police officers, military, martial artists and aware civilians, and entitles you to the bi-monthly publication *Close Quarter Combat Magazine*.

Program 2: Visit the webpage or ask about special video purchase packages that include membership and magazine.



S.F. CONGRESS VIDEO, BOOK & CLOTHING SUPPLY CATALOG

HAND TO HAND COMBAT

- ___ Hand to Hand Combat Level 1
 - ___ Hand to Hand Combat Level 2
 - ___ Hand to Hand Combat Level 3
 - ___ Hand to Hand Combat Level 4
 - ___ Hand to Hand Combat Level 5
 - ___ Hand to Hand Combat Level 6
 - ___ Hand to Hand Combat Level 7
 - ___ Hand to Hand Combat Level 9
 - ___ Hand to Hand Combat Level 10: The Black Belt Test
 - ___ Ground Zero! Ground Kick Fighting
- Level 8 under production*

FILIPINO COMBATIVES VIDEOS

- ___ Level 1: Yellow Belt
- ___ Level 2: Blue Belt
- ___ Level 3: Blue One Stripe
- ___ Level 4: Green Belt
- ___ Level 5: Green One Stripe
- ___ Level 6: Green Two Stripes
- ___ Level 7: Brown Belt
- ___ Doble Baston - The Filipino Double Sticks

Levels 8, 9, 10 under production

KNIFE COMBATIVES VIDEOS

- ___ Level 1: Journeyman Series
- ___ Level 2: Journeyman Series
- ___ Level 3: Journeyman Series
- ___ Level 4: Tradesman Series
- ___ Level 5: Tradesman Series
- ___ Level 6: Expert 3rd Class

Levels 7, 8, 9, 10 under production

KNIFE THEME VIDEOS

- ___ Knife Showdown! Dueling / Fencing / Sparring
- ___ Knife Trapping Hands
- ___ Knife "Combat the Mad Rush Attack"
- ___ Knife "Combat the Torso Stab Attack"
- ___ "Sinawali" and "Alleycat" Knife Fighter Systems
- ___ Chain of the Knife System
- ___ "Do or Die!" Unarmed vs. the Knife
- ___ Tactical Folder for Handgun Retention (New!)
- ___ Knife Command and Mastery: Solo Practice Methods (New!)

DMS: CLOSE QUARTER STICK GRAPPLING/FIGHTING

- ___ DMS 1: DMS Strikes, Blocks and Drills
- ___ DMS 2: DMS Combat Scenarios
- ___ DMS 3: DMS Ground Fighting, the Push, Pull and Turn Series

TRAINING MANUALS

(Purchase only if you work actively in the system or have videos to which you may refer.)

- ___ The Hand-to-Hand Combat Course \$25 plus \$6 postage
- ___ The Filipino Combatives Course \$25 plus \$6 postage
- ___ The Knife Combatives Course \$25 plus \$6 postage

BOOKS (bookstore quality, oversized paperbacks)

- ___ *The Knife Fighting Encyclopedia Vol. 1: The Foundation.* 346 pages, 1,000 how-to photos \$35 plus \$6 postage

- ___ *The Knife Fighting Encyclopedia Vol. 2: Military Knife Combat.* 190 pages, 187 how-to photos \$25 plus \$6 postage

T-SHIRTS

- ___ Congress Logo T-Shirts. Shirts are dark blue with gold Congress logo, small on front and large logo on back. \$25 plus \$2.50 postage
- ___ Congress Logo Sleeveless T-Shirts. Shirts are black bearing upper arms. Not a tank top. Small logo on front, big on back. \$25 plus 2.50 postage
- ___ Close Quarter Combatives T-Shirts. Shirts are military OD with Close Quarter Combat inscription across the chest in stencil and Congress logo on front and back. \$25 plus \$2.50 postage (most popular!)

CLOSE QUARTER COMBAT MAGAZINE

(each back issue \$10, \$2 postage. One year subscription \$30)

- ___ CQCMAG Back Issue #1
- ___ CQCMAG Back Issue #2

TRAINING KNIVES

- ___ Official Congress Metal Training Knife "The Big Belly" Fixed Blade with Congress logo on blade. \$39.95 plus \$5 postage
- ___ Official Congress Metal Training Knife "The Normal" Fixed Blade with Congress logo on blade. \$39.95 plus \$5 postage
- ___ Official Congress Metal Training Knife "The Combat Folder Simulator," Congress

logo on blade. \$39.95 plus \$5 postage

ORDER SPECS

- * Each video is \$30 with \$6 postage and handling in United States.
- * Any order more than \$150 receives a free S.F.C. membership and entitling to the bi-monthly *CLOSE QUARTER COMBAT Magazine*. (membership non-transferable)
- * Any order for more than 6 items and under 30 items, receives a free S.F.C. membership AND the total postage for the order is only \$25.
- * Add an additional \$25 postage International orders (not including Canada).
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- * Overseas subscription/membership \$70
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W. Hock Hochheim close quarter combat Seminars for year 2000

Aug 26, 27 – Lake George, CO

"At PEYTON QUINN's RMCAT Facility!"

CQC Seminar: Hosted by Peyton Quinn at his fantastic RMCAT training facility. Hock will instruct strategies, tactics of CQC to a small, very exclusive group. Contact Peyton at P.O. Box 535, Lake George, CO 80827. FAX him at 719-748-8557, or email him at quinnp1@aol.com. Space limited! \$175 includes food and lodging.

Sept 9, 10 – Clarksburg / Philippi, WV

Extreme CQC: Contact Sifu David Wolfe. 304-457-4348.

Sept 16, 17 – Vero Beach, FL

Extreme CQC: Contact Steve Vaughn and David Roth. 561-563-9333.

Sept 23, 24 – Torrance, CA

Extreme CQC: Contact John McCurry. 562-602-0313.

Sept 28 thru Oct 1 – Camp Dodge/ Des Moines, IA

NEW! ARCHIPELAGO COMBATIVES CAMP!
Contact Hock Hochheim. 706-866-2656.

Oct 7, 8 – Pigeon Forge, TN

CQC Seminar: Call Barry Meadows. 423-429-4302.

Oct 14, 15 – Ft Worth, TX

Big 3rd ANNUAL TEXAS HAND-TO-HAND
COMBAT CAMP! Contact Congress

Instructor Francisco Sanchez
Zambrano. 817-870-1502.

Oct 21, 22 – Romeoville/Chicago, IL

CQC Group Seminar. This seminar is next in the CQC series and will cover a review of the CQC Levels 1 & 2 and training in the Level 3 material of the Congress elite Close Quarter Combatives Group. Contact Eddie Cavazos. 815-485-7344.

Oct 28, 29 – Las Vegas, NV

Extreme CQC: On the Strip! Plan a vacation around this one! Contact Steve Krystek. 702-647-4745.

Nov 4, 5

San Francisco Bay Area, CA
Call Smithy 510-261-1896.

Nov 11 thru 27

Melbourne and Sydney, Australia & Auckland, New Zealand. Plus a five day hand-to-hand combat basic instructors course. Weeknight clinics throughout Australia being organized in between the weekend seminar dates. Contact Glenn Zwiers of Victoria, Australia. 03-9735-3799.

Dec 2, 3 – San Diego, CA

WEST COAST KNIFE COMBATIVES SUMMIT!

Rank certification and instructor development. Contact Trent Suzuki. 888-400-2074.

Dec. 9 – Wayne, NJ

Extreme Hand Stick, Knife, Gun CQC:
Contact Joe Reyes. 973-694-4348.

Dec. 10 – Washington DC

Extreme Hand Stick, Knife, Gun CQC:
Hosted by R. J. Oak and Kevin Beale.
Contact Kevin Beale at 301-927-2163.

Remember hosts move and change phone numbers throughout the year. If for any reason you have difficulty contacting a host, call Hock immediately. We add seminars frequently. Contact Hock at 706-866-2656 for the most up-to-date schedule, or for hosting and attendance information.

Hurry! Dates fill quickly!
Weeknight clinics in your city
available on a first come, first served basis!
Lock in your Year 2001 seminars ASAP!



IN THE NEXT ISSUE of CQCMAG

The Last Gunfight of Ned Kelly – Security Agent Glen Zwiers tells the exciting details and tactics used by the infamous Australian outlaw Ned Kelly in his last gunfight.

Renaissance Knife Fighting – Historian Peter Kautz reveals little known tactics and strategies of Renaissance Era edged weapon combat.

Escape! Counters to Joint Locks – Publisher W. Hock Hochheim breaks down the scientific phases and methods used to develop skills to counter joint-locks.

Police Counter-Knife Tactics – Chief Mike Gillette outlines the history of counter-knife police strategies.

Classifieds

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Seeking SFC training partner in my area. If interested, please write John Frost, 3751 Nellis #2, Las Vegas, NV 89121.

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COLD STEEL

*Captain Lewis Millett leads Easy Company, 27th Infantry Regiment in its bayonet assault
Hill 180, Soam-Ni Korea, February 7, 1951*

DON STIVERS

Like all new commanders, Captain Lewis Millett wanted to put his own stamp on the outfit he had inherited. This he did with the bayonet.

While many soldiers in Korea had thrown away the antiquated weapon, Millett re-supplied it and drilled the men of Easy Company in its use. They kept bayonets fixed, and went about stabbing strawstacks and mudbanks in impromptu charges ordered by Millett on the march. The bayonet became the unit's symbol.

On February 7, 1951, Millett led his men up Hill 180 as part of Operation Punch. Throwing grenades, turning back to call for more firepower when he saw the ground ahead crawling with Chinese, he seemed constantly upright and exposed standing under fire, urging the others on. At the crest he took shrapnel from a grenade. The men saw him silhouetted on the skyline and heard him now, shouting "Use grenades and cold steel!"

That day the bayonet was used liberally. Some say it was the most complete bayonet charge by American troops since the Civil War. Of 47 enemy dead, 18 had been killed by the bayonet. For his courage and leadership in the action, Captain Millett was awarded the Congressional Medal of Honor. And atop Hill 180, like their own special medal to their new commander, the men left a bayonet stuck in a crack in a rock holding a sign which read, "Compliments of Easy Company."

Image Size: 18" x 22 1/2" \$150. Shipping \$15.

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Finally a knife worthy of the congress seal. A fully functional combat knife for training and carrying. The Congress Combat knife is hand crafted in the land down under by Australia's multi award winning Knife Maker Tasman Kerley. Each knife is made from a fully tang ATS-34 steel finished in a non glare bead blast and comes razor sharp. Its blade is a heavy duty spear point with double grinds to give an extra strong tip. In fact it is that strong that it **pierced through level 3A body armour** when a Cold Steel Voyager wouldn't. The micarta handle has been crafted to fit in both left or right hand, saber or reverse grip and can be used to pommel strike with. The handle also acts as a guard to prevent hand slippage and the handle is secured by three stainless steel pins.

The congress knife comes with a kydex sheath designed for quick draws and the knife has the congress seal on the blade. For those who prefer a shoulder harness one is available for \$50US.

Please allow 4-6 weeks for delivery. All are custom made to ensure that your knife is made to perfection. The cost of the knife with sheath is \$250US plus \$15US postage and handling. Orders can be placed by credit card, international money order or Wire transfer. Payments are to be made to World Emporium.

Blade length: 4 3/4"
Handle length: 4 3/4"
Overall length: 9 1/4"



"Pierces straight through level 3A Body Armour.
I've got to get one"

John Ellery-Former SAS Counter Terrorist Soldier

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