

Hand  
Stick  
Knife  
Gun

W. Hock Hochheim's

# Close Quarter Combat

Issue 21

**Tactics and Strategies for Military,  
Law Enforcement, Corrections and Citizens**

## Samurai Meets Gun

### How Clinton Compromised U.S.

### A Grunts View of War

### Gloves off Fighting

### Why Cops Die

6.95 U.S.  
8.95 INTL.  
Display until  
11/30/03



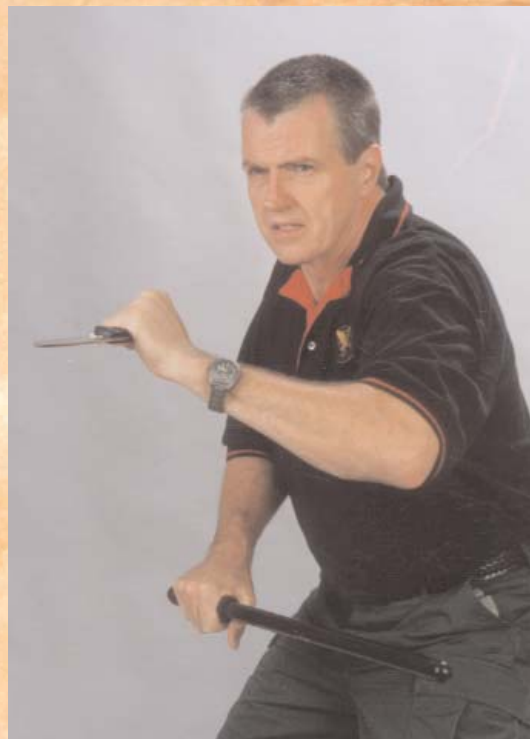


**Guro W. Hock Hochheim's**  
**PACIFIC ARCHIPELAGO COMBATIVES**

*The Essence of Pacific Island Combatives*

**The Philippines**  
**Indonesia**  
**Hawaii**  
**Japan**  
**Polynesian Islands**

**Cane of the Archipelago**  
**Knife of the Archipelago**  
**Mano-Mano-Silat of the Archipelago**  
**Double Cane of the Archipelago**  
**Knife and Cane of the Archipelago**



*"In the last 30 years, I have studied these Pacific Island Systems and attained black belts and instructorships in them, even being awarded the title of Guro while on the Negros Island of the Philippines in 1993. As a result, it became increasingly difficult for me just to teach any one single system, since I found aspects from each, once blended, improved the others. Perhaps it is my military and police background that has caused me to extract and ignore all uniforms, politics, sports, forms, katas, esoterics and art for I find such redundancy a waste of precious time. Instead, I seek only the true essence of survival combat. I hope to certify rank and create as many instructors as possible during this trip. I will promote anyone who qualifies so they may spread this Archipelago methodology. Come train with us for rank, instructorships, or simply train for knowledge!"*

**Hock**

January 23-25, 2004 London, England  
March 13-14, 2004 Denver, Colorado, U.S.  
May 13-16, 2004 The Big Tri-Annual PAC Summit in Independence, MO, U.S.  
September 18-19, 2004 Vero Beach, FL, USA

**JUNGLE FIGHTING!**

[www.HocksCQC.com](http://www.HocksCQC.com)

# CLOSE QUARTER COMBAT MAGAZINE

October/November 2003

Issue 21

**Publisher**  
W. Hock Hochheim

**Editor-in-Chief**  
Jane Eden

**Contributing Editor(s)**  
Lloyd Fitzpatrick  
Elizabeth Fitzpatrick

**Graphic Design**  
Jane Eden

**Contributing Writers**  
Lawrence Blum, PhD, Richard  
Cohen, Rush W. Dozier, Jr.,  
Antonio Graceff, Hock Hochheim,  
Joe Reyes, Jerry VanCook, John  
Vonhof

**Lauric Enterprises, Inc.**  
P.O. Box 601,  
Keller, TX 76244  
(817) 581-4021 (phone)  
(817) 485-0146 (fax)  
www.cqc.mag  
www.hocksCQC.com  
LauricPres@aol.com

*CQCMag is published bimonthly by Lauric Enterprises, Inc. Back issues are available on our website or by mail for \$12 U.S. and \$14 INTL. Subscriptions are \$39.95 U.S., \$59.95 CAN/MEX and \$79.95 INTL for one year. Manuscripts, illustrations and/or photographs must be accompanied by a self-addressed, stamped envelope. The publisher assumes no responsibility for unsolicited material. Copyright 2002 by Lauric Enterprises, Inc. All rights reserved. Reproduction in whole or in part without written permission is strictly prohibited. Printed in the United States. For current advertising rates, call (816) 536-7493.*

**Subscribers must notify CQCMag of any address changes a.s.a.p. to avoid interruption in subscription. Magazines are not forwarded by the post office.**



Headquarters Doctrine..Gone, But Not Forgotten,  
Alex Gong.....4  
By *W. Hock Hochheim*

Dispatches.....5

## FEATURES

How Clinton Compromised America's National  
Security  
By *Lt. Colonel Robert Patterson*.....7

Glove to Fits! Changing Your Style When the  
Gloves Come Off  
By *Antonio Graceff*.....8

Samurai Guns  
By *Richard Cohen*.....10

## SQUAD ROOM

Police Blotter.....12

Force Under Pressure  
By *Lawrence N. Blum, PhD*.....14

What Not to Wear - On Your Feet  
By *John Vonhof*.....15

## MILITARY BRIEFING

Scuttlebutt.....16

Battlefield Diary - Update Baghdad, Iraq  
By *Old Bill*.....20

Military Briefing - Why We Hate, "Bespredel"  
War and Genocide  
By *Rush W. Dozier, Jr*.....22

## CITIZEN'S SELF DEFENSE LEAGUE

Security List.....25

Armed Citizen.....27

The Instructor - The Schizophrenic School  
By *W. Hock Hochheim*.....29

Combat Notebook - Trip, Punch Pull, Tackle, How  
They Take You Down  
By *W. Hock Hochheim*.....31

VanCook View.....33

The Bouncer  
By *Joe Reyes*.....35

Buffalo Nickels. Nervous about Nirvana.....36





By *W. Hock Hochheim*

We all are disheartened by the recent death of Alex Gong. For those of you not familiar with the martial arts, Alex was one of top two names in the American growth of Thai Boxing, spanning three decades, and the brilliant ramrod of the innovative Fairtex Thai Boxing school.

Last August, in the middle of a Thai class, his car, parked outside of Fairtex, was struck by a hit and run driver.

Impulsively, and reportedly in his Thai shorts and boxing gloves, Alex chased the hit and run driver down to the first nearby red light. A confrontation occurred and when the traffic light turned green, the driver shot and killed Alex.

This driver was no ordinary citizen, it turns out, he was an armed, auto thief!

No one knows the dialogue or the second-by-second timetable at the driver's window, that deadly spot where so many police officers lose their lives. But, can anyone doubt that Alex first thought he was simply confronting an errant driver, and not some armed criminal (and in California too, with such severe gun control laws).

We should not be quick to prejudge Alex's actions as too rash or too crazy. At first he may have closed in on the car simply to collect the license plate number, and then seeing the vehicle stopped, decided to rap on the window and try to talk to the driver. Who knows? The ex-convict later committed suicide.

Having said this, the irony of that moment, the symbolic visage of a uniformed Thai-Boxer versus street criminal, is very thought provoking. Think about it! What a shocking mix of martial arts, guns, crime, self-defense and street survival.

Adding to this confusing vision the

## Gone, But Not Forgotten, Alex Gong

fact that Thai Boxing was even listed that very month in the popular *Men's Journal Magazine* as an ultimate, street survival martial art.

In our magazine we obsessively explore a deeper analysis of these relationships. In this issue, world champion fencing master Richard Cohen recounts the first major confrontation of martial

***Martial artists! Step up to this evolution! The so-called modern warrior of today requires firearms training in their resume, and not just this never-ending, paper-target plinking at a range, but rather, real, crime-prevention, gun/counter-gun fighting.***

arts versus guns in his article *The Last Samurai Battle*, a feature planned ahead for months now. Historians record this gun versus sword event as the end of samurai lifestyle.

Martial Icon Bruce Lee was answering questions in a rare television interview decades ago on the subject of martial arts movies, he talked about why so many such films were usually landscaped in older times, because modern firearms negates so much unarmed training. Using his hand shaped like a pistol, he mimicked a gunshot, with a wry smile.

Lee, a very wise man, said this decades ago, yet somehow, Jeet Kune Do, claiming unlimited change and growth, still chugs mindlessly along with no gun training mandate. Curiously, Jeet Kune

Do was also touted in the same *Men's Journal* cover story.

One of my seminar hosts is a talented martial artist and an accomplished grappler. He announced once that he "...detested guns. I loathe guns. I won't even touch a gun." But it soon became clear to me from further conversations that this was not really a moral viewpoint, but really an excuse not to face the fact that a bullet, or the mere presence of a gun into a situation could destroy his 31 years of expertise. Acknowledging guns in his world would bring a new, shocking reality to his life's work and to his business claims of self-defense teachings.

Martial artists! Step up to this evolution! The so-called modern warrior of today requires firearms training in their resume, and not just this never-ending, paper-target plinking at a range, but rather, real, crime-prevention, gun/counter-gun fighting. Or else, take that damn shingle down from over your storefront that reads, "Self-defense training here."

Oh, and *Men's Journal*? You need to investigate beyond the Yellow Pages before you write the next article on "kick-ass," ultimate, street survival systems. It's a no-rules world out there. There are angry bludgeons, edged weapons, and bullets too.



**Editor's Note:** *The staff of CQC Magazine would like to offer it's deepest condolences to Alex Gong's family and friends. Few rise to the top of their professions. Those few are irreplaceable souls among us.*



**E-mail:** Dear Hock, I graduated from Hibbing (MN) High School in 1959, along with singer/songwriter Bob Dylan. I joined the Navy right after graduation, and spent most of my time on a destroyer as a signalman.

I started college in 1963, and graduated from the University of Minnesota as a Doctor of Veterinary Medicine in 1969. I have practiced in California, Florida and Minnesota except from 1986 through 1990, when I ran my own commercial fishing business in Alaska. I captained my own boat and ran a set net site. I have many interests, and enjoy adventure travel. In the 70's I was fortunate to spend some time with the last free roaming tribe of Indians in Ecuador (they still hunted with blowguns, poison darts, and spears).

I have made three separate month long canoe trips to Hudson Bay, following old voyageur, and Eskimo trade routes.

I have climbed the highest Mountains on three continents; Mt. McKinley (North America), Mt. Aconcagua (South America), and Mt. Kilimanjaro (Africa), as well as mountains in Nepal, Mexico, and the U.S.

I have tried bungee jumping, skydiving, scuba diving, and rock climbing. I have raced canoes, and raced my own dog team.

I have competed in weight lifting achieving a second place finish in the upper Midwest power lifting championships.

I fought in the Golden Gloves for about four years getting a runner up (silver glove) in the middleweight division, upper Minnesota regional championships.

My Asian martial art training began in the Navy, when I was introduced to judo. In 1965 I started studying Taekwondo. Since then I have studied Shotokan, and Tang Soo Do. Throughout these 30 some

years of training I have always searched for something more practical and less esoteric. Several years ago I answered an ad in one of the martial arts magazines offering a special on video tapes for self defense from the Scientific Fighting Congress. When I received the package I was impressed, I knew my search was over. Hock Hochheim has organized each level to stand alone or to be used as a progression to a black belt level. Even at level one there is enough information, with practice, to stand alone as a self-defense course.

I am truly honored to have been given a special recognition of 'Class #03 Honor Graduate in the advanced close quarter combat group instructor camp in Kansas City, MO last September. To be selected from this tremendous group of 34 dedicated martial artists is the highlight of all the blood and sweat and competition I have ever done.

— Sincerely, Jim Farnham



Jim Farnham

**Snail Mail:** I've beaten down a few women in my time. I'm not writing metaphorically here. I'm talking about punching a girl in the face, doubling her over by kicking her in the stomach, then putting her down on the ground with a right cross to the side of the head. I can't say I didn't enjoy it – an adrenaline rush doesn't know gender.

Now, before you overflow with outraged accusations of criminal Neanderthalian misogyny, I should probably point out that this all took place in the brutal full-contact martial-arts dojo that was my home away from home for almost six years. I still remember my first day there, seeing all the fighters in their black robes and the savage gleam in their eyes as they warily circled each other before exploding in a paroxysm of violence. It was truly a place apart – a broken ankle was a cause for mockery and

uproarious laughter, and if one was so unfortunate as to get knocked out during a sparring session – well, to that ignominy was added the expense of buying the victor's drinks that evening.

Of every 10 newcomers, one remained a month later. Few – very few – ever reached the highest level, as the punishing belt tests were not so much sought as fearfully avoided at all costs. They were tests of skill and discipline, but more than anything, they tested one's willingness to get back on one's feet after being knocked down, again and again.

There weren't many women in our midst, understandably enough. But I was close to one in particular, we called her "Penthouse" because of her long, flowing mane of hair and her not-quite-ready-for-Playboy prettiness. She was a single mother who'd been pushed around by her ex-husband one too many times and she was determined to learn how to defend herself. After three years, she was called on the carpet to test for her green, and I was one of those selected for her sparring test, which consisted of six consecutive two-minute rounds against three high-level fighters, none of whom had just been through a grueling three-hour demonstration of every strike, kick and kata in our repertoire.

By the fifth round, she was exhausted and bruised, barely able to keep her hands up to her chin, much less defend herself. She was nearly helpless, but she must have sensed my desire to take it easy on her, because she snarled at me not to dis her like that, that she'd earned the right to be treated as a fighter and a Dragon. And she had, so it was with genuine affection and admiration that I dropped her twice in the next two exchanges, leaving her with a black eye and a bloody nose. It was a wonderful performance on her part, as she never hesitated to pick herself up, unaided, from the concrete floor. A few months later, the entire dojo cheered her on as she mercilessly destroyed the competition and won her first tournament – never having fought a woman before, she said afterward *that* she couldn't believe how weak and slow her opponents were, how easy it had been when compared with her training.

But if my time in the martial arts taught me to respect the inherent toughness and mental resolve of women, it has also taught me that combat of any sort is no place for them. It may be easy for a woman who hasn't taken a straight-line headshot from a 200-lb. to spin airy myths of martial equality, but no woman like "Penthouse" would ever believe them, and only a man who hasn't felt for himself how easy it is to smash a woman to the ground would take them seriously for a second.

Modern combat may be less strenuous than it was in the age of the heavily armored Greek hoplite, but it is still physically punishing. The fluid nature of America's new blitz tactics means that the attacking forces must carry more of their own supplies on their backs, and indicates that the supply lines will often be operating behind enemy lines.

The capture of Jessica Lynch and Shoshana Johnson and the fact that a significant percentage of our casualties came from a maintenance company does not support the foolish myth of the American Amazon. Instead, it proves that women should be excluded from far more elements of the U.S. military than they are today. –*Vox Day*

**E-mail:** Soldiers, especially infantry soldiers, are overloaded. That has been true since before the first Roman Legionnaire took his place in the ranks.

The problem isn't the gear the soldiers are issued. The problem is proper supervision by their leadership.

**Training:** Live ammo isn't often carried in training, but why isn't it simulated? That would give soldiers and leaders a realistic idea of what a combat load actually weighs, and it would prevent soldiers from getting used to stuffing their rucks full of pogeys and other comforts.

**Supervision:** Why were soldiers not directed to ditch unnecessary gear during the pre-combat inspection? The article makes it clear that troops loaded up on anything they thought they might need in addition to the official packing list. It is clearly stated in various field manuals that it is a leader's job to manage the soldier's load.

**Planning:** Why is ditching rucks

after exiting the aircraft not standard operating procedure. A leader had to think of this on the ground. The whole reason troops have assault butt packs is to allow them to ditch a ruck full of gear when they are expecting contact, then go back and secure it after the area is secure.

I imagine the Molle designer never intended a soldier to maneuver under fire carrying a small mini-fridge on his back. Mortar men and machine-gun ammo bearers might need to retain their rucksacks, but the average rifleman or grenadier should be able to drop theirs, or drop it near the mortar position if they are carrying a few extra mortar rounds, or whatever.

The problem isn't the gear. It will do whatever soldiers and leaders ask it to do. The problem is soldiers and leaders not using common sense. – *Spec. Robb D. Shimp, Sacramento, CA*

**E-mail:** Just some news to keep you in the loop about what's happening here in Wild, Wild South Africa. A very good and personal friend of mine was shot and killed during an armed robbery at a supermarket recently. The robbers were dressed in Pick and Pay (similar to U.S.'s Walmart) uniforms. There were seven suspects. During a struggle with two of them, the others attempted to rob the store. My friend managed to shoot one, but as this happened the robbers decided to leave and in the retreat, my friend was shot in his back, left side with a .38 Special. The bullet traveled through his heart and exited through his left cheek.

When I got there, he was lying on his side with bits of bullet fragment around his mouth and part of the bullet jacket next to his head. The robbers left with no money because they miscalculated the time delay locks.

Hock I see our friend Avzal wrote to *CQCMag* about hijackings here in South Africa. His story with regards to the M.O. is just one of many where hijackers try to obtain vehicles here. At the moment, common hijackers check out wealthy women in small shopping centers, spy on them and then follow them home and rob them. To be honest, it has become like a war zone here. I wear my vest all the time now.

The big money spinner for robbers now

is CIT cash in transit. Seems robbers armed with full auto AK's and police issue R5's, hit a money van everyday. In the last two weeks we have had two robberies near my house. Both times people were killed plus the robbers now use Armor Piercing ammo. I hear from our contacts in the police intelligence bureau that the criminal element has brought in RPG's. Fifty of them! Intel is not sure if they will be exported or used for the cash in transit robberies. – *Mark Eekhoff, South Africa*

**E-mail:** Ok, so I was reading the new *Army Close Combat Manual* <http://www.adtdl.army.mil/cgi-bin/atdl.dll/fm/3-25.150/toc.htm>. Oh my God! I can't believe they actually teach our soldiers some of this crap. People *are* going to get killed. – *John, U.S.*

**E-mail:** What is your favorite martial arts movie?

**Hock's Reply:** *Kung Pow: Enter the Fist*. At last, the most realistic martial arts movie ever made with the most realistic applications of the classical moves.

**E-mail:** "I have a firearms training officer that insists we use NRA Certified Range Qualification standards. We have just adopted the Pennsylvania Municipal Police Training Academy Standards for our qualifications. Can you educate me on the pros and cons of using an NRA course of fire?"

**Reply by Dave Smith of Calibre Press, a pioneer street survival seminar instructor:**

The NRA format of firearms qualification was the standard for decades and it was the rise of different combat-related competitions that migrated training more and more toward the pragmatic and practical pistol qualifications and training so prevalent today.

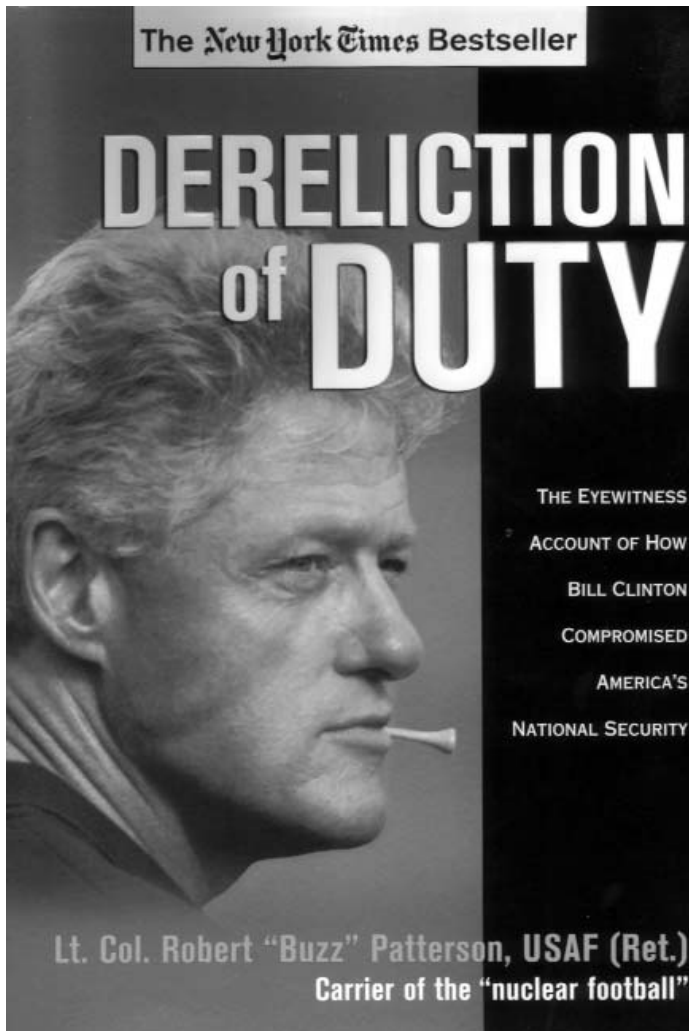
Any good firearms training program should emphasize use of cover and movement as a basic component. Point Shooting, Instinct Shooting, Quick Draw, and a multitude of other techniques and styles have developed over the years. The

*Dispatches continued on page 17*



# How Clinton Compromised America's National Security

By Lt. Col Robert "Buzz" Patterson, USAF (Ret.)



The White House situation room was buzzing. It was fall 1998 and the National Security Council (NSC) and the "intelligence community" were tracking the whereabouts of Osama bin Laden, the shadowy mastermind of terrorist attacks on American targets overseas. "They've successfully triangulated his location," yelled a "Sit Room" watch stander. "We've got him."

Beneath the West Wing of the White House, behind a vaulted steel door, the Sit Room staff sprang into action. The watch officer notified National Security Advisor Sandy Berger, "Sir, we've located bin Laden. We have a two-hour window to strike."

Characteristic of the Clinton administration, the weapons of choice would be Tomahawk missiles. No clandestine "snatch" by our Special Operations Forces. No penetrating bombers or high-speed fighter aircraft flown by our Air Force and Navy forces. No risk of losing American lives.

Berger ambled down the stairwell and entered the Sit Room. He picked up the phone at one of the busy controller consoles and called the president. Amazingly, President Clinton was not


available. Berger tried again and again. Bin Laden was within striking distance. The window of opportunity was closing fast. The plan of attack was set and the Tomahawk crews were ready. For about an hour Berger couldn't get the commander in chief on the line. Though military aides and the Secret Service always accompanied the president, he was somehow unavailable. Berger stalked the Sit Room, anxious and impatient.

Finally, the president accepted Berger's call. There was discussion; there were pauses – and no decision. The president wanted to talk with his secretaries of defense and state. He wanted to study the issue further. Berger was forced to wait. The clock was ticking. The president eventually called back. He was still indecisive. He wanted more discussion. Berger alternated between phone calls and watching the clock.

The NSC watch officer was convinced that we had the right target. The intelligence sources were conclusive. The president, however, wanted a guaranteed hit or nothing at all.

This time, it was nothing at all. We didn't pull the trigger. We "studied" the issue until it was too late - the window of opportunity closed. Al-Qaeda's spiritual and organizational leader slipped through the noose.

This lost bin Laden hit typified the Clinton administration's ambivalent, indecisive way of dealing with terrorism. Ideologically, the Clinton administration was committed to the idea that most terrorists were misunderstood, had legitimate grievances, and could be appeased, which is why such military action as the administration authorized was so halfhearted, and ineffective, and designed more for "show" than for honestly eliminating the threat.

When on February 26, 1993, Egyptian and Palestinian terrorists blew a hole six stories deep under the North Tower of the World Trade Center, President Clinton had been in office 38 days. Eight months after the president left office, al-Qaeda terrorists flew hijacked U.S. commercial airliners into the North and South Towers of the World Trade Center and into the Pentagon. The towers came down, as the terrorists finished the job begun eight years earlier. From 1993 to 2001, Islamic terrorists attacked American targets 10 separate times. If there's anything beyond scandal that we should most remember about the Clinton years, this is it: They were the years that terrorists brought their war to the United States. 

**Lieutenant Colonel Robert "Buzz" Patterson, United States Air Force (Ret.)** served with distinction and saw tours of duty in Grenada, Somalia, Rwanda, Haiti, and Bosnia, as well as in the White House. He also served as Cadet Group Commander at the U.S. Air Force Academy. He now lives with his wife and children in Atlanta, GA. Excerpt from **Dereliction of Duty** published by Regnery, reprinted w/permission. [www.regnery.com](http://www.regnery.com)



# Glove to Fist!

## Changing Your Style When the Gloves Come Off

By Antonio Graceffo, BA, Dip Lic, AAMS, CMFC, CTC, RFC



I thought I knew how to fight. I thought if I ever got attacked on the street I could defend myself. I thought if I ever worked in law enforcement, and push came to shove, I could take a suspect down.

There were good reasons for me to think this way. I had been fighting in a ring for over 20 years. Between sparing matches, prizefights, and challenge matches I had probably been in the ring about 2,000 times. I'd handed out more than my share of knockouts, and eaten enough fists to believe I was tough enough to take it, on the streets.

But I had a rude awakening the first time I tried to fight bare knuckles. When the gloves came off, all the rules changed. It wasn't even the same game anymore. And that experience led me to believe that I knew nothing about real fighting. I suddenly had more respect for my friends who were studying Close Quarters Fighting and street based martial arts. I tried to forget everything I'd ever learned for the ring, and pick up on the techniques that would work in a real, life or death, situation.

It all started, one hot summers night, in a basement, in Brooklyn, where I was fighting my first bare knuckles fight, as part of a crazy idea I had about beginning a career in UFC style fighting. Going into that fight, I had every conceivable advantage. I outweighed my opponent, Timo, by a good 20 lbs. He was younger, and had better reach. But I was much more experienced than he was. Also, I wasn't nervous, because I had my game plan going in. It was the same plan that had served me for years in regular boxing and kickboxing matches.

I was planning to come out, jab, jab, move, circle, jab, and feel him out. I would throw some left hands to see where he was



**SPORTS | MIXED MARTIAL ARTS**  
More fun than boxing, more real than wrestling—MMA competitions are selling out nationwide. A look at the three biggest fight clubs:

NAME	PRIDE F.C.	ULTIMATE F.C.	K-1
<b>FIGHTING STYLE</b>	Elements of judo, wrestling, karate and kickboxing	Similar to Japan's P.F.C., but also with jujitsu	Fighters must stay on their feet in the Japanese MMA
<b>RULE BOOK</b>	Fought in a 23-foot ring. <a href="http://Pridefc.com">Pridefc.com</a> has complete rules.	Elimination rounds in a six-foot-high cage. See <a href="http://ufc.tv">ufc.tv</a> .	Athletes wear cup, gloves and mouth-piece. <a href="http://k-1usa.net">k-1usa.net</a> .
<b>NEXT BIG THING</b>	August brawl on pay-per-view this week	Sept. 26 at Las Vegas's Mandalay Bay	Aug. 15 at the Bellagio, in Vegas
<b>SHINING 'STAR'</b>	The flashy Quinton (Rampage) Jackson	Champ Tito Ortiz now makes movies	Ex-NFLer Bob Sapp

open, and then throw a few large right hands, to wear him down. I figured to keep this strategy for about two or three rounds. I was counting on Timo's inexperience to betray him. I figured if I angered him with a few right hands to the face, he would charge at me like a bull, expending all of his energy. By the end of three rounds, he would be exhausted, but I would still be fresh. Then I would go for the knockout. That was my strategy, getting into the ring. I was going over it in my mind, as I threw a few easy lefts, and lazily circled left. Then, a bare-fist hit me under the left eye. I have been in the ring with amateur and professional heavyweights all over the world. But nothing ever felt as bad as that bare fist. I actually saw an explosion behind my eye. I felt the skin open up, allowing blood to leak out.

I had to back pedal, and regain my com-



posure. Probably if Timo had pushed his advantage at that exact moment, he would have won. But, he hesitated. It was also his first bare-knuckle fight. And I think seeing so much blood, 10 seconds into the fight threw him off his game.

Now, I had no idea how to proceed. In boxing, I have huge gloves on my hands, making it almost impossible for my opponent to land punches on me. And my opponent has huge gloves on his hands, making it nearly impossible for him to cut me. I am used to going out, and swapping punches, taking a few, to give a few, for several rounds, until someone gets tired. But I learned too quickly, this strategy wasn't going to work in NHB. You couldn't take too many of those bare handed punches.

Frightened of getting hit even once more, I did the only thing I could do, I moved in, and tried to end it quickly. My left hand shot two quick jabs into Timo's left eye. My right hand came across, and landed in the same eye.

Timo ducked, which I had anticipated, and he caught my left uppercut, right on the nose, on the way down. Then I hit him with two overhand rights in his exposed temple. I threw one more left uppercut, and he dropped like he had been shot by a sniper. Timo hit the ground, and just lay there, bleeding. He was completely out, and there was blood everywhere.

It had lasted 22 seconds. And there were a total of nine punches thrown. I had won, but my body was wrecked, like nothing that had ever happened to me before. I decided that fighting without gloves, whether it be in the streets, in self defense, or in NHB, was a new skill, which 20 years of ring experience hadn't taught me. If Timo had been an assailant with a knife, I'd be dead. If he had known how to grapple, or kick, I would have lost. The next day, I analyzed the fight, to see if there were any immediate lessons that I could learn.

The first thing that jumped out at me was, street fights and self-defense situations don't have rounds. You don't need to pace yourself. Our fight had only lasted 22 seconds. I don't care how out of shape you are, you won't run out of gas in 22 seconds. When the fight starts, you just give it everything you have. Expend your energy like a meteor. Hit your opponent with explosive force, until he goes down.

In boxing, we through jabs, to wear a man down, or feel him out. We often don't even want to hit him with the jab. We just want to keep the man tied up, to take him out of his

game plan. If you go in a boxing gym, you will hear coaches yelling, "Keep him busy. Keep him busy. Everything off the jab." My coach trained me to throw an average of 180 jabs per round. This bare knuckles fight only had nine punches thrown. In a life or death situation, there is no jab. Every punch should be thrown with the intent of winning the fight.

There are no judges in a street situation. And there is no second place trophy. Street fights are not won on points. Every punch should be aimed at the knock out. In boxing you can duck and cover. Your gloves will protect you from your opponent's blows. But in a no gloves situation, most of those punches will find their way through your defense. Almost every punch landed with a bare fist is going to draw blood. If you do manage to stop those punches, you will be stopping them with your own bare flesh, causing you injury. The best defense in a street situation is avoidance. If you move out of the way, you can't get hurt. And, of course, avoiding violence all together is always the best policy.

In regular boxing, not only do the gloves keep you from getting cut, when you get hit, they also protect the puncher's hands from breaking. If one of my punches had landed on Timo's skull, my hand would have shattered like glass, rendering me helpless. If that had happened, the fight could easily have gone the other way. Without gloves on, you could loose by landing a punch wrong, and injuring your hand. But when you loose on the street, you could wind up dead.

A full-contact martial arts background, or a good basis in boxing or Muay Thai would certainly be assets in learning practical street techniques. But fighting on the street and fighting in the ring are two different games. If you are in law enforcement, or if you want to learn to defend yourself in street situations, seek out an instructor, who specializes in these type of techniques, and let him help you to modify your sport-style for real combat.




---

*Antonio Graceffo has competed in martial arts and boxing for over 25 years. Most recently, Antonio has begun a full time career as an adventure writer and explorer. He currently lives in Taiwan.*



# “Samurai Guns”

## How Firearms Destroy the Samurai

By Richard Cohen



The Japanese prefer the close-quarter blow to the bullet, the cult of the sword and the more general cult of archaic armaments point to this. Hand-to-hand fighting has generally been more esteemed than the art of hitting from afar. Even in the 20th century the Japanese have shown a reluctance to employ modern techniques of destruction after demonstrating the primacy of the aircraft carrier, they still tied up untold resources building the biggest battleships in history. The Japanese tactic of ramming other planes and crashing into ships not only relates to the mystique of self-sacrifice: it also gave obvious satisfaction, as if they enjoyed the bodily contact, even at the expense of their own lives.

Nevertheless, when in 1543 a Chinese cargo vessel landed at the southern island of Kyushu, and the feudal master of the island saw a Portuguese crewman shoot a duck, he immediately bought the ships two arquebuses, primitive handguns. Within 10 years, the country was manufacturing guns in quantity; by 1560, firearms were being used in battle, and by century's close guns were proportionately more common (and better constructed) in Japan than anywhere else in the world. Yet no true member of the *bushi* order wanted to use them; guns could be left to the lower classes.

Not long before, in Europe, there had been a backlash against guns, as soldiers and civilians alike realized that progress in weaponry would mean faster killing, more killing, and the diminution of human stature. One 16th Italian general was so appalled by the disgrace of having skilled swordsmen under him shot from afar by men with guns that after one successful siege he cut off the hands of every musketeer he could find. There seemed no immediate reason for the Japanese not to take to the new weapon; and yet, according to a classic book published in 1979, Noel Perrin's *Giving Up the Gun*, that is what they did for close to 200 years.

Perrin had an agenda of his own, using his book to argue that if Japan could give up advanced weaponry without ill effect, so might the Western world renounce nuclear armaments. Tokugawa Japan never in fact gave up the gun, keeping it as a “vital part” of its arsenal, and by 1876 Japan – suddenly embracing the modern world – had almost 200 schools of firearms. In any event, ordinary Japanese had little access to weapons of any sort, including swords. However, Perrin's main case is valid: Japan largely turned its back on the “black art” and concentrated on the sword.

He gives several reasons for this. For one thing, most samurai scorned guns and had no wish to be shot by a common peasant. (Don Quixote could have been speaking for any samurai when he condemned “an invention which allows a base and cowardly hand to take the life of a brave knight.”) Second, the Japanese were such formidable fighters, their archipelago so hard to invade, that territorial integrity could be maintained with conventional weapons: guns were unnecessary. (This is questionable: the Mongols had twice sent great fleets. It is true, however, that Korea and China, the nearest potential aggressors, were preoccupied with their own problems, so for many years invasion was not likely from any source.)

Third, the sword had greater symbolic value than in Europe. The sword was a class symbol, a work of art, and a means of subjugating the lower classes. (In early 1600's the Japanese government wanted to honor its four leading gunsmiths; it gave each of them... a sword.) Beyond that, the Japanese enjoyed an antipathy to foreign ideas, and the gun was an import,



*Samurai Gun cont...*

associated with the spread of Christianity by Spanish and Portuguese missionaries. The 1637 rebellion was raised by native Christians and fought with gunpowder. After its suppression, the country was effectively sealed off: the exclusion of authorized foreign influences became almost complete.

Perrin's final reason for Japan's resistance is perhaps most intriguing. It is purely aesthetic. Swords were not only beautiful; they were associated with graceful movement. "This is why," says Perrin, "an extended scene of swordplay can appear in a contemporary movie, and be a kind of danger-laden ballet, while a scene of extended gunplay comes out as raw violence." A man using his sword properly is moving with beauty. A man firing an arquebus (or harquebus – lumpish and immobile) is not. Perrin quotes from a Japanese manual of 1595, whose writer apologizes for advising his students to get into positions that are distinctly ungainly. "Soldiers used to have strong wrists and arms from swordplay. Now they must get in such awkward kneeling positions to shoot guns; their elbows hurt. Hips get a strange muscle pain." Not only that, they have to contort their bodies in defiance of aesthetic principles: "Must separate knees to kneel and fire."

Firearms were never formally embargoed; rather, there was a steady series of cutbacks. The samurai-controlled government began by restricting gun production to a few cities, then introduced a requirement of a government licenses for producing a gun, and finally so cut down its needs that by 1610 fewer than three hundred guns a year were being ordered, and those mostly for ceremonial processions. Provincial gunsmiths were starving; several even took up sword making. By the end of the eighteenth century the fifteen remaining gunsmiths supported themselves with repair work and by making farm tools.

It was the arrival in Tokyo Bay of Commodore Matthew Perry and his "black ships" in 1853 that finally brought about the general reintroduction of firearms. Perry convinced his hosts that the only way to repel uninvited visitors was to deploy moderate coastal artillery of their own. However, in 1872 a conscription law deprived the samurai of their control of the military, and four years later the new Meiji authority, finally determined to employ military methods and build a national army, abolished the samurai's right to bear swords. By then the last Tokugawa shogun had abdicated (in 1867), the shogunate itself had been abolished, and the 300 feudal jurisdictions had been replaced by a central civil service.

For many of the warrior order, being stripped of their weapons was the last straw. "The sword," expostulated one grandee in a formal note of protest, "not only maintains the tranquility of the nation but also guards the safety of the individual citizen. Indeed, the one thing essential to this martial nation that reveres the gods and strengthens our land be so forgetful of the sword?" His plea fell on deaf ears, but his people were not beaten yet.

On the night of October 24, 1876, 170 samurai, armored and swords in hand, attacked the imperial garrison stationed at Kumamoto, killing about 300 men, including the com-

manding general. The assault achieved little but precipitated a full-scale revolt the following year – the "Satsuma Rebellion" – which some 25,000 samurai took up arms. The government, prepared for such a crisis, mobilized an army of 60,000 and in a climactic engagement laid siege to Kumamoto Castle, one of the three mightiest in Japan, the stronghold of 4,000 rebel troops and their leader, General Saigo. After 20 days of bitter fighting the Satsuma army was forced to withdraw, and Saigo killed himself. Thereafter the rebellion was doomed. With its collapse, the history of Japanese swordplay came, in one sense, to an end. That same year the last remnants of Japan's feudal structure were abolished, and the country opened to commerce with the West. ☸

---

**Richard Cohen** author of *By the Sword* is the former publishing director of Hutchinson and Hodder & Stoughton and the founder of Richard Cohen Books. Five times U.K. national saber champion, he was selected by the British Olympic team in 1972, 1976, 1980 and 1984. He has written for **The New York Times** and most leading London newspapers, and has appeared on BBC radio and television. He lives in New York City. Published by Random House, reprinted w/permission. [www.atrandom.com](http://www.atrandom.com)



## Police Blotter



### Capetown, South Africa murder rate far exceeds that of U.S.

South African Government's claim that South Africa is not a crime capital and compares favorably with the rest of the world is refuted by U.S. crime figures, says official Opposition Chief Whip Douglas Gibson. In a statement recently, Gibson said in 2002 it was reported by *The Economist* that the U.S. had 16,110 murders but in South Africa in 2001 – the most recent available figures – there were 21,108 murders. With figures released as a result of DA action taken in terms of access to information legislation, it was found that in 2000 there had been 21,995 reported cases of murder, of which 10,696 had been referred to court. A total of 4,007 convictions were reported in that year.

Gibson noted that the U.S. population was more than six times that of South Africa. He said only about one in 10 South African murderers ended up in jail. Gibson added that in 2001 there were more victims of murder in only four provinces than in the whole of the U.S. in 2002. There were 3,531 murders in the Eastern Cape, 4,821 in Gauteng, 5,275 in KwaZulu-Natal and 3,391 in the Western Cape – a total of 17,018.

“Rather than keeping crime statistics from the public until they are almost out of date, and then trying to put a positive spin on them by pretending we are no worse off than the rest of the world, the government should acknowledge the serious situation and deal with it in an appropriate way.”

“The criminal justice system must be improved in all areas. Safety and Security Minister Charles Nqakula's reply to my parliamentary question confirmed the poor record of the criminal justice system in securing murder convictions.”

The shortage of police officers and well-trained detectives clearly plays a large part in the shocking performance of

the criminal justice system, he said. Between January 2000 and March 2002, there were almost 48,000 murders in South Africa. In the same period, approximately 27,000 murders were referred to court, of which only 4,760 ended with convictions.

“Over-worked and over-stressed cops are not receiving the necessary support from government. Detectives' caseloads are too heavy to conduct each investigation with the thoroughness needed to identify the suspect and gather sufficient evidence to ensure a successful prosecution.”

### What Happens to Girls in Juarez, Mexico?

Sagrario Gonzalez, a beautiful 17-year-old girl who sang in the church choir disappeared in 1998 after clocking out from her job at CapCom in Juarez, Mexico. Her body turned up in the desert. A large, unmarked cross now marks the spot. There are hundreds of crosses just like it. Since 1993, more than 340 impoverished teenage girls have been abducted from Juarez, some raped, all murdered and dumped outside town.

Outraged that so little was being done to solve the crimes, Lourdes, Portillo, a Mexican-born, Oscar-nominated documentary filmmaker, began to investigate in 1998. Not trusting police to tell her the truth, she went to the victims' families. The murders, she believes, “are tangled in a web of complicity between very powerful men and wealthy drug lords and government officials.”

Although her film *Senorita Extraviada*, (Missing Young Woman) was released last year, the story is far from finished. Despite local officials' claims to have solved the crimes with several arrests over the years, the killings continue. In February, Portillo says, Chihuahua state attorney general Jesus Solis invited her to his office; while she was there, his aide began humming “I Left My Heart in San Francisco,” then “implied in a sinister way that he knew exactly where I lived.” (Her address in San Francisco is unlisted.) That month three more bodies were discovered. Responding to accusations of a cover-up, Solis stated he was under no obligation to inform the public when new

corpses were found.

Portillo, who travels the world with her film, describes the climate of Juarez as “lawlessness to the max” and calls the force behind the murders “an evil machine.” It can be stopped, she believes, but only what intense pressure from an organization like the United Nations or Amnesty International. “I'm a filmmaker, really, but I've turned into an activist,” she says. “I can't let go of this.” – *Gina Hamadey*

### Shocking Inmates in U.S.

Is the use of electric shock on prisoners torture? While pundits debate the morality of torturing Al-Qaeda terrorists, prisons and courtrooms have quietly adopted the use of electric shocks to subdue garden-variety accused criminals. Federal trial courts and 30 state prisons now force prisoners to wear “stun belts” around their waists. If they fail to obey a command or get out of hand, guards can use a remote-controlled device to deliver a 50,000-volt shock that lasts for eight seconds. The jolt is so powerful prisoners immediately lose all muscle control and collapse to the ground – often defecating and urinating on themselves. Last week, accused D.C. area sniper John Allen Muhammad was jolted when he refused to submit to an X-ray. In Las Vegas, a murder defendant named Roy Hollaway was at a critical stage in his trial when his stun belt was inadvertently activated.

### Police Smash Terror Camp

In Waterford, Ireland, the Irish police raided the mountain hideout of an Irish Republican Army splinter group recently and arrested 10 men. The camp was stocked with guns and ammunition belonging to Continuity IRA, a group that rejects the peace overtures the IRA has made in recent years in its fight for Northern Ireland's independence. The raid is a huge setback for the movement, as the group is believed to have fewer than 50 hardcore members. Most of them are more than 40 years old, and the Irish press refers to them as “Dad's army.” Still Continuity IRA has been remarkably active. It is suspected of having planned up to 25 terrorist strikes in Northern Ireland over the past year.



## Police Blotter continued..

### Stranded Hen

San Francisco police had to rescue a floating hen after a cruel prankster strapped the bird to 100 helium balloons. As the hen sailed



over the rooftops, police popped some of the balloons with a pellet gun, and the bird floated down into the arms of rescuers. Several hundred animal lovers applied to adopt the hen, which has been named Amelia, after aviator Amelia Earhart. "This is a great chicken, a friendly chicken," says animal shelter director Kat Brown. "This is a chicken that is ready for a relationship."

### Women Receive Fewer Tickets

When caught speeding in a 30-mph zone, white women were ticketed by Massachusetts police only 28 percent of the time, a new study of 166,000 tickets shows. The rest of the time, women were let off with a warning. For the same infraction, 52 percent of black and Hispanic men were ticketed. — *The Boston Globe*

### Star Brawl

Omar Sharif was convicted last week of attacking a casino guard after he lost \$30,000 on a single roulette bet in Paris. The 71-year-old actor got into an argument with the croupier and then head-butted a guard who asked him to leave the casino. A French court admonished him greatly with a one-month suspended sentence and a small fine. The Egyptian-born Sharif, best known for his roles in the films *Dr. Zhivago* and *Lawrence of Arabia*, has lived in Paris for many years. He has reportedly squandered much of his acting fortune in casinos — a habit he inherited from his mother, Claire Shatoub, who was a legendary gambler in Cairo.

### Heads of Households Ordered to Keep Firearms

Kennesaw, GA marks its 21st year of its interesting, and effective, gun policy — a 1982 ordinance that requires heads of

households to maintain a firearm and ammunition in their homes.

The laws' passage sparked national media attention and an unsuccessful lawsuit from the American Civil Liberties Union. Yet, 21 years later, fears that such an ordinance would increase crime prove not only unfounded, but outrageous.

Mayor Leonard Church believes the ordinance is responsible for dramatically decreasing the crime rate by 89 percent and helping keep it at remarkably low levels for 20 years.

"It was the law that was heard around the world," Church recently told *Marietta Daily Journal*. "It makes you think — it makes criminals think."

### A Burrito Defense

A Nebraska convict accused of violating his work-release agreement said his breath tested positive for alcohol only because he ate four burritos containing meat marinated in beer and tequila. Judge John Murphy studied the Burrito recipe and decided that William Dolge's alcohol intake was indeed inadvertent, in part because his excuse was so unlikely. "No rational person would use a 'burrito defense'" if it weren't true, the judge said.

### Unrest Along Chinese/North Korean Border

China is out of patience with North Korea. Pyongyang's growing nuclear arsenal combined with violence along its borders is causing a lot of sleepless nights in Beijing. Hunger and oppression in North Korea are driving its people to violence. "We are living in constant fear," said one resident.

News of crime waves seldom make the headlines, but more than 100,000 North Koreans have fled to China. If China ousts them, they will face starvation, jail or death. Many think the only way to survive in such tough times is to steal. North Korean soldiers sometimes cross the boarder into China to commit robbery. Recently they robbed a bank in Tumen. Pyongyang recently sent undercover operatives into China to track down and bring back defectors and refugees to bring them back or kill them. Recently agents killed two South Korean mission-

aries along with the four North Korean refugees they were hiding.

Recently China dispersed troops to the borders and build temporary military garrisons in towns like Tumen and Yanji to protect the boarders. Chinese officials fear Pyongyang will retaliate with nuclear terrorism.

### Inmate gets 50 years for throwing feces

In Huntsville, AL, an inmate who threw feces on a correctional officer last year was sentenced to an additional 50 years. Bobby Ferguson, 37, was convicted recently of harassing correctional officer John Pope. District Judge Erwin Earnest said due to the seriousness of prior convictions combined with the fact the harassment was premeditated (feces were temporarily stored in a milk carton prior to throwing) he decided to make an example of Ferguson.

### Security Screeners Fired

A recent hearing on Capital Hill disclosed that Transportation Security Administration (TSA) recently fired 1,200 airport screeners because security checks turned up problems including prior felony convictions. TSA says only 22,000 of the 52,000 screeners have completed background checks. TSA has also had to put scores of federal air marshals on leave for discrepancies in background checks.

### Crime Statistics

- 625,000 - Number of U.S. prisoners released this year
- 272,000 - Number of inmates released in 1994
- 60 percent - of former inmates who are rearrested within three years of being released

### Don't Drink and Drive

An old wives tale used to say that people who were drunk didn't get hurt in car accidents. Recent statistics prove this is untrue. Studies suggest alcohol weakens cell membranes making them more easily ruptured, and people with high alcohol levels bleed more.



# Force Under Pressure

## Why Cops Die: Contributions or Compromise to Officers Safety

By Lawrence N. Blum, Ph.D

The most important goals of training police officers in the use of proper tactics are the successful mission to protect and serve and the prevention of assault against officers and other innocent people. Dating from the Chinese philosopher Sun Tzu's classic *The Art of War*, the guiding purpose of the study and practice of tactics has been to gain and maintain a position of advantage and control prior to and during a tactical encounter.

It is within the application of tactics, however, that the end result will be determined: who wins and who is vanquished, who lives and who dies, whether the good people are protected and whether the police officers will go home at the end of their watch.

Experts in the field of police tactics and officer safety have developed a tremendous amount of information regarding successful assaults against police officers. They have continually seen the need to train officers' minds to make tactical decisions from this body of knowledge. They know that in the best of circumstances officers have options, that their minds see a vision of tactical options from which the officer selects the solution most likely to increase the likelihood of success and survival.

The experts have studied suspect behaviors prior to and during assaults against police officers. They know that "reading the scene" is a critical task for the officer: to watch what is unusual about a person's actions; to ascertain what the suspect's reactions to the officer's presence are. Are they compliant? Is there danger? Has this individual committed a crime? What does the officer have to contend with? How can the officer act to increase safety?

These experts have felt concern that officers appear to have the tendency to rush in, walk forward, and approach the suspect – to make something happen. They have found that there are many incidents in which a suspect has deceived the officer, and that by rushing in the officer has not used all the resources that could have been applied to this circumstance.

In a study of California law enforcement officers killed and assaulted in the line of duty between 1990 and 1994 – performed to establish "an information base from which training curricula, policies, and procedures (could) be developed or enhanced to curtail the injury or death of California police officers" – it was discovered that 31 police officers were feloniously murdered in the course of their duties. Each of these incidents was studied, and peers, supervisors, and co-workers of the murdered officers were interviewed. In these cases, a number of errors in officer safety were reported as the probable attitude or mindset of the victim police officers just before they were murdered: The officer was overconfident; the officer was too aggressive; an attitude of carelessness or complacency was reported; a lack of alertness or disregard for danger signs was reported; the officer maintained poor positioning; the officer relaxed too soon; a poor search technique was used; the officer was hesitant to use appro-

priate force; poor use of cover was reported; and the officer used improper or no use of handcuffs.

In an additional study of the felonious murders of police officers, an unintended set of "behavioral descriptors" was discovered in each of the 54 cases studied. The study reported:

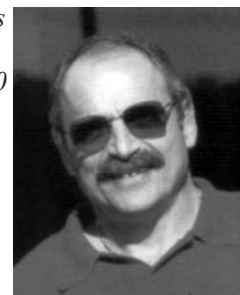
It was only after several interviews with victim officers' peers and supervisors that it became apparent that similar behavioral descriptors were commonly used to describe these victim officers.... Each of the 54 victim officers possessed several of these behavioral characteristics...

The consistently occurring characteristics of feloniously murdered victim officers were as follows. These officers were friendly to everyone and well liked by the community and department. They tended to use less force than other officers felt they would use in similar circumstances. They were hard working and generally saw themselves as more service-oriented than other law enforcement personnel. They used force only as a last resort (peers claimed they would use force at an earlier point in similar circumstances). They didn't follow all the rules, especially in regard to arrest, confrontation with prisoners, traffic stops, and did not wait for backup (when available). The victim officers felt they could "read" others and situations and dropped their guard as a result. They tended to look for "good" in others and were characterized as "laid back" and "easygoing."

The conclusion one can draw from both the above studies is that police officers' decision-making, judgment, and the response tendencies controlled by officers' own personality have compromised officers' ability to control the scene – and resulted in the death of an officer: These studies document the need for training and practice that is normally underemphasized in Academy and field training. Examples of such training needs are tools to maintain officers' concentration, vigilance, and accurate perceptions and judgment during threatening, unpredicted, or chaotic circumstances. In addition, officers need to be trained in techniques to engage in actions required by the elements they encounter at a scene, not their previously used personal "style" or personality.



*Dr. Lawrence Blum has devoted his life to the survival and wellness of "those who serve." He is a clinical psychologist who has worked with police departments for more than 20 years. **Force Under Pressure, How Cops Live and Why They Die**, published by Lantern Books. [www.lantern-books.com](http://www.lantern-books.com)*



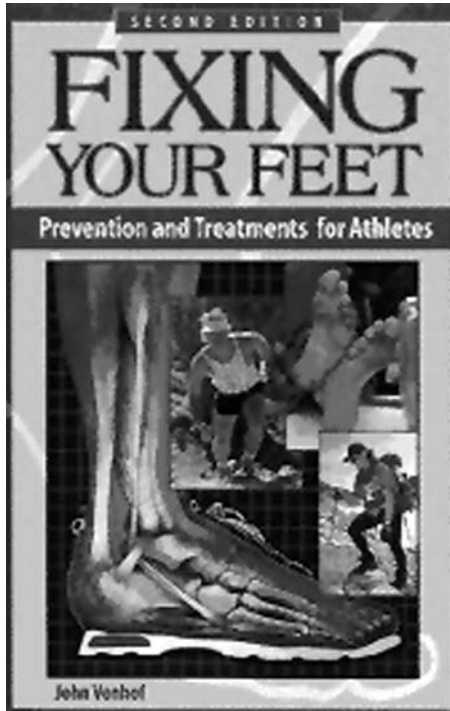


## What Not to Wear - On Your Feet

By John Vohnhof

### Footwear and Fit

Well-fitting shoes are key to maintaining



healthy feet during your sporting adventure. When buying shoes, the shoe should always conform to the shape of your feet—your feet should never be forced to conform to the shape of a pair of shoes.

Fit can be achieved with a little common sense and a bit of luck. The luck part is easiest to explain. Out of all shoes to choose from, there is more than one brand and style that will fit your feet. The luck part is finding the one or two that fit you best. The common sense comes in when you try the shoes on your feet. Here are the top 15 tips to get the best fit.

- . The shoes should feel comfortable—sometimes the difference between several pairs of shoes is amazing—don't save a buck at the expense of your feet.
- . Use shoe-buying guides as just that—a guide—do not eliminate a shoe from your consideration until you have tried it on.
- . Try on shoes at the end of the day because your feet normally swell

and become larger after standing and sitting during the day.

. Fit new shoes to your larger foot. Have your feet sized each time you buy new footwear.

. There should be no discomfort in any part of the shoe's fit.

. The arch of each foot should be supported without being too high for your foot type.

. Try on and fully lace both shoes.

. The tops of your feet should not be pinched when the shoes are laced properly.

. The fit of the shoe should come from the shoes themselves, not from tying the laces.

. The shoes should fit well with the same type of socks you will be wearing when you walk.

. Your toes should have plenty of room to move and wiggle and the toe box should not be too short in height or length. Aim for a least 1/2 to 1 inch of space between your longest toe and the front inside of the shoe.

. Your heels should be snug in the heel of the shoe and should have very little up and down movement.

. If the insoles that come in the shoe are weak and flimsy, replace them when you are buying the shoes—get a pair that provides support and cushioning.

. If you will be using orthotics or special insoles, be sure they fit in the shoe without pushing your foot too high in the shoe's upper, or too far forward.

. Feel around the inside of the shoe for rough spots at the seams or stitching inside the shoes.

Without the properly fitting shoes, your feet will slide around inside your footwear, create friction as the foot moves inside the shoe, and create pressure from being too tight in certain areas. This may also change the biomechanics of your foot strike which in turn can affect your gait and throw off your whole stride and bal-

ance, stressing your tendons and ligaments as they are forced to accommodate your foot inside a badly fitting shoe or changed gait. Circulation can be compromised when the foot and toes are pinched in too tight shoes with socks that make the fit even tighter, and then to top it off, you endure aches and/or pain or are more tired as you deal with all of the above. Be good to your feet. Get the best fit possible and don't settle for second best.



*John Vohnhof* is the author of **Fixing Your Feet: Prevention and Treatments for Athletes; Second Edition**. Subscribe to the free monthly "Fixing Your Feet Magazine" at <http://www.footworkpub.com>.



*Your feet are the foundation of everything you do. If you don't take care of them, they will sideline you fast.*

# MILITARY BRIEFING SCUTTLEBUTT



## Puzzling Pneumonia Outbreak

A spate of serious pneumonia cases among American troops stationed in southwest Asia is mystifying medical



investigators. From March 1 through July 30 of this year, about 100 troops in Iraq, Kuwait, Qatar, and Uzbekistan have been diagnosed with the respiratory disease. Ten of the sick troops were stationed in Iraq, and two of them have died. Epidemiologists have ruled out SARS, anthrax, smallpox, and other infectious agents as the cause of the ailments. They're focusing now on environmental factors. Usually, about three deaths from pneumonia occur among all Army troops each year, "so two occurring in one area of the world in about a month was enough to cause us concern," Col. Robert DeFraithe, the Army's chief of preventive medicine, tells *The New York Times*. Officials are baffled by the lack of an apparent connection between the cases; none of the patients had had any contact with each other. The investigation continues.

## The Taliban has Opened a New Base

Taliban leaders are strutting around freely in Pakistan, said Taliban expert Ahmed Rashid in the Web daily *Eurasia Insight*. Driven out of Afghanistan by the U.S.-led invasion in 2001, thousands of Taliban fighters and many of their Al-Qaeda allies have simply regrouped next door. They have all but taken over Quetta, the capital of Pakistan's Baluchistan province, studying in Islamic schools, known as madrasas, and spreading a message of jihad. Pakistani authorities have done

absolutely nothing to stop this "radical Islamic activity." Taliban leaders even give open press conferences, serene in the knowledge that the police will ignore them. Yet they are far from harmless. Over the summer, they've been slipping back into Afghanistan and "intensifying attacks" on both U.S. forces and Afghan government officials in an attempt to destabilize Afghanistan. Captured Taliban have confirmed that their leaders are paying them huge bounties for killing Americans: \$2,000 for killing a civilian and \$5,000 for a U.S. soldier. A successful raider can then return to Pakistan and rejoin his madrasa without fear of arrest. Such incentives are paying off. July saw the bloodiest fighting since the end of the war nearly two years ago. And the raids are getting bigger: A recent one at Spin Baldak involved more than 200 Taliban. Blame Pakistan. If the Taliban is getting bolder, it's because it knows it can operate with impunity.

## Designer Uniforms

The first "lessons learned" reports are coming in from Iraq, and it seems that most troops thought the tools of war worked extremely well. Of special note: Guns, body armor, and the backpack canteen were winners. But there was a long list of complaints the Pentagon has to deal with. Take the 9-mm gun. Soldiers said it lacked "stopping power" and had to be rigged to feed bullets into the chamber. Boots were too hot, and the soles crumbled. And the stitching in the trousers came undone in the crotch. They also want more pockets on shirtsleeves; many soldiers even hired tailors to sew them on.



## Enormous Enterprise

Although the Pentagon maintains fewer military bases and has fewer uniformed personnel than at the height of the Cold War, the U.S. defense establishment remains



massive. The DOD, which encompasses the Army, Navy, Air Force and Marines, says that it owns or rents 600,000 buildings in 6,000 locations in 146 countries.

Uncle Sam's military payroll is enormous. According to the DOD, 1.4 million men and women are on active duty. In most locations these uniformed personnel work alongside DOD civilian employees, of which there are 654,000. Together, that is about as many people as there are working for Wal-Mart, General Motors and Ford Motor Co. combined, says the DOD. As long as checks are being cut, add another 2 million issued to retirees, dependents and those on disability. And that is only the core workforce. Another 1.2 million serve in National Guard and Reserve units. Missing from the tally are the millions of workers employed by the dozen or so major defense contractors, hundreds of subcontractors, and thousands of vendors.

## Elite Training for Butler Warriors

**What's Up:** Defense Secretary Donald Rumsfeld is on a crusade to get as many as 320,000 uniformed service members out of jobs that could be handled just as well, or better, by civilians.

Rumsfeld says that effort is a key to reducing the deployment strain on the force in the open-ended global war on terrorism. His aides talk about jobs in medical and administrative fields, but they seldom mention those elite service members who attend a prestigious school for butlers each year.

**What's Next:** Slate magazine reports that the Air Force and Navy this year are sending at least 25 enlisted sailors and airmen to the Starkey International Institute for Household Management in Denver, which trains butlers and other Domestic staff for postings at the White House, the Pentagon and elsewhere. The Army apparently prefers to train its own servants. According to Slate, the service has about 300 enlisted aides overall for top generals and admirals.





*Dispatches continued from page 6...*

important point is that the learner practice techniques oriented toward winning armed confrontations, not high marksmanship scores. Not that accuracy isn't important, but fast hits on a human size target are critical.

The condition of practice is critical for training, and the form of qualification is rather secondary. In other words, the NRA course is more marksmanship-oriented, but as long as it isn't the core of training and is used only for qualifying, other skills can be emphasized in repetitions during practice and training. There does have to be a proficiency measure of some sort, and whatever one is chosen, it should not be the sole focus of training for armed confrontation, only measuring shooting skill. Keep practicing all the skills of winning armed confrontations.

**Hock's Reply:** Take a look at the newer Police NRA course, not the standard civilian one. I have heard good reviews. And...never let a Caliber Press seminar go by without attending it. Dave Smith and C.P. have changed the face of law enforcement training over the last 20 years unlike any other.

**E-mail:** How about sending about 100 free issues of *CQCMag* to me each time it comes out. I will leave them around the squad room for all the guys to read.

**Hock's Reply:** You know on the surface that sounds like a great idea. But first, let me ask the supermarket manager down the street if he minds giving me regular, free food. If he says yes, I'll send those magazines right over.

**Land Mail:** Why do U.S. Troops place cotton in the noses of the captured Iraq prisoners? Just to confuse and humiliate them? Or is there a tactical reason? - *B.W.S., Wisconsin*

**Reply by Steve Krystek of Vegas Metro Police, and PFC at**

**[www.PFCtraining.com](http://www.PFCtraining.com):** Most prisoners don't have TB (tuberculosis) immunizations, so the cotton balls both prevent the prisoner from getting TB, and prevents

them from passing TB via nasal emissions (sneezing) to our guys.

**E-mail:** I just received a report that confirms that the Spartan Drill/impact the weapon-bearing limb concept is alive and well in Iraq. A military escorted civilian convoy was traveling in Iraq. While the convoy was temporarily stopped, two Iraqi civilians entered the cab of one of the trucks. The first one grabbed some cans of coke. The second one entered the cab with a bayonet. The driver hit the Iraqi on the forearm with a metal pipe. The Iraqi dropped the knife and he and his partner ran away. -*Major Leland Belding, U.S. Army*

**E-mail:** I recently read that the Oregon House of Representatives has defined the word "science": "...the systematic enterprise of gathering knowledge about the universe and organizing and condensing that knowledge into testable laws and theories." In my opinion, your Scientific Fighting Congress does, indeed meet this definition...you gather information, skills and drills from all different sources; you organize this body of information into a logical, accessible and thorough methodology; and then you condense it down into your essence of combat concepts and emphasis on practical fighting/street survival. - *Ron Goin, Louisville, KY*

**E-mail:** They're at it again! I just saw a news report that talked about the new line of "healthy" processed food items that some of the big food corporations are producing. They are lower in fat, and calories then comparable full fat items. Unfortunately that's only half the story. These items are still processed. What that means is that they have minimal nutritional value. While they are lower in calories, those calories have a greater potential to be stored as fat by your body then the same amount of calories from an unprocessed source. And this fat has a greater potential to clog arteries then fats from an unprocessed source. Folks, I don't care what the package says, to your body processed equals death, and unprocessed equals life. - *Sgt. Fitness*  
[www.sgtfitness.com](http://www.sgtfitness.com)

*Ken Warner*  
presents the  
**BLACKJACK®**  
**GRUNT**

**\$96**  
(\$5 S&H)



The Grunt offers a Ken Warner blade design for maximum cutting with a state-of-the-art grip in a truly superior leather sheath. The blade (5 1/2" x 1 5/8") is AUS-8 steel convex-ground. It is Blackjack Sharp® with a slicing curve a full 5 3/8" long. The grip is Kraton, molded over a full tang. The sheath is U.S.-made, built in heavy leather like a pistol holster.

Phone orders accepted  
**KNIFEWARE, INC.**  
P.O. Box 3  
Greenville, WV 24945  
**304 832 6878**  
[www.knifeware.com](http://www.knifeware.com)

## **Kevin Purvis** Close Quarter Combat Instructor

*Classes in:*

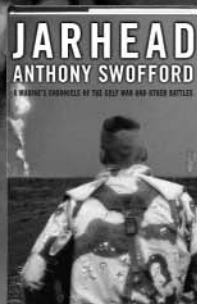
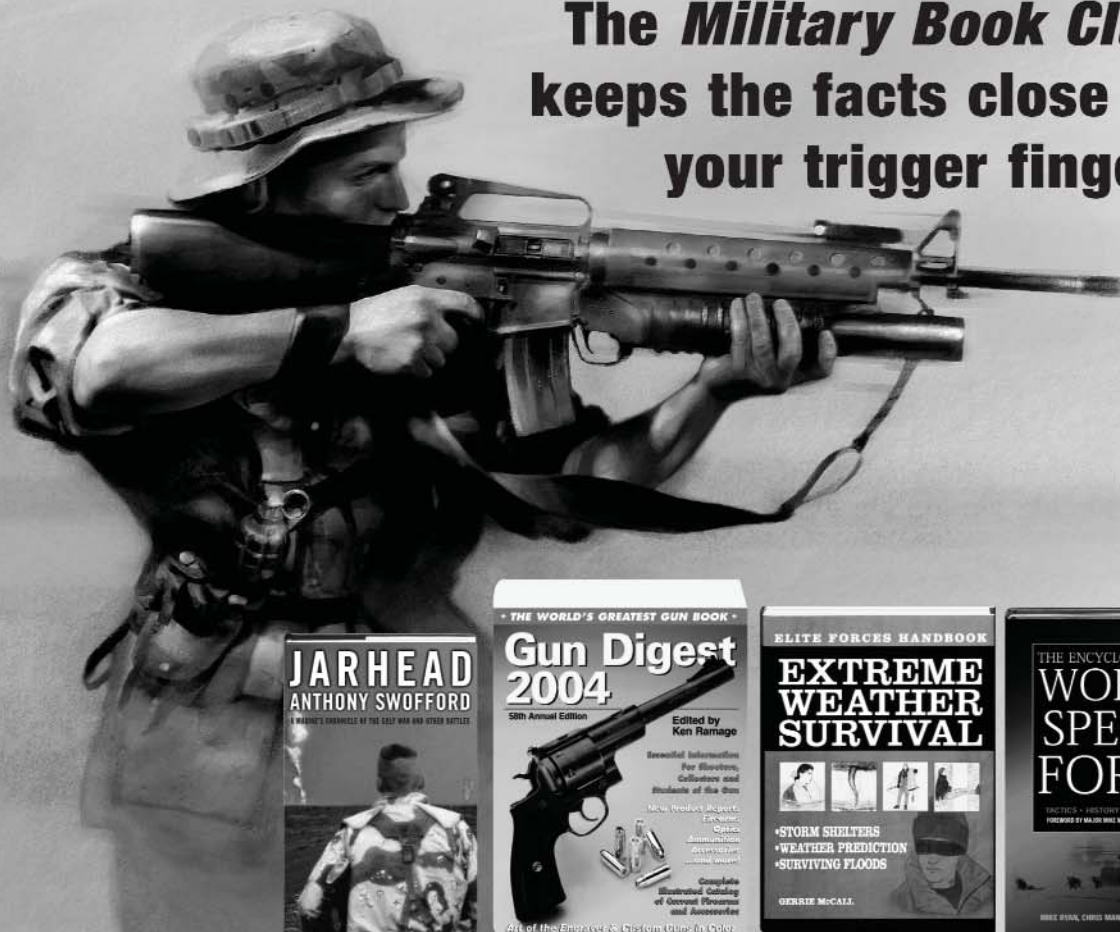
- Unarmed Combatives
- Knife/Counter Knife
- SDMS Impact Weapons
- Gun/Counter Gun

Dexter's Martial Arts  
and Fitness Center  
1310 Grand Ave  
Columbia, MO 65203

**(573) 529-0682**

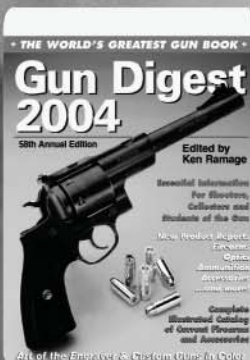
# You're on target

The *Military Book Club* keeps the facts close to your trigger finger.



Takes you to the ground level of the Gulf War where things were a lot uglier than they looked on prime-time news. This Marine scout/ sniper saw it all, and pulls no punches in his blunt, incisive memoir.

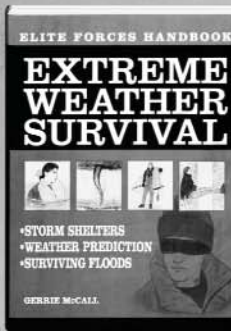
8243 \$24.00 25c



All of the Expertise & Custom Utile in Color

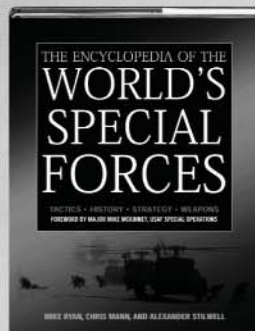
Thousands of firearms are detailed here to keep you up to date with the world of shooters, hunters and collectors. Includes reports, designs, innovations, ammo, optic, accessories and full-length feature articles. *B&W photos, 16-page color insert.*

0372+ \$27.00 25c



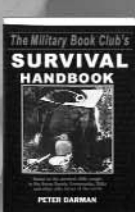
Filtering water, building a wind break, stranded in cold water... could you handle the worst weather? Yes, if you're ready. Complete with first-hand survivor stories, this hands-on guide will help you weather any storm. *B/W illustrations.*

0661 \$10.95 25c

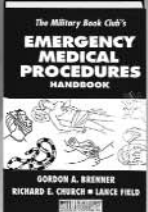


Special forces, great and small, are accounted for in this one-of-a-kind reference. Details the history, weapons, tactics and training, from U.S. Navy Seals to Russia's Spetznaz and beyond. 200 color and B/W photos. *50 B/W illustrations.*

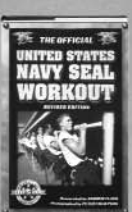
8375 \$24.95 25c



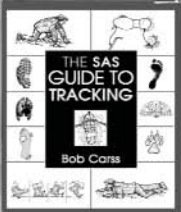
3111+ \$44.99x 25c



1305 \$42.99x 25c



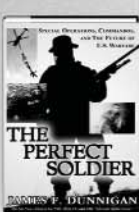
0471 \$47.99x 25c



0315+ \$49.95 25c



#7773-9999 \$46.00 50c



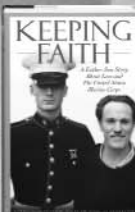
0752 \$24.95 25c



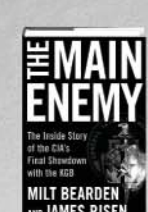
7898 \$49.99x 25c



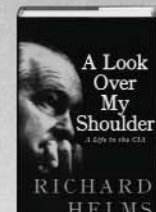
1479 \$48.99x 25c



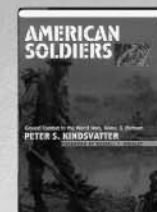
1560 \$26.00 25c



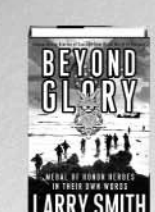
1172 \$27.0 25c



0364 \$36.00 25c



8466 \$34.95 25c



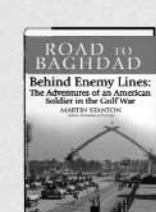
0208 \$26.95 25c



0091 \$24.95 25c



1834 \$29.95 25c



1156 \$24.95 25c



TAKE **4 BOOKS FOR 98¢** with membership

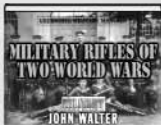
Join us online at

[www.JoinMilitaryBookClub.com](http://www.JoinMilitaryBookClub.com) OR AOL Keyword: Military Book Club

Use the Online Code on the coupon



5389 \$23.95 25c



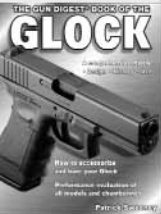
8110 \$24.00 25c



8359 \$15.00x 25c



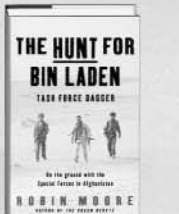
8045 \$24.99x 25c



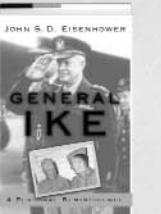
0448+ \$27.99 25c



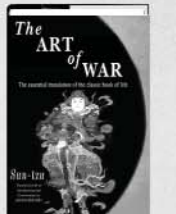
0331 \$24.99x 25c



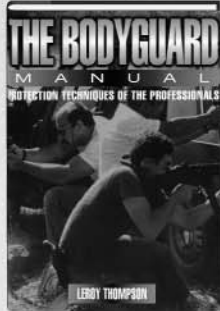
0554 \$24.95 25c



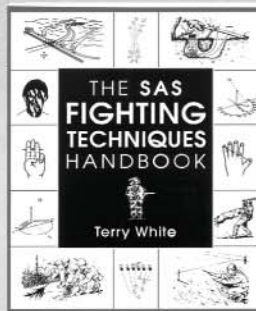
0737 \$27.00 25c



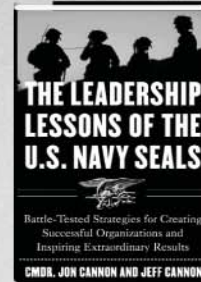
7880 \$24.95 25c



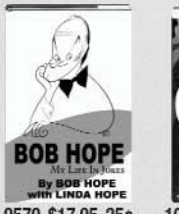
8763 \$24.95 25c



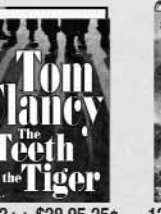
3731+ \$49.95 25c



8094 \$22.95 25c



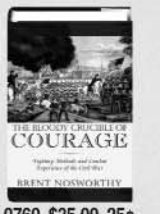
0570 \$17.95 25c



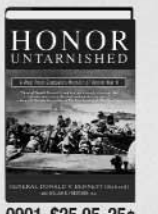
1032++ \$28.95 25c



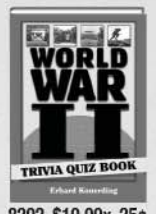
1214 \$30.00 25c



0760 \$35.00 25c



0901 \$25.95 25c



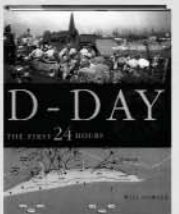
8292 \$49.99x 25c



0794 \$39.95 25c



0588 \$34.95 25c



8508 \$24.95 25c



8631 \$25.99x 25c



1222 \$29.95 25c



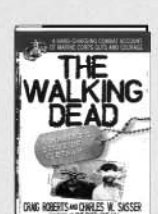
8680 \$24.99x 25c



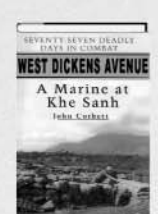
8524 \$24.95 25c



0596 \$25.00 25c



1263 \$47.99x 25c



8334 \$24.95 25c

**7 REASONS TO BECOME A MEMBER:** 1. **Membership is easy.** Just choose 4 books for 98¢. Send no money now. Your bill (including shipping and handling) will come when membership is confirmed (unless otherwise notified). 2. **Satisfaction Guaranteed.** If for any reason you're not satisfied with your Introductory Package, please return it within 20 days of receipt at our expense. Your membership will be canceled and you'll owe nothing. 3. **Save up to 50% off publishers' edition prices.** Every book we offer is a high-quality, full-text edition sometimes altered in size. Just purchase at least 4 more books at regular Club prices within 2 years. After buying 4 books you may resign at any time or remain a member for as long as you wish. 4. **More savings now!** Buy a 5th book now for just \$5.99, plus shipping and handling, and reduce your membership agreement to only 3 books. 5. **The FREE Club magazine** is sent to you up to 19 times a year (about every 3 weeks). Each issue reviews the Main Selections and a variety of alternate books. 6. **Ordering is risk-free.** Main Selections are sent to you automatically. To cancel shipment—or order other books—simply return your Member Reply Form or contact our Web site by the marked date. Shipping + handling (plus sales tax, where applicable) is added to each order. You'll always have 10 days to decide. If your Member Reply Form is late and unwanted books arrive, you can return them at our expense and we'll credit your account. 7. **Easy ordering** through the mail or via our Web site. Go to [www.JoinMilitaryBookClub.com](http://www.JoinMilitaryBookClub.com). Please use Online Code: **HS369**. D679

# Counts as 2 choices x Special edition exclusively for Club members + Softcover ++ Fiction

Prices shown are for publishers' hardcover editions.

Club hardcover editions save you up to 50%.

Prices shown were current at press time.

D679 CQB 10/1/03



[www.JoinMilitaryBookClub.com](http://www.JoinMilitaryBookClub.com)  
AOL Keyword: Military Book Club  
Use Online code below

**YES!** Please enroll me in *The Military Book Club*® according to the risk-free membership plan described in this ad. Send me the 4 BOOKS I've indicated. Bill me just 98¢, plus shipping and handling. I agree to buy 4 more books within the next 2 years.

Mr. \_\_\_\_\_  
Mrs./Ms. \_\_\_\_\_ (please print)

Address \_\_\_\_\_ Apt. \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ ZIP \_\_\_\_\_

Home telephone, please: (\_\_\_\_) \_\_\_\_\_

Please sign \_\_\_\_\_  
(if under 18, parent must sign)

47 ### ## 46 42 HS369 ← Online Code

MAIL TO: *The Military Book Club*®  
P.O. Box 6357  
Camp Hill, PA 17012-6357

Please write book numbers here:


If you select a book that counts as 2 choices, write the first 4 digits of the book number in one row of boxes and 9999 in the next.

Members accepted in U.S.A. and Canada only. Sales tax added where applicable. Membership subject to approval. Canadian members serviced from Canada where offer is slightly different.

**SAVE MORE NOW!** Send me this book now and reduce my commitment to 3 books. Bill me an added \$5.99, plus shipping and handling. (Books that count as 2 choices are not eligible.)

Please write 5th book number here: 

--	--	--	--	--



# MILITARY BRIEFING

## *Battlefield Diary*

### Update Baghdad, Iraq: 9 September 2003, 11:22 hours



**Editor's Note:** The following comes as insider news from the front in Iraq. A combat vet who requested we withhold his name writes:

Greetings family and friends. Once again, live from Baghdad!

Thanks for all the letters, boxes, and now e-mail you've sent. I appreciate your support. Here's the latest update on what's happening here in Baghdad.

My scout platoon and I are doing well. Our quality of life went up dramatically with the addition of the Internet cafe in our chow hall. Now our soldiers are able to maintain communication with their loved ones on a daily basis. The Internet phone has driven down the cost of a phone call from a dollar fifty a minute (satellite phone) to about two to three cents a minute. We still have to pay four dollars an hour to log onto the Internet. But, in the long run, it's a lot cheaper. Maintaining good contact with the home front makes life a lot more bearable around here.

We finally have a good laundry service that's free! To the soldiers, it sounds lazy, but I defiantly loathe washing cloths by hand. The way my uniforms smell after a few days in the sun, my wife would never had let me in the house. I'd be out in the garage stripping down, before being allowed access. It's good to wear clean cloths again. You could never really get them clean by hand. We're getting our SAT TV installed today. We haven't watched any TV for several months now. Going cold turkey was hard, and some experienced withdrawal. But now we can keep up with what's going on with the rest of the world. Before that, our only source of news was a four or five-day-old *Stars & Stripes* newspaper. We also got a shower building installed. We took hot showers for the first time in several months. It's so hot here we really didn't need it for hot water,

but we'll be here through winter, and I hear it gets pretty cold around here too. I guess they have the extreme of all seasons. Kind of reminds me of when I was in Korea. The temps have started to drop now and most days are a cool 100-102 degrees. When it maxed out at over 136 degrees, life was really tough. Even though I grew up in hot California and was stationed in the Mojave Desert at Fort Irwin, for four years, I had never experienced heat like this before. Basically, you don't do too much in the afternoon. Even the Iraqis hide during that time. They mostly sleep during the day, and conduct most of their activities at night. But now with a temperature of 100 degrees, life is a breeze. I'll probably be freezing when it drops to a cool 80 degrees.

The month of August was especially hard for coalition forces here. Coalition forces took close to 300 casualties (as reported by *Stars & Stripes* newspaper) due to all the IED (Improvised Explosive Device or a bomb) and RPG (rocket propelled grenade) attacks, and ambushes. The UN building, which was just down the road from us a mile or so, got blown up from a truck bomb. We were some of the first to respond. I secured the landing zone with my guys, so they could fly the choppers in to get the wounded out. Some of my guys went in to pull people out of the rubble and help the medics treat them. It was real gory, with body parts all over. They killed the UN Envoy (the guy in charge of the UN mission here), and about 20+ others. Not a good time for us. Plus, the UN tried to lay blame on the Army for not protecting them. I can say that they had U.S. Army protection in force. But they asked them to leave a few weeks before the attack. The UN didn't want us around, and didn't think having soldiers at the gate looked good for them, so we respected their wishes and left. They had their own Iraqi security. Obviously that wasn't enough to stop the attack. I highly doubt the attack would have been successful if they had let our



guys guard and protect them. So it's kind of their own fault, they made themselves a soft target.

Shortly after the UN attack, another car bomb went off at an Iraqi Police station nearby. We went to that one, too. The damage wasn't as severe as at the UN. Only one person was killed, (an Iraqi police officer) and 14 wounded (all Iraqi). Hearing large explosions has become a daily thing around here. When you hear one, it means one of two things: either some one got hit by an IED or car bomb; or an Explosive Ordnance Disposal (EOD) just blew up something that one of our guys found, bombs, and unexploited ordinance, IED, Booby Traps etc. Sometimes we find it first, before it finds us. They (enemy) have gotten more sophisticated in using IEDs. They are using cell phones as the detonator so they can call in from anywhere to set them off. This makes it next to impossible to catch them. A section from our company got lucky and caught two of the bastards setting up an IED. It had a cell phone attached. That's how we found out how much they have improved on their techniques of bomb making. Anyway, after the appropriate country ass whooping, they went to jail and should be there for quite awhile.

We still get some sporadic gunfire every night. One of my section sergeants had a drive-by shooting last week. His section chased those guys down, ran them off the road, and arrested them without firing a shot. They got an ass whooping too. They did a great job. That's hardcore combat police work, if I've ever seen it. The chain of command is getting real touchy feely when it comes to firefights now. We have to be real careful that we're 110 percent positive we're threatened, which usually means we have to get shot at first. This is not a good way to stay on the offensive and insure your security. But that's the way it is now. Lucky for us, the bad guys don't shoot really well, mainly because they take the butt stocks off their AK-47s. This affects their aim tremendously. They take them off so it's easier to hide them and use them from a car or van. Plus, I suspect it's also the cool terrorist look too. They suck at hip shooting. Funny, nobody can put a finger on exactly who we're fighting. There are so many factions now.

Many of my peers are now afraid that they will get investigated, and possibly be found guilty for not following the rules of engagement to the tee. Some are even telling their soldiers not to return fire, just to take cover and wait till the shooting stops. Ridiculous! I tell my guys it's better to be judged by 12 than carried by six. So we shoot back, and shoot back a lot, at any given opportunity we have. I'll be damned if one of my guys gets hit because we were trying to follow some political correct crap from some dumb-ass politician (military or civilian) who hasn't set one foot on a patrol and has no idea of what the reality of the streets are for us. Sometimes the enemy isn't just the guys trying to kill you...

I'm always totally amazed at how the higher chain of command tries to treat this war as if we were on some sort of training exercise. It's like their trying to pretend we're back at home station, or something. We've been required to do many of the things that you'd think you wouldn't waste time doing or worrying about during a combat operation. We have classes weekly. Like I don't have enough to do, going on patrols and making

sure my guys keep their vehicles combat ready and focus on not getting blown up or shot. I have to sit through some dumb class on crap I already know about. Don't forget to ensure that you have drip pans under your vehicles to catch oil. What for? We don't have a collection point for the oil they need to get rid of from our last vehicle services. (We did services in August. It went well. The hummers needed the maintenance with us putting 2000-4000 miles a month on them.)

We spend a lot of time making sure the windows are clean and everything is pretty and dressed right. In a desert environment, with the constant dust it's next to impossible to keep them really clean, but we try anyway. Oh and don't get caught with you sleeves rolled up, that's an instant reason for a first class ass chewing. As hot as it's been, sometimes it's all I can do not to laugh at my leaders and the stupid crap they worry about. Of course the rules don't apply to everyone. Officers can do what they want most of the time. They violate the dress code regularly. The rules change from camp to camp, too. So, it depends how anal your immediate bosses are, I guess. My sergeants complain about it a lot. I tell them that if that's all they (higher) have to gripe about, then we're doing pretty good. I hear the Pentagon wants to lower our pay now, I know a lot of my guys need that extra money. We're not the best-paid people in the country to begin with. But now they want to reduce our allowances too...

Unbelievable! The silly stuff never ends. We haven't had a real day off since being here. But you do get some time to take a power nap, read a book, or workout (PT) pretty regular. I make sure my guys get some down time each day. We're going to be here for a while, so no need to burn ourselves out.

Most of you ask if there are some things I want. If you really want to send something, just send any martial arts magazines or books. I've been reading a lot at night when I can't sleep, which helps me go back to sleep.

That's about it for now. Thanks for listening to my ranting and ravings. It's therapeutic for me to vent and to put all of this into words and express what's going on in my world. So have no fear dear friends, I'm real careful out in sector, and we're pretty good at what we do. So don't worry about me or my troopers. We're coming home as soon as our work's done here. Thanks for any support, or comfort you have given me.

Take care people.



- Old Bill



## WHY WE HATE

# “BESPREDEL” WAR AND GENOCIDE

By Rush W. Dozier, Jr.



Hate at its most atrocious annihilates mercy and feeds on the infliction of pain and death. One of the most graphic demonstrations of this terrible truth has been the Russian war to subdue Chechnya. Russian and Western human rights observers have gathered thousands of pages of documentation of torture, murder, looting, and rape committed by Russian soldiers in the most recent incarnation of this conflict in the rebellious North Caucasus province. Chechen fighters themselves have committed many atrocities as well as acts of terrorism. The Russian military uses a slang term to describe such fighting: *bespredel*. It literally means “no limits” and was coined by inmates in the Russian prison system. The latest war against the Chechens, which began in September 1999, at times reached such an intensity as to seem genocidal.

The motive for *bespredel* is simple: revenge, merciless and savage. “When you see your mates drop down on the ground, when you take your dead and wounded to the hospital, this is when hatred rises within you,” said a 23-year-old Russian officer. “And the hatred is against all Chechens, not just the individual enemies who killed your friends. This is when *bespredel* starts.”

Many Russian soldiers have been surprisingly willing to talk about terrible things they have done as long as their identities are concealed. They represent, according to one observer, “a Russian military culture that glorifies ardor in battle, portrays the enemy as inhuman, and has no effective system of accountability.” Explains one 21-year-old conscript: “Without *bespredel*, we’ll get nowhere in Chechnya. We have to be cruel to them. Otherwise, we’ll achieve



Besprudal cont....



nothing.”

“Boris,” an ex-soldier in his 30s, has had trouble sleeping since he returned from Chechnya. “I killed a lot,” he said. “I wouldn’t touch women or children, as long as they didn’t fire at me. But I would kill all the men I met during mopping-up operations. I didn’t feel sorry for them one bit. They deserved it. I wouldn’t even listen to their pleas or see the tears of their women when they asked me to spare their men. I simply took them aside and killed them.

Although the soldiers were under orders to turn over any captured Chechen fighters to the proper authorities, they rarely did. “I remember a Chechen female sniper,” said Boris. “She didn’t have any chance of making it to

the authorities. We just tore her apart with two armored personnel carriers, having tied her ankles with steel cables. There was a lot of blood, but the boys needed it. After this, a lot of the boys calmed down. Justice was done, and that was the most important thing for them.” Boris sometimes wakes up at night “in a cold sweat, all enraged, and all I can see is dead bodies, blood, and screams.”

Boris said he never killed civilians without being provoked, but others are not so scrupulous. A 33-year-old Russian army officer said he drowned four women and a middle-aged man in a well. “You should not believe people who say Chechens are not being exterminated,” he said. “In this Chechen war, it’s done by everyone who can do it. There are situations when it’s not possible. When an opportunity presents itself, few people miss it.”

The Chechens and the other mountain peoples of the North Caucasus have a long and violent history. They have been fighting the Russians since Ivan the Terrible tried to conquer them in the 16th century. Under dictator Joseph Stalin, Chechnya became part of one of the autonomous Soviet republics. The Nazis occupied the area during World War II. After the war, Stalin charged that the Chechens collaborated with the Germans

and had the entire population shipped by train into exile in the deserts of Kazakhstan. When Stalin died in 1953, Chechens began migrating back to their native region. In 1994, following the collapse of the Soviet Union, the Chechens again revolted against Russian rule and during a two-year war fought the Russian army to a standstill. After the war, Chechnya was virtually independent. But Russia accused Chechen fighters of running gangs that kidnapped Russian civilians and engaged in torture, murder, and mutilation. The Russian media portrayed the Chechens as merciless bandits and terrorists. The Chechens were blamed for four bomb explosions in Moscow and other cities in the fall of 1999 that killed 305 people. Soon after, the Russian military attacked Chechnya with overwhelming firepower and laid waste to Chechen cities and towns, capturing the capital, Grozny, in February 2000. But many Chechen fighters refused to give up. The war shifted to a bloody guerrilla conflict.

The 1999 attack on Chechnya was carried out with unbelievable ferocity and, according to many human rights groups, in violation of every rule of international law. Russia is a signatory of the Geneva Conventions and, according to the organization Human Rights Watch, “is obliged to respect human rights regardless of abuses committed by the other side.” Russian soldiers, however, made it clear that their rules of engagement did not include the Geneva Conventions. They did, however, include *bespredel*.

“Andrei,” a young soldier who turned 21 shortly after leaving the army, said captured Chechens knew they would receive no mercy. “You can see it in their eyes,” he said. “They never tell us anything, but then again, we never ask. We do it out of spite, because they can torture our soldiers, why shouldn’t we torture them?” He coolly described his favorite method of killing prisoners: “The easiest way is to heat your bayonet over charcoal, and when it’s red hot, to put it on their bodies, or stab them slowly. You need to make sure they feel as much pain as possible. The main thing is to have them die slowly. You don’t want them to die fast, because a fast death is an easy death. They should get the full treatment. They should get what they deserve. On one hand it looks like an atrocity, but on the other hand, it’s easy to get used to. I killed about nine people this way. I remember all of them.”

Russian authorities have promised a thorough investigation of possible war crimes in Chechnya, but Russian and international human rights groups say that little or nothing has been done. The Russian public, for the most part, has been indifferent to the fate of the Chechens. This attitude is reflected in the military. “We shouldn’t have given them time to prepare for the war,” said “Valery,” a Russian lieutenant colonel. “We should have slaughtered all the Chechens five years old and sent all the children that could still be reeducated to reservations with barbed wire and guards at the corners... But where would you find teachers willing to sacrifice their lives to reeducate these wolf cubs? There are no such people. Therefore, it’s much easier to kill them all. It takes less time for them to die than grow.”

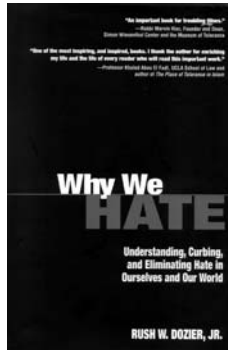
We see in this kind of reasoning the stark outlines of genocide. Hate and fear strongly activate the primitive neural sys-

# MILITARY BRIEFING FEATURE

tem, which thrives on broad categories based on stereotypes, generalizations, and loose associations. The threat category "Chechen fighters" can easily enlarge to include all Chechens, because in guerrilla war the line between combatants and non-combatants is not always clear. Hate also promotes an emotional coldness toward enemy populations in which indifference to wanton killing and the desire for revenge can rapidly grow, unconstrained by any sense of proportionality. Thus, war can expand into holocaust, especially when the warriors are not operating under rational restraints but under the principles of *bespredel*.



*Rush W. Dozier, Jr. is a Harvard-educated, Pulitzer Prize-nominated journalist and science writer and the author of several critically acclaimed books, including most recently, **Fear Itself**. He is an independent scholar, has testified before Congress and lectured at the Smithsonian Institute. His paper on nuclear nonproliferation was honored as one of the best in the country by the UN Association. Published by Contemporary Book, a division of McGraw-Hill companies. [www.books.mcgraw-hill.com](http://www.books.mcgraw-hill.com)*



## Close Quarter Combat Magazine

*Is it time for YOU to renew?*

Note:  
2 years U.S.  
\$70

Lauric Enterprises, Inc.  
P.O. Box 601  
Keller, TX 76244



John Doe (8/1/02)  
455 Lakewood Circle  
Anywhere, USA 12345

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip \_\_\_\_\_

Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

39.95 U.S. - 59.95 Mex/Can - 79.95 INTL

Mail check, money order or credit info  
to: Lauric Enterprises, Inc., P.O. Box 601,  
Keller, TX 76244 or renew online at:  
[www.HocksCQC.com](http://www.HocksCQC.com)

### MADE FOR PROFESSIONALS - DESIGNED AND BUILT BY PROFESSIONALS



The Masters of Defense CQD® series of Tactical Knives. For specs and explanation of design features, contact M.O.D. toll free 888-832-4158 or 828-452-4158. Visit us at [www.mastersofdefense.com](http://www.mastersofdefense.com)  
Made in U.S.A - Lifetime Warranty - GSA numbers are available



## Security List



### Soldiers, Rebels Brutalize Women in Liberia

Rebecca clutches her daughter's photo to her chest and wails at the sky. Gunmen burst into her home and raped her daughter on



her 10<sup>th</sup> birthday, leaving her dead in a pool of blood and vomit.

In Liberia, crazed men go door-to-door stealing, raping and killing women and children. Those sponsored by warlord President Charles Taylor as well as the rebels are to blame. Women are no longer safe in their homes. Rape has always gone hand in hand with war in Liberia, where Taylor first seized power in 1989. Every time there's an incursion, it's the same, says Miatta Roberts a counselor with the Liberian-run Concerned

Christian Community Shelter. With no functioning court system, rapist act with impunity. Some 1,500 women participate in the Christian groups trauma program teeming refugee camp in a converted athletic stadium where Roberts works. Of those 626 have been raped. Prior to most recent incursion, the center offered food, clothing and medical treatment as well as skills training. Now they provide a haven and try to keep the women busy. Alice was gang raped in front of her entire family who fled into the bush. The event left her shattered. "I feel shame before men," she says. "No one approaches me now."

### High-Rise Parachute

A fast opening, easy-to-steer parachute could save the lives of people trapped in burning skyscrapers. The Evacuchute from Emergency Evacuation Systems (EES) is designed for first-time users facing the aerodynamically unstable conditions surrounding a burning high-rise. "The precise manner in which the Evacuchute canopy is packed into the harness enables the parachute to open evenly



and correctly in less than 1.5 seconds," a spokesman for the LA based company says. EES currently sells two versions. The civilian model with helmet and smoke hood. A version for firefighters has a harness for a second rider. EES says that it expects orders once the newly created Department of Homeland Security begins to distribute grants to help communities prepare for terror attacks.

### 4-H Summer Camp Turns Bloody

D.J. Rawlings of Virginia was so excited about his first overnight summer camp adventure at Smith Mountain Lake 4-H Educational Center he couldn't sleep for months beforehand. He



looked forward to hiking, fishing and swimming. Instead, he got a black eye fighting in late night sports fights organized and run by camp counselors who bet \$4 each on the fight's outcome. Five counselors under 18 are suspected of involvement. "If we told our parents, they said we'd be in trouble," Rawlings said. But he did tell, and now an investigation is under way. Smith Mountain employees say this is an isolated incident, however, dozens of campers and law enforcement officials confirm the events.

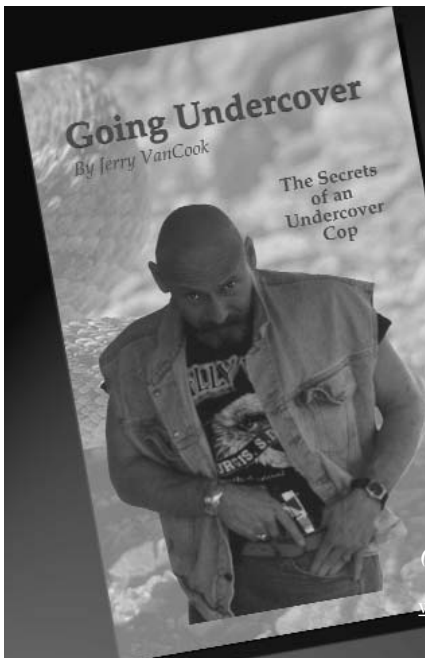
### Man Stabbed in Brain

A fully conscious New Zealand man waited six hours while surgeons debated the best course of action to remove a knife that had been imbedded deep into his brain.

Police in Wellington, New Zealand said the 37-year-old man was stabbed during a disagreement at about 4 a.m. local time, the *Dominion Post* reported.

Surgeons spent six hours planning the operation, which was successful. Martin Hunn, a Wellington Hospital neurosurgeon, said the man, "would have been in pain" as he waited for surgery, according to the report.

Dr. Hunn consulted an ear, nose and throat specialist before the man's surgery. Though it had to be done quickly, such a *Close Quarter Combat Magazine* - Page 25



Learn all the Tricks for

## GOING UNDER COVER!

"It is a bible for police survival." -Jim Cirillo, New York City Police Department Stakeout Unit, (Ret.)

*Going Undercover* is an informative, and entertaining guide to pulling off undercover police operations—without getting your head blown off.

"I found it to be not only authentic, but also very well written." -Col. Rex Applegate

To order, send cc info, check or money order for \$23.95 (U.S.) to Lauric Enterprises, Inc., P.O. Box 601, Keller, TX 76244 or call (817) 581-4021 or order online at [www.HocksCOC.com](http://www.HocksCOC.com) or [www.jerryvancook.com](http://www.jerryvancook.com) Intl orders please add an additional \$3.00

delicate surgery needed some planning prior to the operation to remove the knife.

"It's not the kind of operation we wanted to do at the end of the night," Hunn told the paper.

The operation took five hours. The man, who was not named in the original report, went into surgery about 10 a.m. local time.

Hunn said the patient was lucky the knife, which was serrated, was not pulled out at the scene. According to modern treatment methods, emergency medical care calls for splinting and bandaging the knife in place, rather than pulling it out. To remove it at the scene, emergency medical specialists warn, could mean greater harm, bleeding and damage of the patient.

"It would have been extremely dangerous. A lot of people try and pull the



offending object out – it's best if it's left in," Hunn told the *Post*.

Though severely injured, the man was expected to recover and not suffer any permanent brain damage.

Meanwhile, Peterson Hannah, 37 appeared in Wellington District Court yesterday charged with causing grievous bodily harm with intent. He was remanded to custody and will soon appear in court.

### Father Sentenced to Three Days at Rikers for Protecting His Family

Ronald Dixon of New York, an ex-Navy man with two jobs and two kids, shot an intruder he found in his toddler's bedroom early one recent morning. New York DA Charles Hynes planned to make an example of Dixon giving him three months in jail for possessing an unregis-



tered gun. However, Dixon pled guilty to a reduced charge of disorderly conduct and will spend three days in Rikers Island.

### Filipino Government Works to Ban Firearms Outside the Home

In response to the Philippine's recent decision to ban citizens from carrying firearms outside their homes, a pro gun group raised a furor and persuaded them to reconsider. However, only those who had received death threats and are willing to swim through a sea of red-tape will be able to carry. The number of Filipinos requesting gun permits increased dramatically due to recent terrorist and kidnapping activities. Officials say 800,000 permits were issued last year, though not all allow the bearer to carry guns outside the home. Though their constitution does not specifically mandate the ability to bear arms, some believe the right to self-protection includes the right to carry a gun.

T  
A  
N  
T  
O




**PUT YOUR EDGED WEAPON TRAINING OVER THE TOP WITH SHARKEE TRAINING KNIVES**

Made of rigid one piece molded poly-propylene for long term use • Blunt tips & rounded edges

- Will not accidentally puncture your mats
- Won't tear or splinter • Lightweight & perfectly balanced • Available in black or gray • Unless you lose it you'll never need to buy another blade.

**\$12<sup>99</sup>** each

**SHARKEE, INC.**  
Marital Arts Training Weapons

P.O. Box 1417 • Eldersburg, MD 21784  
www.sharkoo.com • email: comtrainwool.com

**410.552.0015**

D  
A  
G  
G  
E  
R  
S  
T  
Y  
L  
E  
B  
L  
A  
D  
E




P  
E  
N  
T  
J  
A  
K  
S  
I  
L  
A  
T  
S  
E  
R  
A  
S  
E  
R  
A  
K

**JM COMBATIVE BLADE ARTS**

Military Special Forces  
Law Enforcement,  
Security Agents  
Civilians



**BLADE MASTER**

John McCurry  
Group & Private  
Seminars Available

(562) 602-0313

S  
C  
I  
E  
N  
T  
I  
F  
I  
C  
F  
I  
G  
H  
T  
I  
N  
G  
C  
O  
N  
G  
R  
E  
S  
S

Seminars every Saturday at:  
Maha Guru Victor de Thouars  
VDT Academy:  
PO BOX 1663  
Bellflower, CA. 90707-1663  
(562) 920-0472  
mccurryjohn@hotmail.com





### *Christmas Spirit!*

Mail a friend's name and address to us and we will send them one issue of *Close Quarter Combat Magazine* Free!

Or, why not give a subscription as a gift. Only 39.95 complete with gift announcement.

Just call (817) 581-4021 Today to order! or send check, money order or credit card info to:

Lauric Enterprises, Inc.  
P.O. Box 601  
Keller, TX 76244

David Franklin's crime spree through a **Milwaukee, WI** neighborhood was cut short when one of his intended victims produced a gun and shot him. Milwaukee police said Franklin was suspected in six break-ins within blocks of his home. He apparently chose to break into homes where women lived; and if he caught a woman alone, he raped her. If the woman was not home, he would burglarize the house. Women in three of those cases were raped at gunpoint. The tables were turned on Franklin when he broke into a house, and the woman resident shot him in the arm. He was arrested at a local hospital after police interrogated him as to how he had been shot. – *Milwaukee Journal Sentinel*, Milwaukee, WI

Artelia Withers, a 72-year-old **Little Rock, AR** resident returned from church one night to discover her home had been burglarized. The living room window was broken, and several items including a cell phone and a television, had been stolen. Police investigating the burglary suggested Withers, who is affectionately known as "Big Momma," stay with relatives overnight. But Withers said she was not afraid to stay in her own home, even though she suspected the burglar might return for her other television sets and VCR. Her suspicions were validated at 6:20 a.m. when a man climbed through her living room window. Withers shot the intruder twice with a .25-cal. pistol, and police arrived shortly thereafter to arrest the man identified as Dennis Smith, a former boarder in Withers' home. Lt. Hayward Finks said Smith would be charged with burglary and that the shooting appeared to be justified as Withers had felt threatened. "She had every right to defend herself," Finks said. Withers reiterated that she is not afraid to stay in her home alone. "I've got another pistol," she said. – *Arkansas Democrat-Gazette*, Little Rock, AR

When a **Rocheport, MO** woman noticed a stranger outside her home banging on her doors and windows, she dialed 9-1-1. The man then broke a window and entered the home. Upon hearing the glass break, the homeowner grabbed a pistol and went out the back door to seek shelter in her garage. When the intruder

entered the garage carrying a cooler filled with beer and food he had stolen from the house, the homeowner drew her gun and held the burglar until deputies arrived to take him into custody. – *Columbia Daily Tribune*, Columbia, MO

Tyrone McKnight a **Charlotte, NC** man with a record of some 30 offenses committed over eight years, picked the wrong target for what would be his last crime. McKnight broke into an East Charlotte apartment about 2:30 a.m. Resident Jerene Haron O'Neal, awake and armed, pointed a gun at McKnight and fired at least three times, according to Charlotte-Mecklenberg police. McKnight was taken to a local hospital where he later died. – *The Charlotte Observer*, Charlotte, NC

One Sunday evening, a **Custer, WA** resident noticed a strange vehicle parked near a storage shed on his property. Seeing that the shed had been broken into, he picked up a shotgun and went to investigate. As a man came out of the shed, the armed homeowner confronted him. The trespasser then grabbed a gun out of his own car and pointed it at the homeowner who responded by shooting the burglar. Sgt. John Barribal reported that the suspect, Matthew Brown, was treated for facial wounds and booked on suspicion of first-degree burglary and assault. – *The Northern Light*, Blaine, WA

Store Clerk Nicole Tucker, 21, of **Altavista, VA** first noticed the man wandering around Tucker's Market about 4 p.m. when the store was very busy. He'd said he was looking for a friend. An hour later, when Tucker was alone in the store, the man returned. "I was by myself the second time," she said. "He confronted me about money, he said, 'give me your money, or I'll blow your brains out.'" The man acted as though he had a gun in his pocket. As he came around the counter toward her, his view was momentarily obstructed and Tucker used that to her advantage. She grabbed the gun kept in the store, which stopped the man in his tracks. "He must have seen me with it (the gun) because he took off and ran back out the door. I followed him...I pointed the gun at him, but I never fired," she explained. Police were on the scene within 30 seconds, but the suspect remained at large. Tucker's coworker, Doris Clark, praised Tucker's actions. "The only reason he didn't get anything was that when he came around the corner, he was facing a gun," Clark said. "She was a very brave young lady, and I compliment her very much for her bravery." – *Altavista Journal*, Altavista, VA

A **Phoenix, AZ** construction equipment company had been hit by a string of burglaries, so the owners decided to take turns standing guard at night to ward off any other thieves. Early on Tuesday morning Douglas Click, one of the owners at Arizona Hi-Lift, was guarding the company armed with a shotgun. He confronted two men who were stealing items from the equipment yard, and they attacked him with a metal rod, according to Phoenix Police Detective Tony Morales. Click responded by firing at his attackers, and one was fatally wounded. Detective Morales said no charges would be filed against Click as, "he was in fear of his life and he was being attacked." – *The Arizona Republic*, Phoenix, AZ

# CITIZEN'S SELF DEFENSE LEAGUE

## ARMED CITIZEN

Chad Lewis answered a knock at the door of his **Sacramento County, CA** home late one night and was attacked by a frightening figure. The home invader, wearing a ski mask and armed with a metal pipe, struck Lewis repeatedly on the upper body and head. Lewis' roommate was recovering from knee surgery and could not physically assist him, but managed to call 9-1-1 and get hold of his rifle, as he feared Lewis would be killed in the attack. Meanwhile, Lewis broke free from his assailant and retrieved a handgun from his bedroom. A struggle ensued over the gun, but Lewis was finally able to pull free and shoot his attacker. When authorities arrived, both Lewis and the intruder were taken to the hospital. Lewis' condition was serious, and his attacker was in critical condition with a gunshot wound to the head. – *The Sacramento Bee*, Sacramento, CA

Theresa Castellano and her 6-year-old daughter, Alysa, were visiting Alysa's friend, Kaitlyn, at her home in **Tampa, FL** when terror erupted inside. The girls were watching TV and began laughing loudly at something they had seen. The abrupt laughter apparently startled the dogs in the house, which began growling and barking. Sensing the two rottweilers and pit bull were not playing around, Castellano tried to get the girls to be quiet, but the dogs attacked them, biting Kaitlyn and Alysa. Castellano was able to distract the dogs, which allowed the girls time to run to safety at a neighbor's house, but by then Castellano herself was being attacked. Two neighbors armed with handguns fired on the dogs to get them to release the woman. One of the armed men was bitten in the leg, during the struggle. One dog was killed, and the other two retreated back into the house. Authorities found one dog wounded and the other lying on the floor inside. They were taken to a local animal shelter and later euthanized. Castellano and her daughter each required 100 stitches to close their wounds, and Kaitlyn needed 20 stitches. – *The Tampa Tribune*, Tampa FL

Three men, posing as police officers, broke through a door of a home near **Lansing, MI** intent on robbery, according to authorities. When the intruders began shooting, a female resident returned fire, hitting one of the men in the back. The woman was treated for superficial wounds and released from the hospital. The intruder she shot appeared to have suffered a severe spine injury, said Saginaw Police Detective Sgt. Mark Lively. Police were continuing their

search for the two remaining suspects. – *The Saginaw News*, Saginaw MI

Kenneth Maloney, a 79-year-old stamp and coin dealer, had his **Torrance, CA** shop robbed several times, the most recent occurrence left him with welts on his temple and wrist where the robber had struck him. In February, the owner of Mr. Muldoon's Stamps and Coins fought back and shot an armed, would-be robber in the hip. "He picked the wrong guy to go in there and stick up," said David Wells, a Torrance Resident and occasional visitor to the store. Torrance police Lt. Patrick Shortall reported that the robber was booked at the local medical center's jail ward. – *Daily Breeze*, Torrance, CA

Charles Leon Downen, owner of Downen Oil Co., in **Little Rock, AK** was in his business office one morning with his

**“He picked the wrong person to stick up!”**

grandson (an employee), Charles Randall Downen, when two men entered and asked to use the restroom. When the men returned, one grabbed the elder Downen, put a gun to his head and said, "This is a robbery." The business owner struggled with the attacker, later identified as Troy Williams. The gun went off, striking Williams. His accomplice, Phillip Williams, then ran from the store with Downen's grandson chasing after him

with a .45-cal handgun. Sergeant Alan Quattlebaum of the police department's homicide division reported that Phillip Williams "had a rifle down the leg of his pants." Phillip Williams and the younger Downen exchanged fire in the parking lot. When police arrived, Downen's grandson was holding Phillip Williams at gunpoint on the ground. Both suspects were pronounced dead. The Downens were not harmed. – *Arkansas Democrat Gazette*, Little Rock, AK

A 75-year-old **Independence Township, MI** man was sitting on his couch watching television when he heard a loud noise. The homeowner went to investigate, and as he entered the kitchen he discovered three men coming in his back door, which had been kicked open. There was an exchange of gunfire between the resident and intruders, and the would-be burglars fled. Unfortunately, the man wasn't able to provide good descriptions of the intruders for police. – *The Oakland Press*, Pontiac, MI

---

*Reprinted/w permission The Armed Citizen, 11250 Waples Mill Rd., Fairfax, VA 22030-9400*



## The Schizophrenic School



Split personalities.

How many different “hats,” or uniforms do you really need to keep your school up and running? Or more succinctly, how many personalities do you need? Do you have a suit for every type of customer? A mindset? A course? Lets look at every customer you want to teach in your fiefdom.

- . *Children*
- . *Teens*
- . *College students*
- . *Exercise enthusiasts*
- . *Esoteric martial artists*
- . *Middle-aged adults*
- . *Mature adults*
- . *Rape and other crime victims*
- . *Local police*
- . *Local stationed military*

In a perfect world you would be a magnet for all of them, wouldn't you? Take a good look at that list and project a personality and face to fit every category. If you have been a teacher for any length of time you have met every one of these people.

This probing examination will lead you to understand that each group needs different marketing, and more tricky for you, their very own specialized course. But it gets worse. Like the prism of the diamond, each group expects YOU to act and look a certain way and even dress a certain way too. They even expect your school to look a particular way.

In this mad game of multi-personality projection how should you look? In your heart of hearts, you know police and military have an opinion on your ponytail, or your pierced nose. While they and citizens might suffer a few tattoos like “US Marines,” and “I love Sally Forever,” they will not like to see Ray Bradbury's Illustrated Man as the greeter in your lobby. The Tae-Bo fitness freak does not like to find his instructor too overweight, while the over-40 citizen may find your extra 15 pounds *comforting* because you look like him! And if you can do this course, he can do it too!”

Citizens do not like to call teachers “Master,” in the supermarket. In fact, if you are that kind of ego-maniac you're a write-off to me. White karate gi's are the same turn-off as are militant camo pants for they represent extremes to the silent majority. So, how should you look? My quick answer is generic. Thank goodness the short-haired, bald look is in vogue, masking

*My definition of a perfect schizophrenic martial school? My place would be called Hock's Defend Yourself Center. When you walk in, you'd find counters of self-defense equipment and gear. There would be pepper spray, door locks, alarms, knives and even guns for sale. A large training room with two, three or more smaller rooms would be behind those counters. Another room would hold common gym/exercise equipment for health club memberships. A bulletin board would announce regular hand, stick, knife and gun CQC classes and seminars. Trips to nearby gun ranges for courses would be listed.*

place would be called Hock's Defend Yourself Center. When you walk in, you'd find counters of self-defense equipment and gear. There would be pepper spray, door locks, alarms, knives and even guns for sale. A large training room with two, three or more smaller rooms would be behind those counters. Another room would hold common gym/exercise equipment for health club memberships. A bulletin board would announce regular hand, stick, knife and gun CQC classes and seminars. Trips to nearby gun ranges for courses would be listed.

Mentioned also on this message board, would be special nights and weekends for theme subjects like crime prevention and CPR. In one of those smaller rooms I would run hot and cold kid's classes, taught by someone else not me. In **that** room you have the wall of elementary school drawings, not visible from other rooms.

Yet another room could be rented out to those other martial art adult specialty themes....Arnis, Karate, Tai Chi. Don't forget yoga! The personalities of these classes would not spill into the other areas. Open a limitless department store, a mall, geared to attract any and all, not a limited small specialty shop.

But I will probably never have such a dream place. You know why? Because this business concept is so successful, I travel the world to teach it and am too busy to run any one single fixed place. The equation for success is very multi-faceted and fickle.



the freak to the conservative in you all. Polos and Dockers pants are the mark of the current day professional trainer.

How should your institute be decorated? Need I say generic yet again? It should have the polished look and smell of an expensive college training center or elite gym. Police officers will not wander into your operation if the walls are peppered with the colored drawings from 10-year-olds. Chinese seekers curl their lip at Japanese regalia. Sweaty men wrestling in spandex tights looks weird to your average customer. Too macho? Not good. Too tame? Not good either! And folks, take down the Bruce Lee posters. Give them a rest. OK? Unless you expect to teach Jeet Kune Do the rest of your life and limit your appeal to that very small, small sliver of the adult market. Who, over 12 years-old do you think is impressed with a Bruce Lee poster?

A few issues back in this Instructor column we investigated what the silent majority does not want to do or become. Think about the big picture-the countless people that never look into your front window, that drive right by your sidewalk. You must remember that 90 percent of the population ignore or are turned off by the idea of martial arts, karate, etc. Yet, a much larger portion are interested in learning "tricks" to survive attacks and fights.

In the United States, a nation of some 300 million people, 99.99999 percent of your potential adult market DOES not want to become Bruce Lee, a high-kicking Van Damme or an Israeli commando. Nor do they want to do your katas, leg splits or break boards.

Did I mention you would have to be in a good location? Location. Location. Location! I hope you have a window, a sign, on a street with lots of traffic and a well-traveled sidewalk.

My definition of a perfect schizophrenic martial school? My  
Page 30 - Close Quarter Combat Magazine

Stadion Publishing  
P.O. Box 447  
Island Pond, Vermont  
05846-0447  
[www.self-defense.info](http://www.self-defense.info)  
(802) 723-6175

SEND PAYMENT TO:  
SAFE STICKS  
P.O. BOX 2173  
WAYNE N.J. 07470

**B.A.T. BAD ASS TRAINER**

"Visit our Website for all your Training needs!"

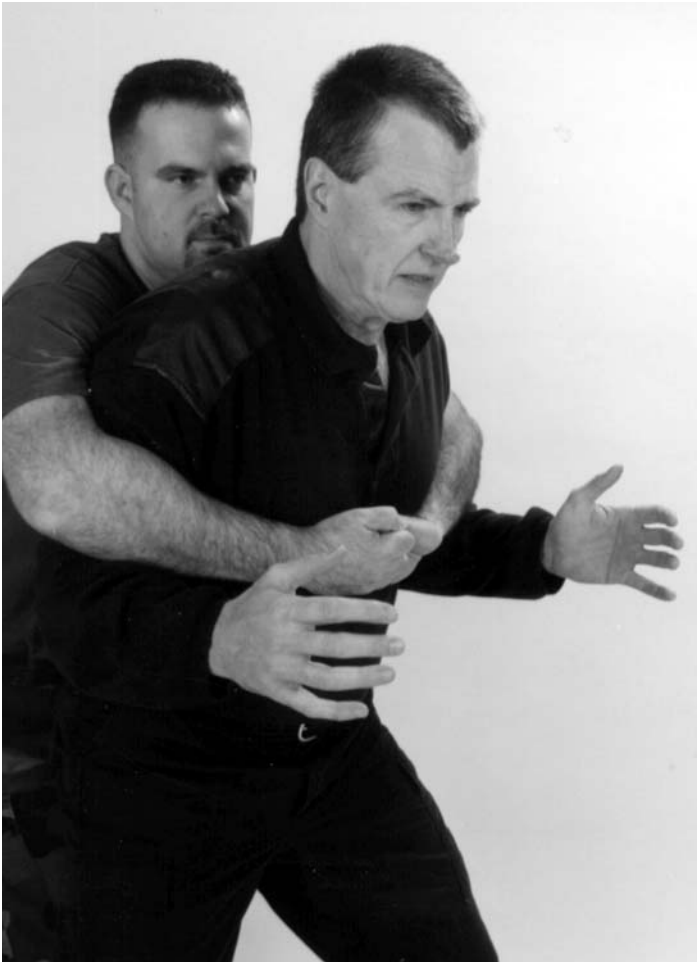
**\$39.95 PLUS \$5.00 SHIPPING**

**Reyes B.A.T. 2003**  
Weight: 6.9 ounces  
Overall Length: 11.75"  
Handle Length: 6.75"  
Blade Length 5"

WWW.COMBAT-ARNIS.COM



## Trip, Punch, Pull, Tackle - How They Take You Down



*Pulldowns are a common cause of takedowns.*

### How do they take you down?

It appears there are four major ways victims and/or enforcement officers end up on the ground during fights and criminal attacks. They are tripping and/or pushing, punched (mostly sucker-punched), pulled down, or tackled.

Several major studies were recently released from sources like the United States Department of Justice and universities specializing in criminal justice. This new information indicates that the following are primary causes for going down on the ground during confrontations. The new studies support prior police training organizations, correctional employee studies and the experience of citizens who have experienced crime.

First, how many victims actually land on the ground? You must first note that all surveys are regional and in some cases anecdotal. There is no one national or international clearing-house amassing ground fight statistics. Police reports do not have a singular check-off box or entry line tracking the elements of ground zero combatives. Such info is often ignored or buried in the text portion of reports and requires time-consuming, investigative mining to unearth, if even mentioned at all. These overall studies range from 40 to 70 percent hit the ground in a fight. People who sell ground fighting courses have claimed as high as 95 to 100 percent.

#### **Cause 1) Tripping and/or Pushing**

Tripping leads the list as the major cause of hitting the ground, as in stumbling over unseen, unpredictable indoor and outdoor terrain. When attacked, a person often has a natural reaction to retreat a few steps to buy more time, vision and space. Often this produces a rear fall over an unforeseen curb, furniture, irregular terrain, another person-or any number of things. Inside many of these trips, as one cause of the stumble some research includes pushing. Many times a push leads to a trip and it seems undecipherable in these studies to draw exact distinctions between the push and the trip.

#### **Cause 2) The Punch: Haymakers, Suckers and Sport Punches**

The punch accounts for the next largest method. More specifically, other examinations conclude that the sucker punch is king. The sucker-punch may well be the most successful street and battlefield fist tactic, one virtually ignored in martial training. Countless case-histories record an opponent standing before a victim in a neutral position, or turning away arms down, only to suddenly crank back with a punch to the face. In most probable order these punches are:

- Punch 1) The Haymaker
- Punch 2) The ½ Turn  
Sucker Punch
- Punch 3) The Circle Round Sucker Punch
- Punch 4) The Distracter-when something is tossed  
or a hand is waved first
- Punch 5) The QD Uppercut from a normal hands  
down standing position
- Punch 6) The Sport Punch



*Punching is a major cause of going down.*

**Cause 3) The Pull Downs**

Fights occur at ramming speed. Either someone is ramming into you or you are ramming into them, or there is no fight. A crash and clinch is a strong possibility. If one party loses balance while clutching the other, often there is a pull down of the other person. There are even martial tactics where this takedown tactic is performed on purpose! The practitioner simply leaps on a person and hangs on, toppling all but the strongest of foes. The next common pull down is when your opponent has been downed and as you hover over him in standing or knee-high positions, he yanks you down to his level. In most probable order, these pull downs are:

- Pull Down 1) Standing Pull Down: A grab and fall.
- Pull Down 2) Ground to Standing: A reach up, grab and pull down

**Cause 4) Tackling**

It is said that if a man played football as a boy, should he get into a fight 30 years later, he will most likely tackle his opponent. Many children and young adults in America play football, as many in other countries play rugby and "footie." This tackling training



*Fights occur at ramming speed.*

plays right with an almost instinctual desire to tackle in fights. In most probable order these tackles are:

- Tackle 1) The Wild Man Tackle: Anything goes leap and grab
- Tackle 2) The Football/Sport Tackle: The leaping grab we so often see in sport events
- Tackle 3) The Wrestler's Tackle: A grab, lift and drop

**Summary**

There are counters and skill drills to defeat each one of these attacks. Train with the statistics. Work against the probable first, on down to the improbable.



**\$ 14.95**  
+ s/h

\* Hardened Aluminum  
\* Colors Available

Patent Pending

Effective Modern Non-Lethal Legal

**The Key-Do**

Personal Protection Tool

Endorsed by

www.ichf.com

To Order Go To:

**KeenEdgeKnives.com**

Dealer Inquiries Welcome

Or Call:

**(303) 732-4858**

Instructional CD Available Soon



## When Less is More!

By Jerry VanCook



*North American ARms Mini-Master: Small enough to aid, big enough to shoot.*

Sheriff Pat McFadden signed the commission card then slid it across the desk so I could put my own name on the line just above the words *Deputy Sheriff*.

“You got a gun?” he asked.

“Yes sir,” I said. “A couple of them.”

“Well, start carrying one. And you can cut out that ‘sir’ crap. We don’t stand on a lot of formality around here. I’m Pat.”

I nodded, stood up, and left the office. It was a Friday afternoon in early 1975, and I wouldn’t actually start work until the next Monday. So I drove back to my tiny efficiency apartment and went straight to the chest of drawers where I kept my 9 mm Browning HiPower and Smith & Wesson Model 19. The Browning was my favorite of the two so I cocked it, locked it, and stuck it in my pants. Then I drove straight to the café where the local cops had coffee. I already knew at least half of them—some had grown up with me and others had been students at my karate school.

The cocked hammer of the Browning bit into my ribs as I drove. It became even more uncomfortable once I got the coffee shop and sat down again. But I didn’t care.

I was a brand new deputy sheriff, I was carrying a gun, and it was fun.

Well, I’m not twenty-three any more. And somewhere, long, long ago, the romance of carrying a gun flew right out the window. Even though I knew I might need a gun, and I continued to

carry one, it became more of a nuisance than an adventure. Actually, it became a royal pain in the ass—sometimes figuratively and other times literally. Then I retired from full-time service. But since I’m still commissioned as a part-time law enforcement officer, and therefore feel a responsibility for protecting others (not to mention myself) should I stumble across a violent situation, a gun it still pretty much like an American Express card to me. “I don’t leave home without it.”

Now, I know what I’m about to say will draw the ire of some hard-core pistoleros. They’re going to either mutter out loud, or at least think, terms like “mouse guns.” They’re going to mentally refer to the stopping power charts they’ve memorized and think of all of the horror stories they’ve heard about small caliber weapons not getting the job done efficiently. Fine—that’s their right just as it’s my right to play the odds, and know from experience, that these days the most violent people I’m likely to encounter are surly check-out girls at the grocery store. Here’s what I’m trying to say: When I actually ride with another officer in my part-time capacity I still carry full-sized weapons, wear holsters, and do all the other things a law enforcement officer should do. But when I go about my daily life these days as a professional writer I almost always drop down to tiny little guns which are more comfortable to carry, don’t weigh me down, and don’t make me dress certain ways to avoid tell-tale bulges. There are getting to be enough bulges on my body as I get older; I see no reason to add more when I don’t have to.

I started carrying “little guns” years ago as back-ups to larger weapons, and sometimes as primary weapons while working undercover in environments where it was a “dwarf gun or no gun at all.” Tiny guns, in my opinion, are still excellent back-up weapons or in some cases “backup backups.” So let me tell you about the ones I tote now, what I like and don’t like about each one (*everything* has a down side, too), and you might actually find yourself deciding you want something along these lines for



*Roughly the same size, the American Derringer DA38 offers two rounds of .40 S&W while the North American Arms Guardian serves up 3.32s. This is not a bad “small carry” combo.*

yourself. Like with every other aspect of self-defense, you need to create your own personal system, which meets your particular needs and life style.

## THE AMERICAN DERRINGER DA38 in .40 S&W

I bought this little powerhouse several years ago as soon as I saw it. It's got big caliber stopping power in a blue-jeans pocket package. That's one of the things I really like about it. I also like the fact that it's a very fast gun into action compared to other derringers because it's got a very smooth double action pull. It's very safe to carry with a manual thumb safety similar to those found on most single-action autos. What *don't* I like about it? Well, it kicks like a mule on crank. I shot an entire box of rounds out of it the day I bought it, and couldn't make a fist for a week afterwards. Now, when I take it to the range I fire 6-8 rounds to keep in practice then drop it back in my pocket. Having only two rounds makes me a little nervous, too. So I almost always carry another small gun with it.

## THE DAVIS MODEL O-32 .32 AUTO DERRINGER

This is another two-shooter, which is even smaller, and *far easier* on the pocketbook. You can find them most places for well under a hundred bucks, and while I've had several over the years I've never had a misfire or any other problem with them. It fits easily into just about any pocket of any garment, and as you can see in the picture I've added a small strap and O-ring to mine. That's because I stick it on the end of my pocket watch chain when I'm wearing a vest.

The down side: As far as I'm concerned, this is a *left-handed* gun. The safe way to carry it is on half-cock with the safety engaged, and the push-button safety is on the right side. That makes it awkward in the right hand but relatively easy to disengage, and then cock, with the left. Southpaws—or anyone wanting a weak-hand backup—take note.

## NORTH AMERICAN ARMS GUARDIAN .32 ACP and NORTH AMERICAN ARMS .22 MAGNUM MINI-MASTER

I hope not to offend either of the above companies because they make some excellent products. But I've got to say—I've saved the best for last.

North American Arms manufactures the two "tiny terrors" I like best, and I usually find myself carrying them in tandem, which is still much easier than carrying one bigger gun.

The Guardian .32 ACP came along just at the right time for me because I was really thinking about shelling out the unreasonable amount of money the Seecamp .32s sell for in the aftermarket. (I should note here that the initial price from the Seecamp company is fair—it's just that they're so hard to obtain that they create a seller's "used" market.) Like the American Derringer DA38, I bought the first one of these I saw. I had owned enough of the NAA mini-revolvers over the years to know that anything these folks put out would be top quality, and I wasn't disappointed. To be honest, I like this gun better than the Seecamp because it's not limited to the .32 Silvertip ammo. I stoke mine with RBCD Performance Plus .32s, which leave the barrel at about 1800 fps and I've not had a jam or misfire yet. Most of the time this little DA-only auto goes into a pocket holster.

The North American Arms Mini-Master in .22 magnum is my latest pygmy powerhouse acquisition, and I can't say enough good things about it. It's like the NAA Mini Revolvers—but on steroids. The Mini Master has a reinforced 4" ribbed barrel and the oversized rubber grips which you find on some of NAA's other models. These features pump it up into a whole different shooting category. Range and accuracy are *vastly* extended over the smaller mini-wheels. I was able to keep the first five rounds I shot out of my Mini Master in the X-ring at 15 yards, and that ain't half bad for an old man who can't focus on the sights anymore. (I had roughly the same results point-shooting, I might add, because the extended barrel also aids in pointing.) Like the other NAA revolvers, this is a single-action weapon and must be manually cocked before each shot is fired. That bothers me not in the least. As anyone who has ever practiced with a Colt Single Action Army knows, the single action revolver is still the fastest gun into action for the first shot. And if you teach yourself to shoot a single-action with both hands, cocking with the weak-hand thumb during the recoil between shots, there's very little difference between single and double-action follow-up speed.

One last accolade to the Mini Master: The four-inch barrel allows it to be carried inside the waistband either with, or without, a holster. With the shorter barrels I've found that when you sit down they tend to ride up over the belt and fall out.

There you have it, folks—the "VanCook View" on carrying small. I'm not saying these are the guns you should tote if you're about to assault a terrorist stronghold or *expecting* other kinds of trouble. They're just the kind of guns I find myself carrying during my everyday jaunts about town. Just remember that old comeback line to people unaccustomed to violence who find out you're carrying a pistol of any kind and stupidly ask you if you're expecting trouble. ☢

"No, if I was *expecting* trouble I'd have a shotgun or a rifle."

Writer, Law Enforcement Officer, and CQC Instructor **Jerry VanCook** is the author of **Going Undercover, Real World Self-Defense**, and over 40 action-adventure novels. He currently serves as the covert operations board member for the National Law Enforcement and Security Institute and teaches both armed and unarmed self-defense. Website: [www.jerryvancook.com](http://www.jerryvancook.com).



**Top:** American Derringer DA38 .40 S&W; **Left:** North American Arms Guardian .32 ACP; **Right:** Davis Derringer .32 Auto; **Bottom:** North American Arms Mini-Master .22 Magnum



## Bouncer Stabbed!

By Joe Reyes

A bouncer at a New York City nightclub died recently after being stabbed in a brawl that police said began when he tried to enforce the city's new ban on smoking in bars, nightclubs and restaurants. Dana Blake, 32, died approximately 11 hours after the fight at an Eastside Nightclub.

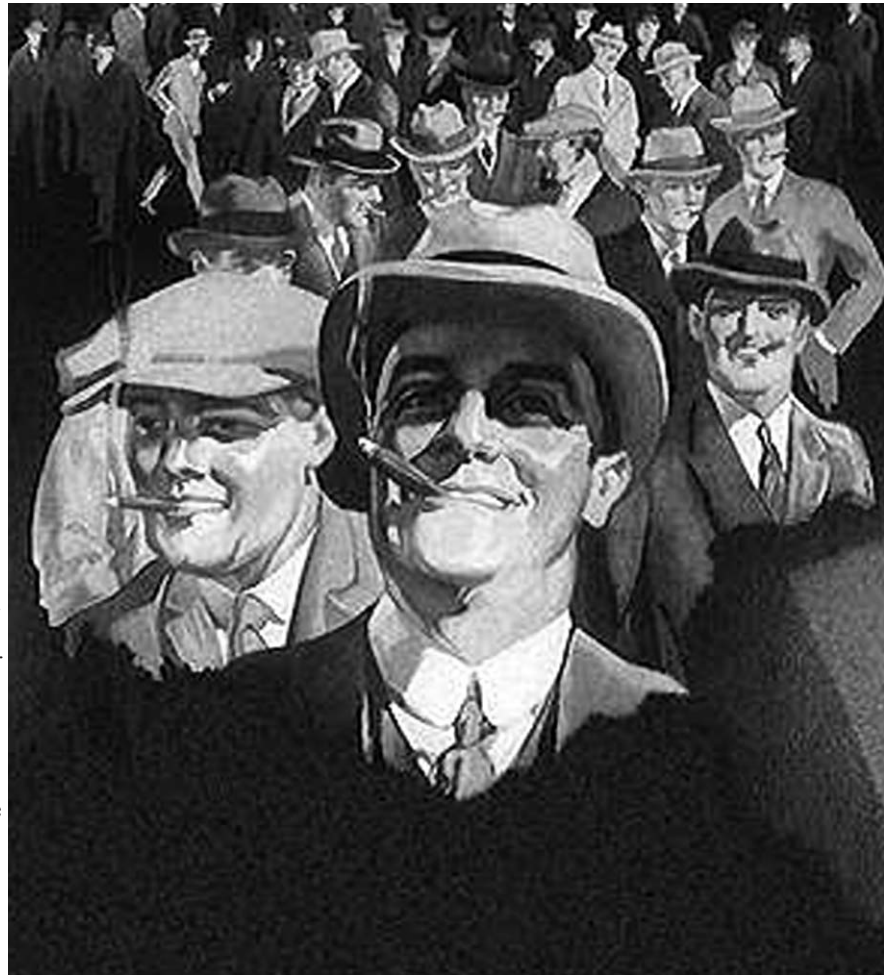
When I first heard about this ban on smoking in public that the city was going to enforce I thought to myself, "who is going to be the first one to push the envelope." And it didn't take long. About 2 weeks after the law passed, someone wound up dead.

Let me say that everyone who was interviewed had the same thing to say about this Dana Blake. "Shazam," as he was known to his co-workers and friends, was a father of two small children and loved by everyone who knew him. This was one of the good guys, and it's a shame when we lose one.

Blake approached the men about 2:30 a.m. to ask them to not smoke in the bar. Words were exchanged, and the fight began. When Blake tried to eject Johnathan Chan, he was stabbed, but it was unclear which of the two brothers stabbed him. The pair ran out of the club and another bouncer from the club chased them down. The bouncer and police arrested the two men on charges of assault, criminal possession of a weapon and resisting arrest.

Eleven hours later, Blake died at the hospital. I can't stress this enough, whenever you work in a city environment you have to be prepared – vest, gloves, boots etc. Do not work this kind of a job and just think that you have a good right cross and you can knock somebody the hell out! Weapon disarms are one of the main things you should train because you never know what or who you may be up against. It has been broadcast by the news media that these two were training in Filipino Kali with a Jersey organization that I will leave unnamed here. Does this put a dark cloud over Arnis, Kali and Escrima? Sure it does, but it also puts the reality of what we do in perspective. It was no coincidence that the wound that killed this gentle giant was a slash to the femoral artery. There were some big names in the Arnis, Kali and Escrima circle in New York metro area that had no comment on the subject when asked. The more macho and violent the name of the system you train in, the more it may come to haunt you if you use it.

The police and city hall played down the connection between the death and the anti-smoking law, which was brought forth by Mayor Bloomberg. "The smoking issue was the initial contact," said Deputy Commissioner Michael O'looney, the Police department's chief spokesman. "The homicide seems to be more



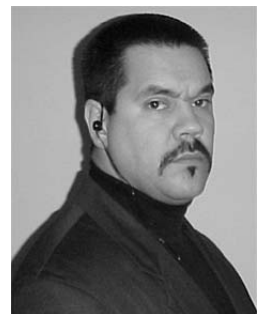
over the issue of the ejection method from the bar."

I have heard of dozens of violent incidents that have happened since implementing this non-smoking law that just didn't make the news. Work together as a team, and everybody goes home.

Let's face it, metal detectors and pat downs *are not a thing of the past* and they are precautions that you can take to ensure you go home at the end of the night and not to the hospital...or your grave. May God bless Shazam and his family, and his friends.



**Joseph Reyes, Jr.** serves as a bodyguard and security supervisor for one of the largest nightclubs in northern New Jersey. A 10-year veteran bouncer and a veteran martial artist, Reyes is an Advanced Instructor in the SFC system. You may contact him at (973) 694-4348 or visit [www.combat-arnis.com](http://www.combat-arnis.com)





## Nervous about Nirvana



Every Sunday I sit like such a good mamma's boy in church. I count down the minutes for the Pats NFL kickoff on TV later. Every Sunday at 8 a.m., Mrs. Buffalo becomes my mommy. She punches me awake. She sets out my clothes, and harasses me until I am in the passenger seat of her car.

I don't want to go to church. I never do. Never have. And, as I sit in this solemn congregation, I ask myself how I got there? I am mean! I am a former Green Beret. I have killed people. Why, on one of my two days off a week – when I can sleep late and wallow in the steam of my hangover, am I going to church against my will like a powerless church mouse? How did this happen to me? How?

The answer is Heaven. Each Sunday morning while the guy in the black robe rambles on about...well, really who the hell knows what – he seems to mention the Beatles a lot, I mean John and Paul, but never Ringo – and I find myself day-dreaming about heaven. Church is a heaven-oriented place. Right? That's the bottom line isn't it? And...I'm a little nervous about the whole thing.

A paisley necktie constricts my blood flow, as I stare down to gaze at my distorted reflection in the tops of my spit-polished church shoes. I see a bald man with a fun-house face who has many questions about heaven. Behind my face on my Florsheims is the church ceiling, painted with the glorious, white clouds. Two shoes, two little faces of me framed by clouds. Can I see myself there? What exactly goes on up there in heaven? I have many questions.

I have heard evangelists say there is golf in heaven, but I don't play golf. One Rev said there is no sex in heaven. No

sex? What about those vestal virgins? The Muslims who flew into buildings and still blow themselves up think they will have a herd of vestal virgins with which to diddle and fornicate. What is vestal about a virgin anyway? Don't these numbskulls want at least one of them to be an experienced dame? I don't like the idea of no sex in heaven. The only heaven on Earth I've found is those four seconds of Nirvana at the end of my conjugal visits with Mrs. Buffalo.

Others think that we will gather and hang out at a river with the proverbial "loved ones." Are relatives mandatory in heaven? Truth told, Lord, I hate my stupid relatives. They are boring putzes. My uncle Sal is an idiot, and my grandmother hated us kids. My Pops beat me with an old enema tube regularly. And, I had to support my Aunt Tilly from Brooklyn in the last three years of her life. It seems that Brother Bob Tilton came back on television again. You know Bob. Farming for God. Always needing seed money.

Anwho, one night my Aunt Tilly drank too much Canadian Club and sent Brother Bob her last \$8,000. My Aunt lost her duplex. Me and my brothers had to chip in for years to feed Tilly.

Will I spend an eternity with Mrs. Buffalo? Will she look 30 years old again – ahhh, those scrumptious years. OR will she be her favorite age – 21? Whose heaven is this anyway? And besides, I promised, "til death do us part." Upon death...I should be free and clear to date, right?

There's a group who thinks they can earn an entire planet after they die. Imagine that! A planet. Is it lonely?

Who's there with you? Relatives? Old Army buddies? Didn't they get their own planets? Do we just graduate to a lifestyle where we start visiting each other's planets instead of neighborhoods? How do we visit? Rockets? I tell you right

now, I don't want my own planet. I don't want to cut the grass! I just want a small condo on the Miami Beach planet.

My best buddy Johnny Redfern is going straight to hell. Will he have visiting hours? What about Valhalla? If you go down smacking heads in Norway, or is it Scandinavia, you get to go to Valhalla where your day job is whacking off heads. We rest up at night with vostic, Nordic goddesses in scanty fur teddies. Might be fun for a few years, but I might want a change. Does heaven change around for you? I mean, will it cycle through things if they get boring? It would seem that no matter how cool your favorite place, people and times would be, an eternity of virgins, Vikings, golf and clouds would get a bit boring.

Can you actually get bored in heaven? Maybe as bored as I am sitting in this church? Ahhh – what's the Padre talking about anyway? Oh...reaping and sowing again. My face sure looks funny in these Florsheims. I hope next week Mrs. Buf sets out my fuzzy Hush Puppies.

This heaven thing! Seems kind of subjective, huh? Hey! 87 minutes until New England Pats kick-off! Soon, I'll be sitting in my naugahyde Barkalounger, pounding down ice-cold brewskis. Turn that electronic massage switch on! Ahhh, now that's my kind of Heaven! Bye-Bye!



*Buffalo Nickels is a retired U.S. Army special forces operator who does occasional consultant work and wishes to remain anonymous so he may put in his five cents worth in on life, liberty and the pursuit of whatever he sees fit.*



*"Food? Hell! This looks like a great place for a disco!"  
Everyone's definition of Heaven is different!*



# W. Hock Hochheim Presents "Real" Reality Fighting Videos

2003

Oct 4 - 5 - Dallas/Ft Worth, TX  
 Oct 11 - 12 - Romeoville, IL  
 Oct 18 - 19 - Des Moines, IA  
 Oct 20 - 21 - Hampton, IA  
 Nov 2 - Annapolis, MD  
 Nov 6 - 9 - Valdosta, GA  
 Nov 15 - 16 - Raleigh-Durham, NC  
 Nov 21 - 23 - Elsmere, KY  
 Nov 27 - 30 - Melbourne, Australia  
 Dec 3 - Redlands, CA  
 Dec 6 - 7 - Los Angeles, CA



2004

Jan 29 - Feb 1 - Las Vegas, NV  
 Feb 7 - 8 - Valdosta, GA

[www.HocksCQC.com](http://www.HocksCQC.com)

US MARINE WW II COMBATIVES



**WW II U.S. Marine Combatives:**  
 90 minutes of actual Marine WW II training footage of takedowns, throws, military knife "duels," pistol, club and bayonet disarming and many other CQB tactics, plus combat conditioning drills for land and water survival. Acquired from Pentagon 16mm archives. RARE! -- \$39.95 (approx 1 1/2 hrs)



**OSS Secret Army Training Camp**  
 This video comes from 16mm Pentagon archives and shows OSS camp hand vs. hand, and hand vs. knife, club and improvised weaponry. Col Rex Applegate, in a short mask to protect his identity, (as are all in the film) is in some of the instruction. See an underground OSS shooting range and much more. RARE! --\$29.50 (approx 30 min)



**U.S. Army/Navy WW II Military Judo**  
 Actual WW II Army/Navy training footage of takedowns, throws, military knife dueling, pistol, club and bayonet disarming and many other CQB tactics, plus combat conditioning drills. From Pentagon 16mm archives. RARE! -- \$39.95 (approx 1 hr)



**Ultimate Street Brawls**  
**No Ring! No Refs! No Rules! Non-stop Action!**  
 Real people caught on film battling it out in streets, parks and on sidewalks. See citizens settling disputes with their fists. Raw! Uncensored! Chaos rules! See --\$39.95 (approx 40 min)

**Purchase all four tapes at once for ONLY \$124.95!**

To order, or for info about seminars, instructorships, books, additional videos or Close Quarter Combat Magazine, or to request your FREE Catalog visit [www.HocksCQC.com](http://www.HocksCQC.com) or send check, credit card info or money order to: Lauric Enterprises, Inc., P.O. Box 601, Keller, TX 76244 or call (817) 581-4021. Most of our books and all our magazines are available at our website as PDF files. Save on shipping and handling and download yours today. Prices listed above include U.S. shipping and handling. For INTL orders, add \$3 per video.

## W. HOCK HOCHHEIM'S CLOSE QUARTER COMBAT CAMPS

Get  
 Certified!  
 Or Just  
 Train For  
 Knowledge!



HAND  
 STICK  
 KNIFE  
 GUN

CLOSE QUARTER  
 COMBATIVES GROUP

...seen the elephant?

### Next Big Camps

Melbourne, Australia Nov 27-30, 2003

Las Vegas, NV Jan 29-Feb 1, 2004

Valdosta, GA Feb 7-8, 2004

Call (817) 581-4021 or see [www.HocksCQC.com](http://www.HocksCQC.com) for details.

# STEELE DEFENSE



Steele Defense covers the wide spectrum of less than lethal and lethal training for citizens, law enforcement, military and security personnel-people who are expected to understand the moral, legal and ethical use of force continuum, and use the same behavior, maturity and restraint in unarmed, edged and impact weapon combatives, as

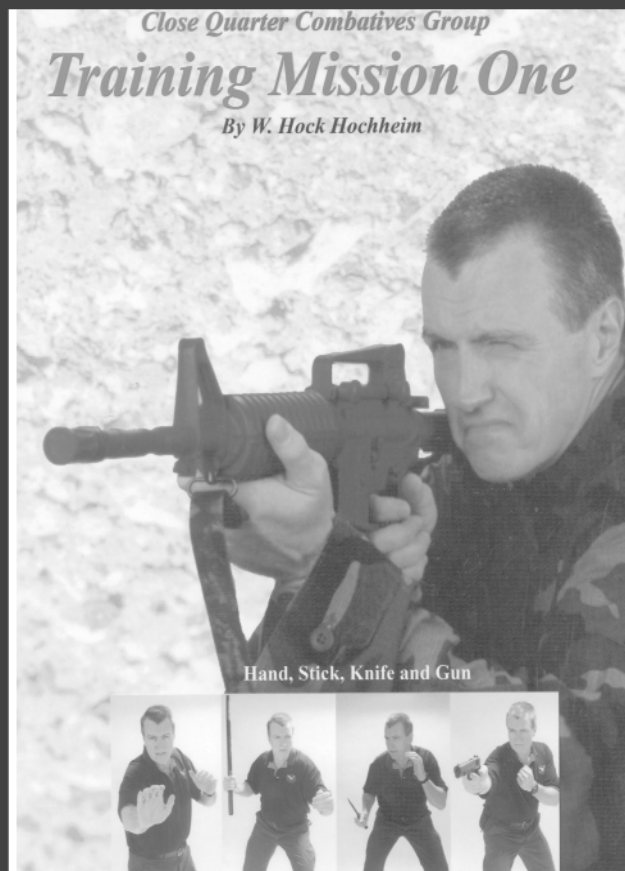
they do when using firearms in their line of professional duty or in the act of defending themselves or others.

CQC Classes are offered every 2nd and 4th Saturday of every month, from 9:30-11:00. Call Mike Steele at (540) 752-9039 for details.

Located at Steele, 1101  
 International Pkwy. Suite 107  
 Fredericksburg, Va. 22406

[www.steeledefense.com](http://www.steeledefense.com)

**NOW ON DVD TWO AND ONE HALF HOURS PACKED WITH  
EXPERT TECHNIQUES! TWO DVD SET - ONLY \$55**



**SEE!**

**Unarmed Combatives Level 1**

- \* Finger /Eye Attack Module
- \* Groin Kick Module
- \* Finger Takedown Module

**SDMS Level 1**

- \* Introduction to SDMS
- \* Impact Weapon Stress Quick Draw Module

**Knife/Counter-Knife Level 1**

- \* Knife Stress Quick Draw Module

**Gun/Counter-Gun Level 1**

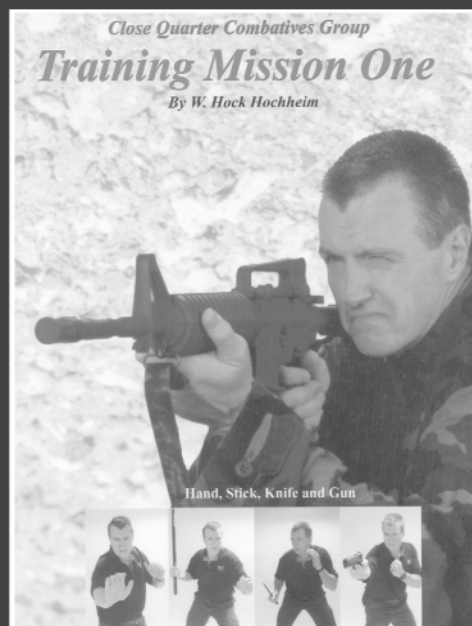
- \* Introduction to Gun Handling & Fighting
- \* Pistol Stress Quick Draw Module

**New information not shown in the book!**

***\$55 with \$5 Postage and Handling***

**DON'T FORGET THE BOOK THAT STARTED IT ALL!**

*TMO* - the book - is 200 hundred pages and over 2,000 how-to photographs. This is the first of 10 *Training Mission Books* and DVDs - one for every level of Hock's CQC Group Course.



***\$25 plus \$5 Postage and Handling***



trainingblades.com

*Manufacturing the finest training knives since 1992*

**FREE BROCHURE**



**EDGES2, INC.**

6805 Furman Pkwy  
Riverdale, MD 20737

Voice: 301-306-0194

Fax: 301-306-5382

Email: bob@trainingblades.com

## *Bowie Knife Big Knife Dueling!*

*Dwight McLemore, big knife fighting expert and knife historian shares the secrets of fighting with the Bowie Knife. Dwight shares:*

- . Strategies*
- . Drills*
- . Tactics*
- . Lots of dueling action*

*"Dwight is a master in his field," says Hock Hochheim.*

*"His organization of the material and professionally honed teaching skills make him a fantastic resource on this popular subject."*

*The \$36 price already includes U.S. postage and handling.*

*Send check, cc info or money order to: Lauric Enterprises, Inc., P.O. Box 601, Keller, TX 76244 or call 817-581-4021.*

The Scientific Fighting Congress  
and  
The School of Two Swords  
*presents*

**BOWIE KNIFE  
AND BIG KNIFE DUELING**



By Edged Weapons Expert and Historian  
Dwight McLemore,  
Lt. Col. U.S. Army (Ret.)

Filmed at  
The School of Two Swords  
Yorktown, VA

# NOW AVAILABLE TRAINING MISSION TWO!

**SEE!**

**Unarmed Combatives Group Review**

**Unarmed Combatives**

- . The Palm Strike
- . The Frontal Thrust Kick Module
- . The Palm/Inside-Arm Contact and Strike
- . The Circular Takedowns

**SDMS Impact Weapon Combatives**

- . The SMS Module

**Knife/Counter-Knife Combatives**

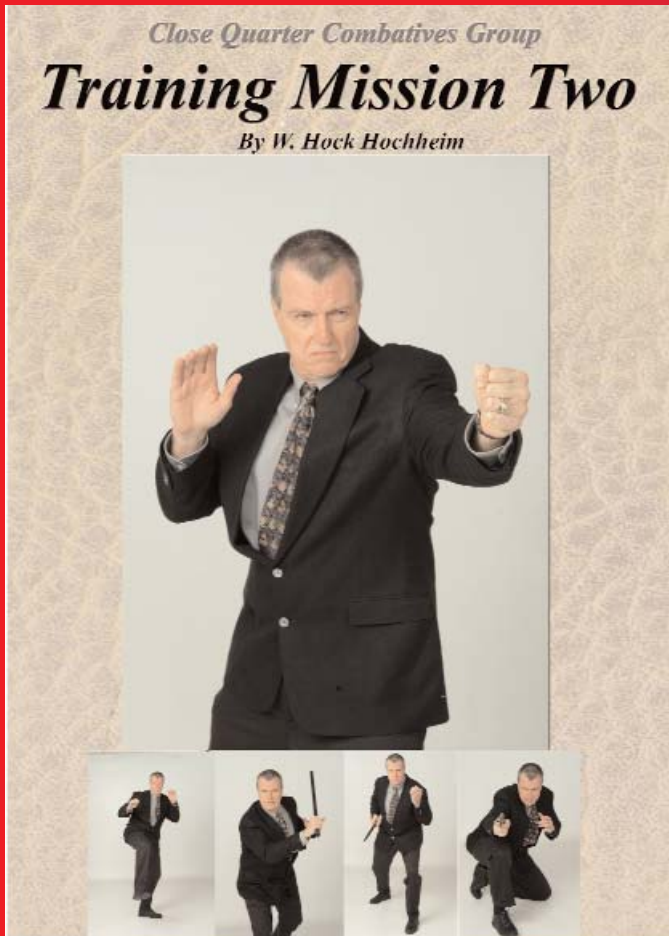
- . The Saber Slash Assault Module

**Gun/Counter-Gun Combatives**

- . Walking Point - The Search Module

**CQC Group Level 2 Test Requirements**

Nearly 600 photos of action-packed, how-to illustrations that will show you how to save your life. -- \$30 U.S; \$33 Intl (includes shipping and handling.)



**TRAINING MISSION TWO DVD - Coming soon!**  
The perfect DVD to supplement the book!

Reserve yours now! \$55 (includes U.S. shipping and handling! Add \$3 for international orders.)

*Send check, money order or cc info to:  
Lauric Enterprises, Inc.  
P.O. Box 601  
Keller, TX 76244  
Or, call 817-581-4021 to order  
Or order at [www.HocksCQC.com](http://www.HocksCQC.com)*

